# Studying jaw joint problems in completely edentulous Syrian patients before and after receiving new full dentures

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>	
09/06/2025		[X] Protocol	
Registration date	Overall study status	Statistical analysis plan	
10/06/2025	Completed  Condition category	Results	
Last Edited		Individual participant data	
10/06/2025	Oral Health	[X] Record updated in last year	

# Plain English summary of protocol

Background and study aims

This study aims to examine problems in the jaw joint (called the temporomandibular joint, or TMJ) in patients who have lost all their teeth (edentulous). Many completely edentulous patients wear old or poorly fitting dentures, which may lead to pain, joint sounds, or difficulty moving the jaw. The study aims to assess whether providing a new complete denture improves these symptoms.

#### Who can participate?

Completely edentulous patients aged 30 to 90 years who were already wearing old complete dentures and had symptoms related to the TMJ.

#### What does the study involve?

Participants underwent a clinical examination to assess pain, joint sounds, and jaw movement before and 6 months after receiving a new complete denture. The dentures were made according to proper dental standards. No medications or surgical treatments were involved.

#### What are the possible benefits and risks of participating?

Participants may experience relief from jaw pain, improved chewing function, and better denture comfort. There are no known medical risks, as the intervention is non-invasive and follows standard dental procedures.

#### Where is the study run from?

The study was conducted at the Faculty of Dentistry, Damascus University, Syria.

When is the study starting and how long is it expected to run for? January 2021 to May 2024

#### Who is funding the study?

The study is self-funded as part of a postgraduate academic project and is supported by Damascus University, Syria.

Who is the main contact?

Dr. Yusra Abdulaziz Al-Kurdi, Faculty of Dentistry, Damascus University, yusraalkurdy9@gmail.com

# Contact information

#### Type(s)

Public, Scientific, Principal Investigator

#### Contact name

Dr Yusrs Abdalaziz alkurdy

#### **ORCID ID**

https://orcid.org/0009-0001-1874-1670

#### Contact details

Faculty of Dentistry, Damascus University Damascus Syria 00000 +963 0969014495 yusraalkurdy9@gmail.com

# Additional identifiers

#### **EudraCT/CTIS** number

Nil known

#### **IRAS** number

# ClinicalTrials.gov number

Nil known

# Secondary identifying numbers

Nil known

# Study information

#### Scientific Title

Evaluation of the prevalence of temporomandibular disorders in completely edentulous Syrian patients before and after the delivery of new complete dentures: a clinical study

# **Study objectives**

The study hypothesizes that the insertion of a new, properly constructed complete denture will significantly reduce temporomandibular joint (TMJ) symptoms, including joint pain, joint sounds, and restricted mandibular movement, in completely edentulous Syrian patients.

# Ethics approval required

Ethics approval not required

#### Ethics approval(s)

This is a retrospectively registered, observational study. No clinical intervention was performed. Accordingly, no formal ethics committee approval was required by the institution. However, all participants signed written informed consent forms before being included in the study.

# Study design

Single-centre non-randomized unblinded uncontrolled interventional pre-post study

## Primary study design

Interventional

#### Secondary study design

Non randomised study

#### Study setting(s)

Hospital, University/medical school/dental school

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

# Health condition(s) or problem(s) studied

Temporomandibular disorders (TMD) in completely edentulous patients requiring new complete dentures

#### Interventions

This is a retrospectively registered, single-centre interventional pre–post clinical study conducted to assess the impact of new complete denture insertion on temporomandibular joint (TMJ) symptoms in completely edentulous Syrian patients.

The intervention involves delivering a new, complete, and removable denture to completely edentulous Syrian patients. The dentures are fabricated according to prosthodontic standards to ensure proper fit, retention, occlusion, vertical dimension, and centric relation. There is no control group, no randomization, and no blinding. All participants will be examined before and after the intervention. The follow-up period is six months, during which TMJ symptoms will be clinically evaluated.

# Intervention Type

Device

# Pharmaceutical study type(s)

Not Applicable

#### Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

#### Complete removable denture

#### Primary outcome measure

Temporomandibular joint symptoms (pain, joint sounds, movement limitation) measured using clinical examination based on RDC/TMD Axis I at baseline and after 6 months of new denture use

#### Secondary outcome measures

The following Secondary outcome measures are assessed at baseline and after 6 months:

- 1. Pain severity measured using the Visual Analog Scale (VAS)
- 2. Range of mandibular movement measured using a millimeter ruler
- 3. Muscle tenderness measured using digital palpation, according to RDC/TMD Axis I criteria

#### Overall study start date

01/01/2021

#### Completion date

30/11/2024

# **Eligibility**

#### Key inclusion criteria

- 1. Completely edentulous patients (both maxilla and mandible)
- 2. Aged between 30 and 90 years
- 3. Wearing old, removable complete dentures
- 4. Complaining of temporomandibular joint symptoms (pain, sounds, movement limitation)
- 5. Willing and able to participate in clinical examination and follow-up

# Participant type(s)

Patient

#### Age group

Mixed

#### Lower age limit

30 Years

#### Upper age limit

90 Years

#### Sex

Both

#### Target number of participants

103

#### Total final enrolment

103

#### Key exclusion criteria

- 1. Patients with a history of TMJ trauma or surgery
- 2. Patients with systemic joint diseases
- 3. Patients with incomplete records or who missed follow-up visits
- 4. Patients with psychological or neuromuscular disorders affecting TMJ assessment

#### Date of first enrolment

10/09/2021

#### Date of final enrolment

30/05/2024

# Locations

#### Countries of recruitment

Syria

# Study participating centre

Faculty of Dentistry – Damascus University Mazzeh Highway Damascus Syria

# **Sponsor information**

# Organisation

**Damascus University** 

# Sponsor details

Mazzah Damascus Syria

•••

#### Sponsor type

University/education

#### Website

https://www.damascusuniversity.edu.sy/

#### **ROR**

https://ror.org/03m098d13

# Funder(s)

## Funder type

University/education

#### Funder Name

**Damascus University** 

#### Alternative Name(s)

University of Damascus, , DU

#### **Funding Body Type**

Government organisation

#### Funding Body Subtype

Universities (academic only)

#### Location

Syria

# **Results and Publications**

## Publication and dissemination plan

Planned publication in a peer-reviewed journal and possible presentation in scientific conferences.

## Intention to publish date

12/12/2024

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from Dr. Yusra Abdulaziz Al-Kurdi (yusraalkurdy9@gmail.com). Data will be anonymised and shared with qualified researchers upon reasonable request for academic purposes only. Participant consent was obtained, and ethical approval was granted for data use in this context.

# IPD sharing plan summary

Available on request

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol file			10/06/2025	No	No