# A study of an abnormal heart rhythm occurring after transcatheter aortic valve implantation and its effect on survival - a United Kingdom experience.

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
23/03/2015		☐ Protocol		
Registration date 30/04/2015	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 13/07/2021	Condition category Circulatory System	[] Individual participant data		

#### Plain English summary of protocol

Background and study aims

With every heartbeat the aortic valve opens to allow blood to leave the main pumping chamber of the heart to supply the tissues and organs of the human body. Over time and as a natural consequence of ageing, the aortic valve leaflets (there are usually three) can become stiff, open less well and the valve opening (orifice) is narrowed as a result. This is called aortic valve stenosis, which is the most common form of heart valve disease in the developed world. The aortic valve orifice can become so narrowed that an individual can become symptomatic and suffer chest pain, shortness of breath, a reduction in exercise capacity and loss of consciousness. Before these symptoms can take hold it is standard medical practice for the patient to be considered for aortic valve replacement via open heart surgery. Indeed severe symptomatic aortic stenosis is often fatal if left untreated, whilst timely relief of the mechanical obstruction can restore normal life expectancy. Surgical aortic valve replacement is an operation associated with a small but significant risk of death and other complications. In those patients who may be frail and/or suffer other medical problems, that risk may be heightened to such an extent that the benefits of the operation may be outweighed by the risks attached. In the past, patients declined for an aortic valve operation would have no other alternative but to continue their tablet therapy. In 2002, the first transcatheter aortic valve implantation (TAVI) procedure was performed. This was a new method of replacing the aortic valve without having to perform open heart surgery. With TAVI a replacement aortic valve, fashioned from cow or pig heart tissue mounted on an expandable metallic frame, is placed across the native aortic valve via a main artery in the groin, chest, or neck or directly through the bottom tip of the heart via a small incision in the lower left ribcage. The TAVI procedure has now become established as a therapeutic strategy for the management of severe aortic stenosis in those patients who do not qualify for a surgical aortic valve replacement. The close proximity of the aortic valve apparatus to the native electrical conduction system of the heart lends to an increased propensity for the development of excessively slow heart rhythms. Following traditional surgical aortic valve replacement, for instance, a permanent pacemaker is required in 2-8% of patients postoperatively to prevent the heart rate from falling too low. Following a TAVI procedure the

occurrence of electrical conduction abnormalities can be even higher. For the purposes of the 3B Study, we are focusing on a specific heart rhythm abnormality called Left Bundle Branch Block (LBBB), which has been noted to occur following a small percentage of TAVI procedures. The exact percentage of patients likely to suffer LBBB following a TAVI procedure is unknown as is its relation to harmful complications such as an impairment in the overall pumping function of the heart, and more seriously, whether the emergence of LBBB can increase the likelihood of death following a TAVI procedure. We will study, in a retrospective fashion, all the TAVI procedures that have taken place since the inception of the service at each participating institution up until the 31st of December 2013. This study will represent the largest database of TAVI procedures in which the occurrence of LBBB post procedure has been analysed in the medical literature to date. The information gleaned from the study will help us to determine the prognostic significance of LBBB post TAVI procedure. If LBBB is found to be detrimental to the survival of patients post TAVI, further studies can then be designed to determine what therapeutic interventions can be put in place to improve outcome in this specific patient subgroup.

#### Who can participate?

Patients undergoing the TAVI procedure at one of the participating centres within the period from the start of the TAVI programme at their trial participating centre until the 31st December 2013.

#### What does the study involve?

For all the participants in the study we will determine: (1) how many developed LBBB following TAVI; (2) whether the development of LBBB led to an increased risk of death within a year following the TAVI operation; (3) whether the development of LBBB led to an increased risk of death from a cardiovascular cause 1 year after the TAVI operation; and (4) whether the development of LBBB led to a reduction in the pumping function of the heart at 30 days and at 1 year after the TAVI operation.

What are the possible benefits and risks of participating? There are no benefits of risks associated with taking part in this study

Where is the study run from?
A total of 18 NHS hospitals across the UK

When is the study starting and how long is it expected to run for? February 2015 to December 2015

Who is funding the study? King's College London (UK)

Who is the main contact?

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# Contact information

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Scientific

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# Additional identifiers

#### Protocol serial number

Version 1.0

# Study information

#### Scientific Title

New left bundle branch block following transcatheter aortic valve implantation and its effect on survival - a United Kingdom experience.

#### **Acronym**

The 3B Investigators Study

#### **Study objectives**

New onset left bundle branch block after successful transcatheter aortic valve implantation increases 1-year all cause mortality.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

National Research Ethics Service (NRES) Committee North West - Lancaster of the National Health Service of the United Kingdom, 18/11/2014, ref: 14/NW/1456

#### Study design

A retrospective United Kingdom multi-centre observational registry

## Primary study design

Observational

#### Study type(s)

Other

## Health condition(s) or problem(s) studied

Transcatheter aortic valve implantation for the percutaneous treatment of calcific degenerative aortic valve stenosis.

#### **Interventions**

Left bundle branch block (LBBB) is the most common conduction abnormality following transcatheter aortic valve implantation (TAVI). Whilst LBBB in the post surgical and heart failure population is known to carry a poor prognosis, the prognostic significance of new LBBB following TAVI is less well delineated. TAVI-induced LBBB has been shown to negatively affect cardiac function and increase re-hospitalisation, although its direct impact on mortality remains a subject of increasing relevance and continuing debate. This UK-wide retrospective observational registry aims to gain further insight into the prognostic significance of newly diagnosed LBBB in all patients undergoing successful TAVI device implantation (irrespective of device manufacturer) from inception of the TAVI programme at a participating institution to the 31st of December 2013.

#### Intervention Type

Procedure/Surgery

#### Primary outcome(s)

All-cause mortality at 1 year following transcatheter aortic valve implantation.

#### Key secondary outcome(s))

- 1. Cardiovascular mortality at 1 year following transcatheter aortic valve implantation
- 2. Need for permanent pacemaker implantation following transcatheter aortic valve implantation
- 3. Left ventricular ejection fraction at 30 days and at 1 year following transcatheter aortic valve implantation

#### Completion date

01/12/2015

# Eligibility

#### Key inclusion criteria

All patients undergoing successful transcatheter aortic valve implantation (TAVI), irrespective of device manufacturer, from the inception of the TAVI programme at the participating institution until the 31st December 2013

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

- 1. Previous/pre-existing permanent pacemaker in situ
- 2. Unsuccessful transcatheter aortic valve implantation procedure

#### Date of first enrolment

18/02/2015

#### Date of final enrolment

01/12/2015

# Locations

#### Countries of recruitment

United Kingdom

#### England

Virgin Islands, U.S.

#### Study participating centre Guy's and St Thomas' NHS Foundation Trust

St Thomas' Hospital Westminster Bridge Road London United Kingdom SE1 7EH

#### Study participating centre King's College Hospital NHS Foundation Trust

Denmark Hill London United Kingdom SE5 9RS

# Study participating centre University Hospital Southampton NHS Foundation Trust

Tremona Road Southampton Hampshire United Kingdom SO16 6YD

# Study participating centre Brighton and Sussex University Hospitals NHS Trust

177 Preston Road Brighton United Kingdom BN1 6AG

# Study participating centre Oxford University Hospitals NHS Trust

Level 3, John Radcliffe Hospital Headley Way Headington Oxford United Kingdom OX3 9DU

# Study participating centre The London Chest Hospital, Barts Health NHS Trust

Bonner Road London United Kingdom E2 9JX

#### Study participating centre University Hospitals Bristol NHS Foundation Trust

Upper Maudlin Street Bristol United Kingdom BS2 8HW

# Study participating centre

Liverpool Heart and Chest Hospital NHS Foundation Trust

Thomas Drive Liverpool Merseyside United Kingdom L14 3PE

# Study participating centre

University Hospitals Birmingham NHS Foundation Trust

Queen Elizabeth Medical Centre Birmingham Virgin Islands, U.S. B15 2TH

# Study participating centre Papworth Hospital NHS Foundation Trust

Papworth Everard Cambridge United Kingdom CB23 3RE

#### Study participating centre Hammersmith Hospital, Imperial College Healthcare NHS Trust

Du Cane Road London United Kingdom W12 0HS

## Study participating centre University Hospital of North Staffordshire NHS Trust

Newcastle Road Stoke-on-Trent Staffordshire United Kingdom ST4 6QG

# Study participating centre Nottingham University Hospitals NHS Trust

Nottingham United Kingdom

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# Study participating centre The Newcastle upon Tyne Hospitals NHS Foundation Trust

Newcastle-upon-Tyne United Kingdom

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# Study participating centre Royal Victoria Hospital, Belfast Health and Social Care Trust

Belfast United Kingdom

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# Study participating centre Plymouth Hospitals NHS Trust

Plymouth United Kingdom

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#### Study participating centre Leeds Teaching Hospitals NHS Trust

Leeds United Kingdom

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## Study participating centre

The Royal Brompton Hospital, Royal Brompton and Harefield NHS Foundation Trust

Sydney Street London United Kingdom SW3 6NP

# Sponsor information

#### Organisation

King's College London

#### **ROR**

https://ror.org/0220mzb33

# Funder(s)

#### Funder type

University/education

#### Funder Name

King's College London

#### Alternative Name(s)

King's, Collegium Regium apud Londinenses, Collegium Regale Londinense, Collegium Regale Londiniense, KCL

#### **Funding Body Type**

Government organisation

#### Funding Body Subtype

Universities (academic only)

#### Location

United Kingdom

# **Results and Publications**

#### Individual participant data (IPD) sharing plan

Participant level data has been analysed statistically and the results of said analysis will be described in the manuscript currently being written. If the journal requires us to include parts of the dataset in an unidentifiable form in the Supplementary Appendix, we shall do so. The entire dataset includes over 1200 individual patient records and will be held on password-protected institutional databases.

#### IPD sharing plan summary

Other

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results		03/04/2019	03/04/2019	No	No
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes