# Effect of a novel plant extract on the severity and duration of infectious diarrhoea in children and adults

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
09/01/2015		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/01/2015	Completed	[X] Results		
<b>Last Edited</b> 05/03/2019	<b>Condition category</b> Digestive System	Individual participant data		

#### Plain English summary of protocol

Background and study aims

Infectious diarrhoea is a major threat to human health and treatment with antibiotics has led to resistant bacteria. Prevention and management of dehydration is standard care but does not reduce the duration of diarrhoea. The aim in this study is to assess the usefulness of a plant extract (LiveXtract) in reducing the duration of diarrhoea in children and adults.

Who can participate?

Male patients, age 6 months old to 60 years old, presenting with acute diarrhoea

What does the study involve?

Patients will be randomly allocated to one of two groups: LiveXtract mixed with ORS or water mixed with ORS. They will be monitored for up to 4 days.

What are the possible benefits and risks of participating?

A benefit is the reduction in the duration of diarrhoea. A risk might be a reaction to the LiveXtract solution.

Where is the study run from? Dhaka Hospital (Bangladesh)

When is the study starting and how long is it expected to run for? From July 2011 to October 2017

Who is funding the study? LiveLeaf Inc (USA)

Who is the main contact? Dr Thomas Lawson tlawson@liveleaf.com

# **Contact information**

#### Type(s)

Scientific

#### Contact name

Dr Thomas Lawson

#### **ORCID ID**

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

PR-11036

# Study information

#### Scientific Title

Assessment of the therapeutic effect of LiveXtract, a novel plant extract, on the severity and duration of infectious diarrhoea in children and adults: a randomised double-blind placebocontrolled study

#### **Study objectives**

Use of the LiveXtract mixed with oral rehydration solution (ORS) will reduce the duration of diarrhoea compared with ORS alone.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

ICDDR,B Ethical Review Committee, 29/12/2011, PR-11036

#### Study design

Interventional randomised double-blind placebo-controlled study

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet.

#### Health condition(s) or problem(s) studied

Diarrhoea

#### **Interventions**

- 1. LiveXtract solution mixed with ORS
- 2. Water mixed with ORS

#### Intervention Type

Supplement

#### Primary outcome measure

Reduction in the severity and duration of diarrhoea, measured as the time the stool is ranked as a 4 or less on the Bristol Stool Scale

#### Secondary outcome measures

- 1. Volume of ORS consumed from the time of randomisation to resolution of diarrhoea
- 2. Number of events and duration of emesis

These outcomes will be monitored every 6 hours for 4 days and ranked with a Visual Analogue Scale of 0 to 10.

#### Overall study start date

04/07/2011

#### Completion date

01/10/2017

## **Eligibility**

#### Key inclusion criteria

- 1. Age 6 months old to 60 years old
- 2. Acute watery diarrhoea (for 48 hours or less)

#### Participant type(s)

**Patient** 

#### Age group

Mixed

#### Sex

Male

#### Target number of participants

The target total recruitment of participants is 736 patients.

#### Total final enrolment

85

#### Key exclusion criteria

- 1. Fever
- 2. Bloody stool with or without abdominal pain
- 3. Clinical signs of coexisting severe acute systemic illness
- 4. Underlying severe chronic disease
- 5. Severe malnutrition
- 6. Signs of internal bleeding or black stools
- 7. Signs of drug abuse
- 8. Food allergy or other chronic gastrointestinal disease
- 9. Use of antibiotics or any anti-diarrhoeal medication during the previous 2 weeks
- 10. Any condition that the admitting physician believes will place the patient at risk if enrolled in the study
- 11. Participants whose stool cultures show Shigella spp
- 12. Unable or unwilling to provide informed consent

#### Date of first enrolment

10/05/2012

#### Date of final enrolment

01/10/2017

### Locations

#### Countries of recruitment

Bangladesh

#### Study participating centre Dhaka Hospital

68 Shaheed Tajuddin Ahmed Sarani Dahaka Bangladesh 1212

# Sponsor information

#### Organisation

LiveLeaf Inc

#### Sponsor details

1160 Industrial Road Suite 11 San Carlos United States of America 94070 +16505177288 tlawson@liveleaf.com

#### Sponsor type

Industry

#### Website

http://liveleaf.com

#### **ROR**

https://ror.org/00m48tn76

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

Liveleaf Inc

#### **Results and Publications**

#### Publication and dissemination plan

This study is running in two phases: a pilot study for safety data, with submission of the results before April 2015; the second phase will begin in the summer of 2015 and is likely to last 18 months and these data will be submitted to a peer-reviewed journal before the end of 2016.

#### Intention to publish date

30/04/2015

Individual participant data (IPD) sharing plan

# **IPD sharing plan summary** Available on request

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2015	05/03/2019	Yes	No