# Pilot study of efficacy of anakinra in acute gouty arthritis

Submission date [ ] Prospectively registered Recruitment status 21/11/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 04/01/2007 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 29/11/2007 Musculoskeletal Diseases

#### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Prof Alexander So

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 2006-1

# Study information

#### Scientific Title

#### **Study objectives**

Treatment with anakinra will decrease the signs and symptoms of acute gout.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics committee approval is pending, approval expected in January 2007.

#### Study design

Open label pilot study

### Primary study design

Interventional

#### Secondary study design

Non randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

## Health condition(s) or problem(s) studied

Acute gout

#### **Interventions**

Treatment with 100 mg anakinra daily subcutaneously for three days

#### **Intervention Type**

Drug

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Anakinra

#### Primary outcome measure

- 1. Pain of arthritis
- 2. Signs of arthritis

#### Secondary outcome measures

Biological markers of inflammation

#### Overall study start date

01/12/2006

#### Completion date

31/01/2007

# **Eligibility**

#### Key inclusion criteria

- 1. Acute gout as defined by American College of Rheumatology (ACR) criteria
- 2. Acute arthritis due to gout which is unresponsive to conventional therapy with Non-Steroidal Anti-Inflammatory Drugs (NSAIDs), colchicine or steroids
- 3. Patients with acute gout who have had side effects or intolerance to either NSAIDs, colchicine or steroids

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

#### Target number of participants

10

#### Key exclusion criteria

- 1. Patients with on-going or untreated infectious diseases
- 2. Patients with rheumatoid arthritis, lupus or vasculitis
- 3. Patients concurrently treated with anti-Tumour Necrotising Factor (TNF) therapies
- 4. Patients with active cancer

#### Date of first enrolment

01/12/2006

#### Date of final enrolment

31/01/2007

## Locations

#### Countries of recruitment

Switzerland

#### Study participating centre

#### **Rheumatology Service**

Lausanne Switzerland 1011

# Sponsor information

#### Organisation

University Hospital Complex of Vaud (Centre Hospitalier Universitaire Vaudois [CHUV]) (Switzerland)

#### Sponsor details

Rheumatology
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#### Sponsor type

University/education

#### Website

http://www.chuv.ch/

#### **ROR**

https://ror.org/05a353079

# Funder(s)

#### Funder type

University/education

#### **Funder Name**

Service of Rheumatology of the Centre Hospitalier Universitaire, Vaudois (Switzerland)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

## Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/09/2007		Yes	No