# Correcting non cephalic presentation with moxibustion: Study protocol for a multi-centre randomised controlled trial in general practice

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
02/04/2008		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
30/04/2008	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
14/08/2013	Pregnancy and Childbirth			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number 0053/2007

# Study information

Scientific Title

# **Study objectives**

A sensorial stimulation with moxibustion in the outer corner of the little toenail (BL67) produce a greater proportion of version in non-cephalic presentations than the usual care.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Clinical Trials Ethics Committee of the Andalusian Regional Government. Date of approval: 26/02/2008 (ref: acta 02/08)

# Study design

Multi-centre randomised controlled trial with three parallel arms.

## Primary study design

Interventional

# Study type(s)

Treatment

# Health condition(s) or problem(s) studied

Non cephalic presentation of fetus

#### **Interventions**

All the study subjects will be given various postural recommendations.

The participants will be randomly allocated to the following three arms:

Arm A: True moxibustion (TM): The first intervention will be made at the Healthcare Clinic. This session (overseen by the responsible midwife) will serve as a training session for the friend or relative who is to apply the remaining sessions at home. The mother should lie down, face up, wearing comfortable clothing and with no pressure at the waist from buttons, belt, etc. and with her legs slightly bent at the knee. Heat will be applied for 20 minutes, by means of a moxa cone (a herbal preparation with Artemisia vulgaris) at point BL67 (Zhiyin), close to the outer angle of the little toenail. The heat will be applied from a distance of 1.5-3 cm, to ensure that the subject notices a feeling of warmth in the zone, but without any pain or burning. The application site (right or left foot) will be alternated every 2 minutes, or more often if any untoward sensation of heat is felt. True moxibustion will be carried out once a day for two weeks, or until cephalic version occurs.

Arm B: False/sham moxibustion (SM): This procedure will be identical to that applied to the TM group except that the point stimulated will be a non-active one according to the principles of Traditional Chinese Medicine, point SP1 (Yinbai), close to the inner angle of the big toenail. False moxibustion will be carried out once a day for two weeks, or until cephalic version occurs.

Arm C: Control group, under observation (CG): The subjects in this group will receive the standard treatment, in accordance with the Andalusian Healthcare System Treatment Guide.

# Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Moxibustion

# Primary outcome(s)

Rate of cephalic presentation at term.

# Key secondary outcome(s))

- 1. Rate of cephalic presentation at week 38 of gestation (CP38), determined by echography
- 2. Number of days of treatment received until version occurs
- 3. Rate of caesarean sections
- 4. Security variables:
- 4.1. Increased rates of foetal cardiac rhythm change, followed-up until birth
- 4.2. Risk of premature birth
- 4.3. Changes in Apgar scores at 1 minute and at 5 minutes 1. Rate of cephalic presentation at week 38 of gestation (CP38), determined by echography
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# Completion date

01/12/2010

# Eligibility

#### Key inclusion criteria

- 1. Pregnant women
- 2. Aged at least 18 years
- 3. Foetus is in a non cephalic position (diagnosed by physical examination and by echography)
- 4. Gestational age of 33-35 weeks (estimated by echography)
- 5. Normal foetal biometry
- 6. Those who have signed their informed consent
- 7. Have not previously received moxibustion treatment to correct the position of their unborn baby

# Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

## Lower age limit

#### 18 years

#### Sex

Female

# Key exclusion criteria

- 1. Twin pregnancy
- 2. Pelvic defect
- 3. Previous uterine surgery
- 4. Foetal malformation or chromosome disorder
- 5. Uterine malformation
- 6. Risk of premature birth (preterm uterine contractions and/or initial dilation or shortening of the cervix with a Bishop's score of 4)
- 7. Uterine fibromas >4 cm
- 8. Treatment with tocolytic drugs
- 9. Heart or kidney disease affecting the mother
- 10. Other pregnancy-related complications
- 11. Inability to complete the questionnaire or respond to the assessor's questions

# Date of first enrolment

01/04/2008

#### Date of final enrolment

01/12/2010

# Locations

#### Countries of recruitment

Spain

41700

# Study participating centre Centro de Salud

Dos Hermanas Spain

# Sponsor information

#### Organisation

Andalusian Regional Ministry of Health (Spain)

#### **ROR**

https://ror.org/03q4c3e69

# Funder(s)

# Funder type

Government

## Funder Name

Andalusian Regional Ministry of Health (Project No. 0053/2007)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date added	Peer reviewed	Patient-facing?
Results article	results	01/03/2013	Yes	No
Participant information shee	Participant information sheet	11/11/2025 11/11/2025	5 No	Yes