

Study on initial pain management in patients with acute pancreatitis

Submission date 27/04/2023	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
Registration date 11/05/2023	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 09/06/2025	Condition category Signs and Symptoms	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

Abdominal pain is the main symptom for most patients with acute pancreatitis (AP). It's important for diagnosing AP and can affect the patient's prognosis. Early management of AP involves pain relief and fluids, but there is debate on the best pain relief protocol. Pain is a big part of the patient's experience and relieving it can improve their quality of life and lower the risk of complications.

Previous studies have not shown a clear favourite among analgesic drugs for AP. A new review of 12 randomized control trials found that epidural analgesia was most effective for pain relief in the first 24 hours, but opioids were just as effective at 48 hours. Non-steroidal anti-inflammatory drugs (NSAIDs) were just as effective as opioids for pain relief in the first 24 hours. However, the studies had limitations and were not able to determine the specific efficacy of each analgesic drug.

Opioids are still the main treatment for pain in AP, but they have side effects like constipation and slow digestion. Recent studies have shown that opioids can worsen AP. Despite the importance of pain relief in AP, there have been few well-designed studies on analgesic protocols, and guidelines for managing AP do not offer clear recommendations.

This study aims to document current analgesic practices for AP in the UK and examine the relationship between analgesics and complications of AP.

Who can participate?

Adults over 18 years, at the first visit to a hospital for acute pancreatitis.

What does the study involve?

This is an observational study looking at patient records, no additional activity is being carried out with participants.

What are the possible benefits and risks of participating?

None

Where is the study run from?
Freeman Hospital (UK)

When is the study starting and how long is it expected to run for?

Who is funding the study?
Investigator initiated and funded

Who is the main contact?
Sanjay Pandanaboyana, s.pandanaboyana@nhs.net

Contact information

Type(s)
Principal Investigator

Contact name
Mr Sanjay Pandanaboyana

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Additional identifiers

EudraCT/CTIS number
Nil known

IRAS number

ClinicalTrials.gov number
Nil known

Secondary identifying numbers
Nil known

Study information

Scientific Title
Multicentre prospective study on initial PAin management IN patients with Acute Pancreatitis:
PAINAP study protocol

Acronym

PAINAP

Study objectives

The PAINAP Study aims to determine current analgesic practices and association between type of analgesic use and their impact on short term outcomes in patients with AP

Ethics approval required

Old ethics approval format

Ethics approval(s)

This is prospective observational study. The study was registered with Newcastle hospitals NHS Trust R&D department. The R&D department agreed that given the prospective nature of the study and there is no patient identifiable information, formal ethics approval is not required.

Study design

Multicentre prospective observational study

Primary study design

Observational

Secondary study design

Cohort study

Study setting(s)

Hospital, University/medical school/dental school

Study type(s)

Treatment

Participant information sheet

Not applicable (study uses existing data)

Health condition(s) or problem(s) studied

Pain management in acute pancreatitis

Interventions

There will be no change in the clinical course for the participants in this trial given this is a observational study. The patients will be followed for 1 month post recruitment to record any complications.

Patient records will be used to:

1. Document current analgesic practice for patients with Acute pancreatitis
2. Examine the relationship between different analgesics and local and systemic complications of AP.

Intervention Type

Other

Primary outcome measure

Analgesics used during admission (i.e. simple analgesics, mild opioids, strong opioids and epidural analgesia) are measured using patient records at a single timepoint

Secondary outcome measures

Local and systemic complications of AP measured using patient records at a single timepoint (1 month after admission)

Overall study start date

01/04/2022

Completion date

30/06/2022

Eligibility

Key inclusion criteria

1. Patients aged 18 years and above
2. First presentation with acute pancreatitis of any etiology

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

1,000

Total final enrolment

2200

Key exclusion criteria

1. Recurrent acute pancreatitis
2. Chronic pancreatitis
3. Post ERCP pancreatitis (will have been given prophylactic NSAIDs)
4. Those on regular opioids, tricyclic antidepressants and gabapentinoids for other painful conditions, including chronic pain (for other reasons)
5. Pregnancy

Date of first enrolment

01/04/2022

Date of final enrolment

30/06/2022

Locations

Countries of recruitment

Argentina

Australia

China

Cyprus

Denmark

Egypt

England

Georgia

Greece

India

Italy

Jordan

Kyrgyzstan

New Zealand

Pakistan

Portugal

Romania

Scotland

Serbia

Singapore

South Africa

Spain

Sri Lanka

Sudan

Türkiye

Ukraine

United Kingdom

United States of America

Wales

Study participating centre

The Newcastle upon Tyne Hospitals NHS Foundation Trust

Freeman Hospital

Freeman Road

High Heaton

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NE7 7DN

Study participating centre

University Hospital Southampton NHS Foundation Trust

Southampton General Hospital

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SO16 6YD

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Nottingham University Hospitals NHS Trust - City Campus

Nottingham City Hospital

Hucknall Road

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NG5 1PB

Study participating centre

South Tyneside & Sunderland NHS Ft Sun

Sunderlandchildrenscentre

Durham Road

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SR3 4AG

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James Cook University Hospital Laboratory

James Cook University Hospital
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University Hospitals Birmingham NHS Foundation Trust - Oxford Covid19 Trials

Queen Elizabeth Hospital
Edgbaston
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Glasgow Royal Infirmary

84 Castle Street
Glasgow
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G4 0SF

Study participating centre

Northern Health

185 Cooper St
Melbourne
Australia
VIC 3076

Study participating centre

Logan Hospital

Loganlea Road
Meadowbrook
Australia
QLD 4131

Study participating centre

Royal Melbourne Hospital
300 Grattan Street
Melbourne
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VIC 3050

Study participating centre
Royal North Shore Hospital
Reserve Road
St Leonards
Australia
NSW 2065

Study participating centre
Prince of Wales Hospital
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United Kingdom
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United Kingdom
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Leicester General Hospital
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Manchester Royal Infirmary Laboratory
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M13 9WL

Study participating centre
Musgrove Park Hospital (taunton)
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Study participating centre

North Bristol NHS Trust

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Northumbria Specialist Emergency Care Hospital

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NE23 6NZ

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Northwick Park and St Marks NHS Trust

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Watford Road
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HA1 3UJ

Study participating centre

University Hospitals Plymouth NHS Trust

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Gateshead - Queen Elizabeth Hospital

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Royal Devon and Exeter Hospital NHS Trust - Novavax Covid19 Trial

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Whittington Health NHS Trust

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N19 5NF

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Agnelli Hospital in Pinerolo

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Monza
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Azienda Policlinico San Marco

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Royal Infirmary of Edinburgh at Little France
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Πανεπιστημιούπολη Πατρών

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Royal Berkshire Hospital
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20132

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Queen Rania St

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11942

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London

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Study participating centre

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249203

Sponsor information

Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust

Sponsor details

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United Kingdom
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+44 1912448005
aaron.jackson@nhs.net

Sponsor type

Hospital/treatment centre

Website

<http://www.newcastle-hospitals.org.uk/hospitals/freeman-hospital.aspx>

ROR

<https://ror.org/05p40t847>

Funder(s)**Funder type**

Other

Funder Name

Investigator initiated and funded

Results and Publications**Publication and dissemination plan**

Manuscripts are currently under preparation. Planned publication in a high-impact peer-reviewed journal.

Intention to publish date

01/08/2023

Individual participant data (IPD) sharing plan

The datasets generated during and analysed during the current study are/will be available upon request from Mr Sanjay Pandanaboyana, s.pandanaboyana@nhs.net

IPD sharing plan summary
Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol file	version 2	23/02/2022	28/04/2023	No	No
Results article		14/08/2024	09/06/2025	Yes	No