# Can making an L-shaped cut in the bone so that the blood supply is maintained shorten the time taken to lengthen the leg following surgery to remove dead tissue in patients with infection of the shin bone (tibial osteomyelitis)?

Submission date	Recruitment status	Prospectively registered		
04/09/2018	No longer recruiting	☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
22/10/2019		[X] Results		
Last Edited	Condition category	Individual participant data		
06/12/2021	Musculoskeletal Diseases			

#### Plain English summary of protocol

Background and study aims

Osteomyelitis is infection and inflammation of the bone or bone marrow. Surgery and open fractures are the main causes of this disease. Long-lasting (chronic) osteomyelitis often causes death (necrosis) of soft tissues (for example muscle) and bone. The dead bone can provide a place for harmful bacteria to grow and hide from antibiotics in the blood. The first step of treating chronic osteomyelitis is cutting out all infected bone and soft tissue, which often causes massive bone loss and limb shortening. Distraction osteogenesis is a process used to lengthen the long bones of the body. The bone is separated into two sections, and the two ends of the bone are gradually moved apart using a frame attached to the sections with metal pins, allowing new bone to form in the gap. This technique has gradually become a widely used treatment for osteomyelitis of the shin bone (tibia). But one of the most common problems of this method is the long treatment time, which means there is greater potential for complications, such as infection complications. In order to shorten the treatment time and reduce complications, we use L-shaped corticotomy (vertical bone splitting) to reserve half of the bone with its blood supply. The we gradually move the splitting part to fill the gap caused by the infected bone removal.

Who can participate?
Adult patients with chronic tibial osteomyelitis

#### What does the study involve?

All the patients will undergo the technique of L-shaped corticotomy with partial bone sliding. A researcher will perform a clinical assessment and make a record of any complications every month. Functional outcome and quality of life will be collected post-operation.

What are the possible benefits and risks of participating?

The potential benefits are shorter treatment time and fewer complications. The potential risks include infection and failure of the bone to grow.

Where is the study run from?

Orthopaedic Department, Shanghai Jiao Tong University Affiliated Sixth People's Hospital

When is the study starting and how long is it expected to run for? August 2007 to July 2015

Who is funding the study?

Orthopaedic Department, Shanghai Jiao Tong University Affiliated Sixth People's Hospital

Who is the main contact? Pei Han Hanpei\_cn@163.com

## Contact information

#### Type(s)

Public

#### Contact name

Dr Pei Han

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** N/A

## Study information

#### Scientific Title

L-shaped corticotomy with bone flap sliding in the management of chronic tibial osteomyelitis: Surgical Technique and Clinical Results

#### Study objectives

The technique of L-shaped corticotomy with vascularized bone flap sliding can preserve blood supply from both the osteotomic and debridement area to the largest possible extent and increase the bone contact area, thus shortening the duration of Ilizarov distraction device and solving the problems caused by traditional method of bone transport.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics Committee of Shanghai Jiao Tong University Affiliated Sixth People's Hospital, 10/02/2017, 2017-167

#### Study design

Observational retrospective study

#### Primary study design

Observational

#### Secondary study design

Case series

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Chronic tibial osteomyelitis

#### **Interventions**

L-shaped corticotomy with bone flap sliding

#### Intervention Type

Procedure/Surgery

### Primary outcome measure

- 1. The external fixation time (EFT) represented the total number of days the external fixator was attached to the bone, calculated at the last follow-up
- 2. The external fixation index (EFI), defined as the duration of external fixation in days divided by the total amount of lengthening in cm, calculated at the last follow-up

#### Secondary outcome measures

- 1. Pin tract inflammation was made according to Dahl's grading every month after surgery
- 2.. Bone healing criteria according to the criteria of Paley at the last follow-up
- 3.. Bone functional results according to the criteria of Paley at the last follow-up
- 4. Rate of bridging of at least three out of four cortices assessed by X-ray prior to the segmental excision and then at 2-weekly intervals.

- 5. Impact of the musculoskeletal condition assessed using Short-form Musculoskeletal Function Assessment (SMFA) questionnaire at 2, 12 and 25 weeks
- 6. Quality of life assessed using the 36-item Short Form Health Survey (SF36) at 2, 12 and 25 weeks
- 7. Pain assessed using a visual analogue scale (VAS) with results taken in line with standard care

#### Overall study start date

05/08/2007

#### Completion date

15/07/2015

## **Eligibility**

#### Key inclusion criteria

- 1. Aged 18 years or older
- 2. Patients with chronic osteomyelitis only involving the anterior tibial cortex

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

### Target number of participants

8

#### Total final enrolment

8

#### Key exclusion criteria

- 1. Diffuse osteomyelitis affecting both anterior and posterior cortices of the tibia
- 2. Severe neuro-vascular damage or mental disease or any other conditions which might lead to lack of cooperation

#### Date of first enrolment

07/08/2007

#### Date of final enrolment

12/11/2014

## Locations

#### Countries of recruitment

#### Study participating centre

Orthopaedic Department, Shanghai Jiao Tong University Affiliated Sixth People's Hospital

600 Yishan road, Shanghai 200233

Shanghai

China

0086

## Sponsor information

#### Organisation

Orthopaedic Department, Shanghai Jiao Tong University Affiliated Sixth People's Hospital

#### Sponsor details

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#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/0220qvk04

## Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

Orthopaedic Department, Shanghai Jiao Tong University Affiliated Sixth People's Hospital

## **Results and Publications**

### Publication and dissemination plan

We will report the study results 1 year after the trial has ended.

### Intention to publish date

29/10/2019

## Individual participant data (IPD) sharing plan

The data will be available on request from Pei Han (Hanpei\_cn @163.com).

### IPD sharing plan summary

Available on request

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		12/02/2019	06/12/2021	Yes	No