

# Differences in pain relief after open or laparoscopic colorectal cancer surgery with epidural or intravenous medication

<b>Submission date</b> 15/02/2021	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 26/02/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 04/03/2025	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

During the years 2013 - 2016 for colonic cancer the standard operating technique in our hospital changed from mainly open to laparoscopic (keyhole surgery) and therefore also the choice of pain relief used during and after the surgery might have changed. We choose to study the period between 2014 and 2016 to evaluate this change in pain treatment and the possible consequences, in addition to changed operating technique, for all patients admitted with this pathology. We tried to answer questions regarding pain treatment, length of stay, complications and 5-year survival.

### Who can participate?

All patients scheduled for colonic cancer surgery in an academic tertiary hospital during the years 2014 till 2016.

### What does the study involve?

Records were reviewed. The primary outcome of our study was the difference of pain in patients receiving open or laparoscopic interventions with either thoracic epidural (TEA) or intravenous opioid pain (PCIA) relief management. Because it was an observational study there were no benefits or risks for the participants. The study was performed in Maastricht, The Netherlands. Data collection was prospectively recorded in two different data collection systems. Prospective collected data from the Dutch Surgical Colorectal Audit database (DSCA) were combined with prospective collected data from the acute pain service (APS) and the anesthesia registration system. Data analysis started after approval from the medical ethic committee.

### What are the possible benefits and risks of participating?

None (retrospective study)

### Where is the study run from?

Maastricht University Medical Centre

When is the study starting and how long is it expected to run for?  
January 2017 to June 2020

Who is funding the study?  
Investigator initiated and funded

Who is the main contact?  
P.B.W. Cox, b.cox@mumc.nl

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mr Boris Cox

**ORCID ID**  
<https://orcid.org/0000-0001-5906-3792>

**Contact details**  
P. Debyelaan 25  
Postbus 5800  
Maastricht  
Netherlands  
6202AZ  
+31 615064074  
b.cox@mumc.nl

## Additional identifiers

**EudraCT/CTIS number**  
Nil known

**IRAS number**

**ClinicalTrials.gov number**  
Nil known

**Secondary identifying numbers**  
METC 17-4-010

## Study information

**Scientific Title**  
Thoracic epidural analgesia versus patient-controlled intravenous analgesia for patients undergoing open or laparoscopic colorectal cancer surgery, an observational study

**Study objectives**

The goal was to evaluate the postoperative analgesic effectiveness of TEA compared to patient controlled intravenous analgesia (PCIA) after open and laparoscopic colorectal surgery, and to verify if the implementation of TEA leads to enhanced recovery.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approved 25/10/2017, Medical Ethics Committee Maastricht UMC+ (P.Debyelaan 25, postbus 5800, 6202 AZ Maastricht, The Netherlands; +31 433876009; secretariaat.metc@mumc.nl), ref: METC 17-4-010

**Study design**

Single centre retrospective observational study

**Primary study design**

Observational

**Secondary study design**

Cohort study

**Study setting(s)**

Hospital

**Study type(s)**

Quality of life

**Participant information sheet**

No participant information sheet available

**Health condition(s) or problem(s) studied**

Analgesia approaches for laparoscopic surgery

**Interventions**

The study was performed in patients scheduled for laparoscopic or open colonic resections with either thoracic epidural (TEA) or intravenous opioid pain (PCIA) relief management. Data collection was prospectively recorded in two different data collection systems. Data from the Dutch Surgical Colorectal Audit database (DSCA) were combined with prospective collected data from the acute pain service (APS) and the anesthesia registration system.

An observational study was performed measuring postoperative pain, LOS, the incidence of epidural side effects, major complications and 5-year survival rate.

**Intervention Type**

Procedure/Surgery

**Primary outcome measure**

Postoperative pain measured using the NRS postoperatively and at day 1, 2 and 3, both at rest and during movement

**Secondary outcome measures**

1. Length of stay (days) measured using patient records
2. Incidence of epidural related side effects measured by clinical observation postoperatively at day 1, 2 and 3
3. Major complications measured using patient records for 30 days after surgery
4. 5-year survival measured using patient records

**Overall study start date**

17/01/2017

**Completion date**

01/06/2020

## Eligibility

**Key inclusion criteria**

All adult patients who underwent colorectal cancer surgery between 2014 and 2016, with ASA status I-IV were included

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

422

**Total final enrolment**

422

**Key exclusion criteria**

1. No postoperative thoracic epidural analgesia or patient controlled analgesia
2. Double cases
3. Missing data

**Date of first enrolment**

27/10/2017

**Date of final enrolment**

01/06/2020

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**  
**Maastricht University Medical Centre**  
P. Debyelaan 25  
Maastricht  
Netherlands  
6202 AZ

## **Sponsor information**

**Organisation**  
Maastricht University Medical Centre

**Sponsor details**  
P. Debyelaan 25  
Maastricht  
Netherlands  
6202AZ  
+31 433876543  
wolfgang.buhre@mumc.com

**Sponsor type**  
Hospital/treatment centre

**Website**  
<http://www.mumc.nl/en>

**ROR**  
<https://ror.org/02d9ce178>

## **Funder(s)**

**Funder type**  
Other

**Funder Name**  
investigator initiated and funded

## **Results and Publications**

**Publication and dissemination plan**  
The aim is to publish this study in the European Journal of Anaesthesiology.

## Intention to publish date

01/10/2021

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		04/01/2023	04/03/2025	Yes	No