

# The burden of serious fungal diseases in Uganda

<b>Submission date</b> 27/01/2021	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 05/02/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 05/02/2021	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Information is limited on the magnitude of the burden of serious fungal diseases in Uganda. Serious fungal diseases that can potentially lead to death include infections in the blood or internal organs. This study investigates blood fungal diseases and mycetoma, which commonly affects the foot. The study aims to describe the number of people with the disease, risk factors for acquiring the disease and environmental sources (if any) of the fungi causing the disease. Additionally, the study will be focused on determining the environmental sources of *Cryptococcus*, which causes disease in the blood.

### Who can participate?

Two categories of people can participate in the study:

1. Sick people who have signs of blood fungal infection, including fever for a long time which fails to respond to the common antibiotics, having high breathing and heart rates and low blood pressure when brought to the hospital
2. People who have a large, non-painful swelling, commonly on the foot, which is draining some fluids and perhaps some grains

### What does the study involve?

The study involves three activities:

1. Collection of blood from sick people to study the number and risk factors and the type of medicine for people with fungi.
2. Collection of muscle tissue from patients with mycetoma of the foot to study the fungi causing it.
3. Collection of samples from the environment- such as tree barks to determine the environmental sources of *Cryptococcus* species.

### What are the possible benefits and risks of participating?

Possible benefits include a guided treatment plan which includes timely laboratory results and information on incidental findings. Risk factors include the patients becoming anaemic from loss of blood (8-10 ml) which is significant in critically ill patients. However, the likelihood of a positive blood culture increases with a higher blood volume. Blood draws will be made in consultation with the attending clinicians at the study sites. Other risk factors include secondary wound infection during sample collection for the study of mycetoma. Patients who get secondary bacterial infections will be supported to access the standard of care.

Where is the study run from?  
Makerere University (Uganda)

When is the study starting and how long is it expected to run for?  
November 2019 to October 2022

Who is funding the study?  
The European and Developing Countries Clinical Trials Partnership (Netherlands)

Who is the main contact?  
Dr Beatrice Achan  
bachan@chs.mak.ac.ug

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Beatrice Achan

**ORCID ID**  
<https://orcid.org/0000-0001-9741-5429>

**Contact details**  
Department of Medical Microbiology  
Room C22  
Upper Mulago Hill Road  
Kampala, Uganda  
Kampala  
Uganda  
-  
+256 (0)784 260 263  
bachan@chs.mak.ac.ug

**Type(s)**  
Public

**Contact name**  
Mr Joseph Odokonyero Odokonyero

**ORCID ID**  
<https://orcid.org/0000-0001-9741-5429>

**Contact details**  
Mycobacteriology Laboratory  
Kampala  
Uganda

+256  
+256 (0)782 593 959  
odokonyero.joseph@chs.mak.ac.ug

## **Additional identifiers**

**Clinical Trials Information System (CTIS)**  
2021-000459-38

**ClinicalTrials.gov (NCT)**  
Nil known

**Protocol serial number**  
1

## **Study information**

**Scientific Title**  
The epidemiology of invasive fungal diseases in Uganda

**Acronym**  
Fungal-UG

**Study objectives**  
There is limited information on the epidemiology of invasive fungal diseases in Uganda. Therefore, the study aims to describe the epidemiology of invasive fungal diseases in Uganda.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
1. Approved 23/07/2020, Makerere University School of Biomedical Sciences Research and Ethics Committee (PO Box 7072 Kampala, Uganda; +256 (0)752 575 050; biomedicalresearch62@gmail.com), ref: SBS639  
2. Approved 23/03/2020, Uganda National Council for Science and Technology (Uganda National Council for Science and Technology, PO Box 6884, Kampala, Uganda; +256 (0)414 705 500; info@uncst.go.ug), ref: HS2610

**Study design**  
Descriptive cross-sectional study

**Primary study design**  
Observational

**Study type(s)**  
Diagnostic

**Health condition(s) or problem(s) studied**  
Fungal bloodstream infections, mycetoma

## **Interventions**

Blood culture retrieved fungi will be identified to the species level by a phenotypic algorithm for identification; the India ink, Germ tube test, use of 10% KOH, culture on/in identification media and EUCAST method will be used for antifungal susceptibility testing.

## **Intervention Type**

Other

## **Primary outcome(s)**

1. The number of patients with fungal bloodstream infections measured using blood culture specimens collected at baseline (enrolment)
2. The number of patients with mycetoma measured by histopathological stains on biopsy specimens collected at baseline (enrolment)
3. The environmental distribution of *Cryptococcus* species causing cryptococcal meningitis using PCR of environmental samples at baseline

## **Key secondary outcome(s)**

1. Species of fungal pathogens isolated, identified using the conventional phenotypic algorithm for identification after blood culture at 7 days
2. Antifungal resistance profile of fungal pathogens isolated, measured using EUCAST method at 48 h per protocol
3. Molecular ecology of *Cryptococcus* measured using PCR assay at 48 h

## **Completion date**

31/10/2022

## **Eligibility**

### **Key inclusion criteria**

1. Adults aged >18 years with features of sepsis: temperature >38, tachycardia, tachypnoea, suspected focus of infection
2. Adults aged >18 years with features of mycetoma: painless subcutaneous mass, multiple sinuses, discharge

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Key exclusion criteria**

Patients who do not provide informed consent

**Date of first enrolment**

01/03/2020

**Date of final enrolment**

01/07/2022

## **Locations**

**Countries of recruitment**

Uganda

**Study participating centre**

**Mulago National Referral Hospital**

Kampala

Uganda

-

**Study participating centre**

**Lacor Hospital**

Gulu

Uganda

-

**Study participating centre**

**Lira Regional Referral Hospital**

Lira

Uganda

-

## **Sponsor information**

**Organisation**

Makerere University

**ROR**

<https://ror.org/03dmz0111>

# Funder(s)

## Funder type

Research organisation

## Funder Name

European and Developing Countries Clinical Trials Partnership

## Alternative Name(s)

Le partenariat Europe-Pays en développement pour les essais cliniques, A Parceria entre a Europa e os Países em Desenvolvimento para a Realização de Ensaio Clínicos, The European & Developing Countries Clinical Trials Partnership, European and Developing Countries Clinical Trials, EDCTP

## Funding Body Type

Private sector organisation

## Funding Body Subtype

International organizations

## Location

Netherlands

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be stored in a publicly available online repository called Fungal-UG database that will be made available at manuscript submission for 1 year. The information will be open access for sharing with the global community. Consent for further research is included in the consent forms, approved by the ethical review committees. All data will be anonymised using only study identification numbers. The database is currently not yet online for purposes of protecting the data set before publication.

## IPD sharing plan summary

Stored in repository

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes