

# ISAAC: a randomised trial for patients with asymptomatic advanced colorectal cancer to look at the benefits of undergoing surgical removal of their primary tumour before receiving chemotherapy for metastatic disease

<b>Submission date</b> 31/10/2008	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 21/11/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 19/03/2020	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

<http://www.cancerhelp.org.uk/trials/a-trial-surgery-chemotherapy-advanced-bowel-cancer-isaac>

## Contact information

### Type(s)

Scientific

### Contact name

Mr Austin Obichere

### Contact details

Department of Surgery  
University College London Hospital  
235 Euston Road  
London  
United Kingdom  
W1P 8BT

## Additional identifiers

### EudraCT/CTIS number

2008-005911-16

### IRAS number

**ClinicalTrials.gov number**

NCT01086618

**Secondary identifying numbers**

UCL08/0079

## **Study information**

**Scientific Title**

ISAAC: a randomised trial of Initial Surgery in Advanced Asymptomatic Colorectal cancer patients receiving chemotherapy for metastatic disease

**Acronym**

ISAAC

**Study objectives**

The ISAAC trial aims to investigate whether survival is improved by resection of the asymptomatic primary tumour prior to chemotherapy compared to chemotherapy alone in patients with advanced colorectal cancer.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

South East Research Ethics Committee, 15/07/2009, ref: 09/H1102/60

**Study design**

Multicentre phase II randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Colorectal cancer

**Interventions**

1. Resection of the asymptomatic primary tumour prior to chemotherapy
2. Chemotherapy alone

There is no prescribed treatment in this trial. The chemotherapy regimen is at the discretion of each treating clinician who may choose the standard treatment for that hospital or the patient can be entered into a chemotherapy treatment trial. The surgical treatment is at the discretion of the treating surgeon.

### **Intervention Type**

Mixed

### **Primary outcome measure**

Overall survival

Patients will be followed up every 3 months until death for survival and adverse events related to surgery or chemotherapy.

### **Secondary outcome measures**

1. Morbidity of chemotherapy and surgery
2. Quality of life, assessed at 3 months and 6 months only
3. Economic evaluation

Patients will be followed up every 3 months until death for survival and adverse events related to surgery or chemotherapy.

### **Overall study start date**

01/06/2009

### **Completion date**

31/07/2013

## **Eligibility**

### **Key inclusion criteria**

1. Histologically or cytologically proven colorectal cancer
2. Metastases which are unresectable at presentation in the opinion of the appropriate multi-disciplinary team (MDT)
3. Primary tumour that in the MDT's opinion does not require immediate or emergency surgery or intervention
4. Patients who are referred for prophylactic colonic stents are eligible
5. Patient considered fit for systemic chemotherapy and surgery as determined by the local colorectal cancer MDT
6. Adequate full blood count (haemoglobin [Hb] greater than 10.0 g/dl; white blood cell count [WBC] greater than  $3.0 \times 10^9/L$ ; platelets [Plts] greater than  $100 \times 10^9/L$ )
7. Adequate renal biochemistry: calculated glomerular filtration rate (GFR) greater than 50 ml/min using the Wright formula or measured by ethylenediaminetetraacetic acid (EDTA) clearance
8. Adequate hepatobiliary function: bilirubin less than 25 mmol/l
9. World Health Organization (WHO) performance status of 0 or 1
10. If female and of childbearing potential, must have a negative pregnancy test prior to trial entry and agree to avoid pregnancy during the trial
11. Patients over 18 years of age (either sex) able and willing to provide written informed consent for the trial and able to comply with treatment and follow-up schedule

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

500

**Key exclusion criteria**

1. Serious co-morbidity precluding systemic chemotherapy
2. Unresectable primary tumour
3. Unequivocal extensive peritoneal metastases
4. History of malignant disease in the preceding five years with the exception of non-melanomatous skin cancer and in situ cervical cancer
5. Serious medical co-morbidity, e.g. uncontrolled inflammatory bowel disease, uncontrolled angina or recent (less than six months) myocardial infarction, another serious medical condition judged to compromise ability to tolerate chemotherapy and/or surgery
6. Less than 18 years of age
7. Pregnant or breast feeding

**Date of first enrolment**

01/06/2009

**Date of final enrolment**

29/07/2011

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

University College London Hospital

London

United Kingdom

W1P 8BT

**Sponsor information**

**Organisation**

University College London (UK)

**Sponsor details**

Gower Street  
London  
England  
United Kingdom  
WC1E 6BT

**Sponsor type**

University/education

**Website**

<http://www.ctc.ucl.ac.uk>

**ROR**

<https://ror.org/02jx3x895>

**Funder(s)****Funder type**

Charity

**Funder Name**

Cancer Research UK (CRUK) (UK) (ref: C32436/A10431)

**Alternative Name(s)**

CR\_UK, Cancer Research UK - London, CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration