Effect of kefir on cholesterol concentrations

Submission date 26/02/2002	Recruitment status No longer recruiting
Registration date 26/02/2002	Overall study status Completed
Last Edited 06/09/2007	Condition category Nutritional, Metabolic, Endocrine

[] Prospectively registered

[] Protocol

[] Statistical analysis plan

[X] Results

[] Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N/A

Study information

Scientific Title

Study objectives Not provided at time of registration

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Not specified

Study type(s) Treatment

Participant information sheet

Health condition(s) or problem(s) studied Hypercholesterolemia

Interventions Supplements of kefir or milk.

Intervention Type Drug

Phase Not Specified

Drug/device/biological/vaccine name(s) Kefir

Primary outcome measure Not provided at time of registration

Secondary outcome measures Not provided at time of registration Overall study start date 01/01/2000

Completion date 01/01/2001

Eligibility

Key inclusion criteria Mild hypercholesterolemics

Participant type(s) Patient

Age group Not Specified

Sex Not Specified

Target number of participants 13

Key exclusion criteria Not provided at time of registration

Date of first enrolment 01/01/2000

Date of final enrolment 01/01/2001

Locations

Countries of recruitment Canada

Study participating centre School of Dietetics and Human Nutrition Quebec Canada H9X 3V9

Sponsor information

Organisation McGill University (Canada)

Sponsor details 845 Sherbrooke Sreet West Montreal Quebec Canada H3A 2T5

Sponsor type University/education

ROR https://ror.org/01pxwe438

Funder(s)

Funder type Industry

Funder Name Liberty Co. (Canada)

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	Results	01/12/2002		Yes	No