Stop Stroke: The South London Secondary Prevention Programme

Submission date	Recruitment status No longer recruiting	Prospectively registered		
19/07/2005		☐ Protocol		
Registration date 07/09/2005	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
07/12/2010	Circulatory System			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

1824/1845

Study information

Scientific Title

Acronym

Stop Stroke

Study objectives

To test the efficacy of a complex secondary prevention intervention on improving post stroke risk factor control. The study uses a cluster randomised controlled trial design with 120 general practices randomised at the start of the trial. All participants at a given practice (patients, carers and primary care staff) receive either the intervention or usual care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Prevention

Participant information sheet

Health condition(s) or problem(s) studied

Stroke

Interventions

Intervention: Computer algorithms are used to systematically transform data collected by an ongoing stroke register (SLSR) into individually tailored secondary prevention plans for patients, carers and the primary care team. The plans include details of the patient's current risk factor control and evidence based advice on how to improve risk factor management. Plans are updated and distributed at three time points.

Control: Usual care.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Prevalence of uncontrolled key modifiable risk factors for stroke (hypertension, smoking, aspirin adherence) measured at one year post stroke.

Secondary outcome measures

Prevalence of other uncontrolled risk factors for stroke (cholesterol, diabetes, atrial fibrillation, obesity, heavy drinking); stroke recurrence rate.

Overall study start date

21/07/2003

Completion date

01/01/2007

Eligibility

Key inclusion criteria

All patients with a diagnosis of first-in-a-lifetime stroke living in Lambeth and Southwark.

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

450 patients

Key exclusion criteria

Patients must be alive six weeks post stroke, identified by the study team within six months of stroke and registered with a general practitioner.

Date of first enrolment

21/07/2003

Date of final enrolment

01/01/2007

Locations

Countries of recruitment

England

Study participating centre
Division of Health & Social Care Research
London
United Kingdom
SE1 3QD

Sponsor information

Organisation

King's College London (UK)

Sponsor details

Division of Health and Social Care Research 7th Floor Capital House 42 Weston Street London England United Kingdom SE1 3QD +44 (0)207848 6651/4113 lesley.higgins@kcl.ac.uk

Sponsor type

University/education

Website

http://www.kcl.ac.uk

ROR

https://ror.org/0220mzb33

Funder(s)

Funder type

Not defined

Funder Name

The Health Foundation 1824/1845,

Funder Name

The Stroke Association TSA G1,

Funder Name

Medical Research Council Special Training Fellowship Award G106/1105, Department of Health Career Scientist Award PHCSA02/07.

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2010		Yes	No