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Stop Stroke: The South London Secondary Prevention Programme

Submission date	Recruitment status	[_] Prospectively registered
19/07/2005	No longer recruiting	[_] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
07/09/2005	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
07/12/2010	Circulatory System	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
1824/1845

Study information

Scientific Title

Acronym
Stop Stroke

Study objectives
To test the efficacy of a complex secondary prevention intervention on improving post stroke risk factor control. The study uses a cluster randomised controlled trial design with 120 general practices randomised at the start of the trial. All participants at a given practice (patients, carers and primary care staff) receive either the intervention or usual care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration.

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Prevention

Participant information sheet

Health condition(s) or problem(s) studied
Stroke

Interventions
Intervention: Computer algorithms are used to systematically transform data collected by an ongoing stroke register (SLSR) into individually tailored secondary prevention plans for patients, carers and the primary care team. The plans include details of the patient's current risk factor control and evidence based advice on how to improve risk factor management. Plans are updated and distributed at three time points.
Control: Usual care.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Prevalence of uncontrolled key modifiable risk factors for stroke (hypertension, smoking, aspirin adherence) measured at one year post stroke.

Secondary outcome measures
Prevalence of other uncontrolled risk factors for stroke (cholesterol, diabetes, atrial fibrillation, obesity, heavy drinking); stroke recurrence rate.

Overall study start date
21/07/2003

Completion date
01/01/2007

Eligibility

Key inclusion criteria
All patients with a diagnosis of first-in-a-lifetime stroke living in Lambeth and Southwark.

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
450 patients

Key exclusion criteria
Patients must be alive six weeks post stroke, identified by the study team within six months of stroke and registered with a general practitioner.

Date of first enrolment
21/07/2003

Date of final enrolment
01/01/2007

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Division of Health & Social Care Research
London
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Sponsor information

Organisation
King's College London (UK)

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Sponsor type
University/education

Website
http://www.kcl.ac.uk

ROR
https://ror.org/0220mzb33

Funder(s)

Funder type
Not defined

Funder Name
The Health Foundation 1824/1845,

Funder Name
The Stroke Association TSA G1,

Funder Name
Medical Research Council Special Training Fellowship Award G106/1105, Department of Health Career Scientist Award PHCSA02/07.

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2010		Yes	No