# A multicentre, randomised, double-blind placebo-controlled, phase II study to evaluate the safety, tolerability and dose of dried intestinal microbiota medicinal product EBX-102 in liver cirrhosis subjects (IMPuLCE)

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
04/11/2022	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
23/08/2023	Completed	[X] Results
Last Edited	Condition category	Individual participant data
18/11/2025	Digestive System	

#### Plain English summary of protocol

Background and study aims

The aim of the study is to assess the safety and tolerability of a potential treatment, called EBX-102, for patients with liver cirrhosis and to learn about the effects of EBX-102 on gut microbiota diversity. The main function of the liver is to remove toxins from the body, such as ammonia. In patients with cirrhosis, the build-up of ammonia can lead to significant illness which affects brain function and can lead to irreversible brain damage, coma or death. It has been shown that imbalanced gut microbial function plays a critical role in the development and worsening of cirrhosis. Patients with cirrhosis are also more susceptible to infections, are frequently prescribed antibiotics and have multiple hospitalisations. Current treatments such as lactulose and rifaximin help to eliminate ammonia from the body but there are side effects associated with their use. Medicinal approaches to correcting the gut imbalance are now of high interest to treat chronic liver cirrhosis and prevent the symptoms of raised ammonia levels, which can lead to hepatic encephalopathy (HE). EBX-102 has the potential to improve microbial diversity. EBX-102 capsules contain communities of dried, intestinal microorganisms from carefully screened pooled human stool samples. EBX-102 will be given as a single dose soon after randomisation under strict observation and thereafter participants are followed for 12 weeks to assess safety, tolerability and microbiota dynamics.

Who can participate?
Adults with liver cirrhosis

#### What does the study involve?

The study will involve two parts (A and B). At the end of Part A, a Dose Selection Review (DSR) meeting will occur to determine the dose for part B. Safety will be monitored by a Safety Review Team and assessments will include Documentation of adverse events, blood and urine tests, stool sample tests, ECG, HE assessments and questionnaires.

What are the possible benefits and risks of participating?

General risk: Most of the investigations carried out during the study are non-invasive and carry no risk.

Collecting blood samples from a vein in the arm: This can cause temporary discomfort, occasionally bruising/swelling and very rarely an infection at the site of puncture.

COVID-19 exposure: The study will follow the national guidance and local site policy in the management of the clinical study as appropriate with respect to COVID-19, to ensure the safety of the participants in relation to COVID-19 exposure. There is a low risk of transmission of an unwanted microorganism.

Possible side-effects:

Stomach pain and other gastro-type symptoms after taking the capsules.

The known side effects of this type of treatment typically include a rise in body temperature, bloating, diarrhoea and stomach cramps. These symptoms do not occur in everybody who takes them. Participants are encouraged to inform their study team about any side effects that they experience. The study doctor may provide additional medications to ease the experience of side effects, however, symptoms typically resolve within a few days.

There is a low risk of an infection caused by the transmission of an unwanted microorganism that may need to be treated with other medicines such as antibiotics.

The sponsor will provide compensation for any injury caused by taking part in this study in accordance with the guidelines of the Association of the British Pharmaceutical Industry (ABPI).

Where is the study run from? NHS Greater Glasgow and Clyde (UK)

When is the study starting and how long is it expected to run for? November 2022 to June 2025

Who is funding the study? EnteroBiotix Limited (UK)

Who is the main contact? clinops@enterobiotix.com

# Contact information

Type(s)

Scientific

#### Contact name

Dr Akil Jackson

#### Contact details

EnteroBiotix Limited
Phoenix House, Phoenix Crescent
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ML4 3NJ
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# Additional identifiers

#### Clinical Trials Information System (CTIS)

Nil known

## Integrated Research Application System (IRAS)

1005961

#### ClinicalTrials.gov (NCT)

Nil known

#### Protocol serial number

EBX-102-102

## Central Portfolio Management System (CPMS)

53091

# Study information

#### Scientific Title

A multicentre, randomised, double-blind placebo-controlled, phase II study to evaluate the safety, tolerability and dose of dried intestinal microbiota medicinal product EBX-102 in liver cirrhosis subjects (IMPuLCE)

#### Acronym

**IMPuLCE** 

## Study objectives

To assess the safety and tolerability of EBX-102 in liver cirrhosis subjects To assess the effects of EBX-102 on intestinal microbiota diversity and associated factors

# Ethics approval required

Ethics approval required

# Ethics approval(s)

approved 27/01/2023, East Midlands – Leicester South Research Ethics Committee (Equinox House, City Link, Nottingham, NG2 4LA, United Kingdom; +44 (0)207 104 8193; leicestersouth. rec@hra.nhs.uk), ref: 22/EM/0259

# Study design

Multicentre randomized double-blind placebo-controlled phase II study

# Primary study design

Interventional

# Study type(s)

Treatment

# Health condition(s) or problem(s) studied

Liver cirrhosis and hepatic encephalopathy

#### Interventions

This is a phase II (first-in-human), multicentre, randomised, double-blind, placebo-controlled study.

Trial Arms: The study consists of two parts (A and B). Part A (Dose escalation) will involve two cohorts of approximately 12 subjects (n=24) with liver cirrhosis (MELD-Na score <12) without hepatic encephalopathy (HE) and who are not taking medications for Hepatic Encephalopathy (HE). Part B (Dose Expansion): Will involve approximately 32 subjects with liver cirrhosis (MELDNa score 12 -16), with or without minimal hepatic encephalopathy (MHE), and who are receiving treatment At the end of Part A, a Dose Selection Review (DSR) meeting will occur to determine the dose for part B.

Randomisation: Will be via IWRS. In Part A, in the first two cohorts, patients will be randomised at a ratio of 2:1 active: placebo) to assess the optimal dose regimen (n=24). Part B will consist of 32 subjects with a 5:3 randomisation active: placebo.

Dose/Dose Range/Frequency: EBX-102 will be given as a single dose, soon after randomisation under strict observation and thereafter participants are followed for 12 weeks to assess safety, tolerability and microbiota dynamics. The dose will depend on the part and cohort of the study the patient is randomised to.

Route of administration: Oral Administration

#### Intervention Type

Drug

#### Phase

Phase II

#### Drug/device/biological/vaccine name(s)

EBX-102

#### Primary outcome(s)

Safety and tolerability of EBX-102 measured using the incidence of adverse events, serious adverse events at week 12

#### Key secondary outcome(s))

Changes in intestinal microbiota taxonomic composition (bacterial diversity and relative abundance) measured using 16SrRNA sequencing of stool samples at week 1, week 4, week 8 and week 12 post-treatment

#### Completion date

30/06/2025

# **Eligibility**

#### Key inclusion criteria

Current key inclusion criteria as of 31/10/2025:

- 1. Willing and able to provide informed consent
- 2. Male or female aged ≥18 years
- 3. A clinical diagnosis of LC, as confirmed by confirmatory scan (magnetic resonance imaging [MRI], ultrasound, computed tomography [CT] or transient elastography) and/or needle biopsy of the liver. A needle biopsy is not a mandated procedure for study purposes.
- 4. (Part B only) Must be clinically stable on lactulose as deemed by the investigator for at least 1 month prior to randomisation, with the intent to remain on stable dose of treatment throughout the study period. Small daily variations of lactulose are permitted and must be recorded. Subjects taking rifaximin should be stable at the prescribed dose for at least 4 weeks prior to randomisation.
- 5. MELD-Na score: 5.a Part A: MELD-Na score of <12 5.b Part B: Minimum MELD-Na score of 12 and a maximum MELD-Na score of 16.
- 6. Willing to abstain from consuming regular 'over the counter' pre or probiotics from pharmacies or other retailers from screening through to Week 12 after treatment. Food products such as cheese, yoghurts, fermented pickles and probiotic drinks from the food section of supermarkets are acceptable.
- 7. Subjects with an alcohol use disorder should be willing to abstain from alcohol during the screening, treatment and follow up period. Where subjects do not have an alcohol use disorder, alcohol may be consumed within the National Health Service (NHS) guidelines of ≤14 units per week, spread over at least 3 days per week.
- 8. Subjects with any other substance use disorder should be willing to abstain from those and other related substances, including substitutes, during the screening, treatment and follow up period. Stable cannabis use is permitted in the absence of overt intoxication at screening and randomisation. Stable opiate substitutes (eg. methadone) are permitted providing bowel habits are usually regular, where regular is defined as a bowel movement at least every other day.
  9. Subjects with any substance or alcohol use disorder must have abstained from substance use for ≥3 months prior to screening.
- 10. If women of child-bearing potential (WOCBP), subjects must have a negative serum pregnancy test at screening and randomisation and must be willing to use a highly effective method of birth control for the duration of the study. Acceptable methods of contraception:
- 10.1. Hormonal contraception associated with inhibition of ovulation
- 10.2. Intrauterine device (IUD)
- 10.3. Intrauterine hormone-releasing system (IUS)
- 10.4. Bilateral tubal occlusion
- 10.5. Vasectomised partner
- 10.6. Sexual abstinence, in line with the preferred and usual lifestyle of the subject. Periodic abstinence (such as calendar, ovulation, symptothermal, post-ovulation methods) and withdrawal are not acceptable methods of contraception.
- 11. If male, subjects must be prepared to use reliable barrier method contraception and a second method such as spermicide for the duration of the study unless surgically sterile. Condom with spermicide is not considered a highly effective method of contraception for female subjects of child-bearing potential.
- 12. Willing and able to comply with all study requirements

#### Previous key inclusion criteria:

- 1. Willing and able to provide informed consent
- 2. Male or female aged ≥18 years
- 3. A clinical diagnosis of LC, as confirmed by confirmatory scan (magnetic resonance imaging [MRI], 4. ultrasound, computed tomography [CT] or transient elastography) and/or needle biopsy

of the liver. A needle biopsy is not a mandated procedure for study purposes.

- 5. (Part B only) Must be clinically stable on lactulose as deemed by the investigator for at least 1 month prior to randomisation, with the intent to remain on stable dose of treatment throughout the study period. Small daily variations of lactulose are permitted and must be recorded.
- 6. Subjects taking rifaximin should be stable at the prescribed dose for at least 4 weeks prior to randomisation.
- 7. MELD-Na score: 5.a Part A: MELD-Na score of <12 5.b Part B: Minimum MELD-Na score of 12 and a maximum MELD-Na score of 16.
- 8. Willing to abstain from consuming regular 'over the counter' pre or probiotics from pharmacies or other retailers from screening through to Week 12 after treatment.
- 9. Food products such as cheese, yoghurts, fermented pickles and probiotic drinks from the food section of supermarkets are acceptable.
- 10. Subjects with an alcohol use disorder should be willing to abstain from alcohol during the screening, treatment and follow up period.
- 11. Where subjects do not have an alcohol use disorder, alcohol may be consumed within the National Health Service (NHS) guidelines of ≤14 units per week, spread over at least 3 days per week.
- 12. Subjects with any other substance use disorder should be willing to abstain from those and other related substances, including substitutes, during the screening, treatment and follow up period.
- 13. Subjects with any substance or alcohol use disorder must have abstained from substance use for ≥3 months prior to screening. If women of child-bearing potential (WOCBP), subjects must have a negative serum pregnancy test at screening and randomisation and must be willing to use a highly effective method of birth control for the duration of the study.
- 14. Acceptable methods of contraception:
- 14.1. Hormonal contraception associated with inhibition of ovulation
- 14.2. Intrauterine device (IUD)
- 14.3. Intrauterine hormone-releasing system (IUS)
- 14.4. Bilateral tubal occlusion
- 14.5. Vasectomised partner
- 14.6. Condom with spermicide
- 14.7. Sexual abstinence, in line with the preferred and usual lifestyle of the subject.
- 15. Periodic abstinence (such as calendar, ovulation, symptothermal, post-ovulation methods) and withdrawal are not acceptable methods of contraception.
- 16. If male, subjects must be prepared to use reliable barrier method contraception and a second method such as spermicide for the duration of the study unless surgically sterile.
- 17. Willing and able to comply with all study requirements

#### Participant type(s)

Patient

## Healthy volunteers allowed

No

#### Age group

Mixed

#### Lower age limit

18 years

#### Upper age limit

#### Sex

All

#### Total final enrolment

28

#### Kev exclusion criteria

Current key exclusion criteria as of 31/10/2025:

- 1. Women who are pregnant or breastfeeding
- 2. OHE as defined by Grade ≥2 WHG within 1 month of screening.
- 3. Part A only: any prior episode of HE
- 4. Overnight admission to hospital with OHE or any other liver-related complication, or any other non-elective admission to hospital, within the 4 weeks prior to screening.
- 5. Planned surgery requiring general anaesthetic during the course of the study.
- 6. History of total colectomy/ileostomy at any time, or bariatric/gastric surgery in the last 2 years.
- 7. Any other major intra-abdominal surgery within 60 days prior to screening
- 8. Confirmed diagnosis of Wernicke's Encephalopathy (WE) at any time prior to screening (prophylaxis of WE at any time prior to or during the study in accordance with the standard of care, with no confirmed diagnosis is permitted)
- 9. Korsakoff's Disease at any time prior to screening.
- 10. Confirmed diagnosis of dementia of any aetiology
- 11. Clinical signs and symptoms of dehydration at screening or baseline.
- 12. Any ongoing underlying issues which increase the risk of an OHE episode (e.g. unresolved gastrointestinal [GI] bleed; ongoing bacterial infection) at screening or baseline.
- 13. Diarrhoea of any aetiology within 7 days prior to screening.
- 14. Any anti-diarrhoeal or anti-peristaltic medication within 7 days prior to screening
- 15. Medications for HE
- 15.1. Part A: medications for HE, including but not limited to lactulose, rifaximin, LOLA, BCAAs or other antibiotics. Rifaximin use for other conditions is also excluded.
- 15.2. Part B: Part B: Medications for hepatic encephalopathy, including but not limited to:
- LOLA, BCAAs or antibiotics other than rifaximin within 3 months prior to screening. Lactulose is mandated.
- 16. Aspartate aminotransferase (AST) or alanine aminotransferase (ALT)  $\geq$ 4 x ULN
- 17. Planned organ transplant during the study period.
- 18. Chemotherapy, radiotherapy or immunotherapy within 3 months prior to baseline, or planned during the study
- 19. Life expectancy <4 months
- 20. Ongoing infectious hepatitis (A, B or C) or recent history that has not fully resolved at least 3 months prior to screening
- 21. Any other known immunodeficiency, including human immunodeficiency virus (HIV) with CD4+ T-cell counts <500 cells/mm3
- 22. Known gastrointestinal disease, including but not limited, to ulcerative colitis, Crohn's disease, coeliac disease, indeterminate colitis or microscopic colitis, diverticulitis.
- 23. No bowel movement (constipation) within 3 days prior to study drug administration.
- 24. Use of systemic antibiotics within 7 days prior to screening, or intended use during the study, with the exception of stable rifaximin for Part B subjects.
- 25. Patients receiving total parenteral or enteral nutrition. Nutritional supplements are permitted, with the exception of non-food pre- or probiotics.

- 26. Any autoimmune disease requiring, or that may require, systemic treatment with steroids and /or other immunosuppressants/immunomodulators and/or biological agents including SLE, RA, psoriatic arthritis and connective tissue disorders and MS. Autoimmune hepatitis is also excluded. Subjects with mild autoimmune disease not requiring systemic treatment, including vitiligo and alopecia areata, may be included.
- 27. Use of systemic steroids within the previous four weeks (inhaled and topical steroids are acceptable).
- 28. Uncontrolled Type I or Type II diabetes mellitus that has required hospitalisation within the last 3 months or, in the opinion of the investigator would lead to increased risk to the subject by study participation.
- 29. FMT within the past 12 months.
- 30. Subjects who are intoxicated at screening and/or randomisation.
- 31. Any ongoing alcohol or substance dependency within 3 months of screening. For the avoidance of doubt, PRN opiates for intermittent pain relief are acceptable. Subjects requiring stable dose opiate substitute (eg methadone) are also permitted to enter the study, providing bowel movements are regular (a bowel movement at least every other day). Stable cannabis use is also permitted in the absence of intoxication.
- 32. Previous anaphylactic reaction to any substance, or allergies requiring the subject to carry an epinephrine autoinjector.
- 33. Subjects with dysphagia, or inability to swallow up to 10 size 0 capsules in a single sitting (30 minute period), or inability to ingest capsules (e.g. severe nausea, vomiting, delayed gastric emptying) or history of 'choking' on capsules.
- 34. Any condition for which, in the opinion of the investigator, the treatment or participation in the study may pose a health risk to the subject
- 35. Planned or active participation in any other study with an investigational medicinal product (IMP).
- 36. Have taken an IMP within the last 3 months.
- 37. COVID-19 infection requiring hospital admission with overnight stay within 1 month prior to screening.

#### Previous key exclusion criteria:

Subjects will be excluded from the study if they meet any of the following:

- 1. OHE as defined by Grade ≥2 WHG within 1 month of screening.
- 2. Part A only: any prior episode of HE
- 3. Overnight admission to hospital with OHE or any other liver-related complication, or any other non-elective admission to hospital, within the 4 weeks prior to screening.
- 4. Planned surgery requiring general anaesthetic during the course of the study.
- 5. History of total colectomy/ileostomy at any time, or bariatric/gastric surgery in the last 2 years.
- 6. Any other major intra-abdominal surgery within 60 days prior to screening
- 7. Confirmed diagnosis of Wernicke's Encephalopathy (WE) at any time prior to screening (prophylaxis of WE at any time prior to or during the study in accordance with the standard of care, with no confirmed diagnosis is permitted)
- 8. Korsakoff's Disease at any time prior to screening.
- 9. Confirmed diagnosis of dementia of any aetiology
- 10. Clinical signs and symptoms of dehydration at screening or baseline.
- 11. Any ongoing underlying issues which increase the risk of an OHE episode (e.g. unresolved gastrointestinal [GI] bleed; ongoing bacterial infection) at screening or baseline.
- 12. Diarrhoea of any aetiology within 7 days prior to screening.
- 13. Any anti-diarrhoeal or anti-peristaltic medication within 7 days prior to screening

- 14. Medications for HE
- 14.1. Part A: medications for HE, including but not limited to lactulose, rifaximin, LOLA, BCAAs or other antibiotics. Rifaximin use for other conditions is also excluded.
- 14.2. Part B: Part B: Medications for hepatic encephalopathy, including but not limited to: LOLA, BCAAs or antibiotics other than rifaximin within 3 months prior to screening. Lactulose is mandated.
- 15. Aspartate aminotransferase (AST) or alanine aminotransferase (ALT) ≥4 x ULN
- 16. Planned organ transplant during the study period.
- 17. Chemotherapy, radiotherapy or immunotherapy within 3 months prior to baseline, or planned during the study
- 18. Life expectancy <4 months
- 19. Ongoing infectious hepatitis (A, B or C) or recent history that has not fully resolved at least 3 months prior to screening
- 20. Any other known immunodeficiency, including human immunodeficiency virus (HIV) with CD4+ T-cell counts <500 cells/mm3
- 21. Known gastrointestinal disease, including but not limited, to ulcerative colitis, Crohn's disease, coeliac disease, indeterminate colitis or microscopic colitis, diverticulitis, IBS.
- 22. Use of systemic antibiotics within 3 months prior to screening, or intended use during the study, with the exception of stable rifaximin for Part B subjects.
- 23. Patients receiving total parenteral or enteral nutrition. Nutritional supplements are permitted, with the exception of non-food pre- or probiotics.
- 24. Any autoimmune disease requiring, or that may require, systemic treatment with steroids and /or other immunosuppressants/immunomodulators and/or biological agents including SLE, RA, psoriatic arthritis and connective tissue disorders and MS. Autoimmune hepatitis is also excluded. Subjects with mild autoimmune disease not requiring systemic treatment, including vitiligo and alopecia areata, may be included.
- 25. Use of systemic steroids within the previous four weeks (inhaled and topical steroids are acceptable).
- 26. Uncontrolled Type I or Type II diabetes mellitus that has required hospitalisation within the last 3 months or, in the opinion of the investigator would lead to increased risk to the subject by study participation.
- 27. FMT within the past 12 months.
- 28. Subjects who are intoxicated at screening and/or randomisation.
- 29. Any ongoing alcohol or substance dependency within 3 months of screening.
- 30. Prior substance misuse requiring current substitute, e.g. Methadone within 1 month of screening.
- 31. Use of opiates for any reason within 1 month of screening.
- 32. Previous anaphylactic reaction to any substance, or allergies requiring the subject to carry an epinephrine autoinjector.
- 33. Subjects with dysphagia, or inability to swallow up to 10 size 0 capsules in a single sitting (30 minute period), or inability to ingest capsules (e.g. severe nausea, vomiting, delayed gastric emptying) or history of 'choking' on capsules.
- 34. Any condition for which, in the opinion of the investigator, the treatment or participation in the study may pose a health risk to the subject
- 35. Planned or active participation in any other study with an investigational medicinal product (IMP).
- 36. Have taken an IMP within the last 3 months.
- 37. COVID-19 infection requiring hospital admission with overnight stay within 1 month prior to screening.

#### Date of first enrolment

# Date of final enrolment 30/10/2023

# Locations

#### Countries of recruitment

United Kingdom

England

Scotland

# Study participating centre Glasgow Royal Infirmary

84 Castle Street Glasgow Scotland G4 0SF

# Study participating centre King's College Hospital NHS Foundation Trust

Denmark Hill London England SE5 9RS

# Study participating centre Aberdeen Royal Infirmary

Foresterhill Road Aberdeen Scotland AB25 2ZN

# Study participating centre North Tyneside General Hospital

Rake Lane North Shields England NE29 8NH

#### Study participating centre

# Nottingham University Hospitals NHS Trust - Queen's Medical Centre Campus

Nottingham University Hospital Derby Road Nottingham England NG7 2UH

# Study participating centre Hull University Teaching Hospitals NHS Trust

Hull Royal Infirmary Anlaby Road Hull England HU3 2JZ

# Study participating centre Queen Elizabeth University Hospital

1345 Govan Road Glasgow Scotland G51 4TF

# Study participating centre Bradford Teaching Hospitals NHS Foundation Trust

Bradford Royal Infirmary Duckworth Lane Bradford England BD9 6RJ

# Study participating centre University Hospitals of Leicester NHS Trust

Leicester Royal Infirmary Infirmary Square Leicester England LE1 5WW

#### Study participating centre

### University Hospital Southampton NHS Foundation Trust

Southampton General Hospital Tremona Road Southampton England SO16 6YD

## Study participating centre St George's University Hospitals NHS Foundation Trust

Cranmer Terrace London England SW17 0RE

# Sponsor information

#### Organisation

**EnteroBiotix Limited** 

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

**EnteroBiotix Limited** 

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Clinops@enterobiotix.com

# IPD sharing plan summary

Available on request

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results	version 2025	11/11/2025	17/11/2025	No	No