# A one year, randomised, double blind, placebo controlled trial of probiotics. Bifidobacterium infantis 35624 or Lactobacillus salivarious UCC118, as food supplements for maintenance of remission in Ulcerative colitis.

Recruitment status	Prospectively registered
Stopped	☐ Protocol
Overall study status	Statistical analysis plan
Stopped	☐ Results
Condition category	Individual participant data
<b>Last Edited Condition category</b> 27/09/2011 Digestive System	Record updated in last year
	Stopped  Overall study status Stopped  Condition category

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

EudraCT/CTIS number

#### **IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N0176127663

# Study information

Scientific Title

#### Study objectives

The primary aim of the study is to determine whether ingestion of probiotic preparations (containing Lactobacillus salivarious subsp. Salivarious UCC118 or Bifidobacterium infantis 35624) can help in the maintenance of remission of patients with ulcerative colitis over a period of one year (i.e. delay the onset of relapse). Secondary aims include an evaluation of the immunological and biochemical parameters of the immuno-inflammatory response and an assessment of the faecal flora in patients consuming the probiotic and control products.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

## Study type(s)

**Not Specified** 

#### Participant information sheet

## Health condition(s) or problem(s) studied

Digestive System: Ulcerative colitis

#### Interventions

- 1. Bifidobacterium infantis 35624
- 2. Lactobacillus salivarious UCC118
- 3. Placebo

July 2008: no patients enrolled in this trial.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Probiotoc preparations

#### Primary outcome measure

A failure to maintain remission over a period of 1 year. Using the simple ulcerative colitis activity index, a score of >- 7 indicates relapse. (i.e. Relapse - CAIA >- 7 and/or a requirement for clinical intervention e.g. drugs/surgery etc.)

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/10/2001

#### Completion date

31/12/2004

## Reason abandoned (if study stopped)

No patient enrolled.

# **Eligibility**

#### Key inclusion criteria

120 patients, 60 control patients.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

180

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/10/2001

#### Date of final enrolment

31/12/2004

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Gastroenterology Lab

Oxford United Kingdom OX2 6HE

# Sponsor information

#### Organisation

Department of Health

### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Oxford Radcliffe Hospitals NHS Trust (UK)

# **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration