# Healing the Sole: A research project to investigate the effectiveness and benefits of individual homoeopathic treatment and chiropody 'debridement' for adults with chronic verrucas

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
23/01/2004	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	Results
Last Edited	Condition category	Individual participant data
11/04/2016	Skin and Connective Tissue Diseases	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Mr Toni Douglas-Gooden

#### Contact details

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# Additional identifiers

Protocol serial number

RDC01630

# Study information

#### Scientific Title

Healing the Sole: A research project to investigate the effectiveness and benefits of individual homoeopathic treatment and chiropody 'debridement' for adults with chronic verrucas

#### Study objectives

The objective of this research project is to investigate whether 'individual' homeopathic treatment is effective (by effective we mean has the verruca been cured or reduced in size) and beneficial (by beneficial we mean do the people in the study 'feel better in themselves'), compared to using 'Debridement' (the removal of the superficial callous that forms on the surface of the verruca) to individual adult patients with chronic veruccae, within a busy innercity, multi-cultural foot-health (chiropody) clinic. The study will further investigate the clinical significant findings from the previous nine months of the study, based at St Leonards (funded by the Blackie Foundation). Was the 75% overall improvement in patient's veruccae achieved in the pilot study, attributed to homeopathic remedies or the therapeutic effect of the consultation? Was this improvement due to a combination of 'self-selection' and the 'natural history' of the condition. To find answers to these questions is the reason why this larger randomised trial using the two 'Debridement' active and placebo groups is proposed. This study will aim to provide the NHS and other foot health departments with more data on the treatments of veruccae. Utilising the outcomes from the study, it is hoped that foot health departments may be able to offer a pain free, holistic and more cost effective treatment for verrucae.

#### Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Study type(s)

**Not Specified** 

# Health condition(s) or problem(s) studied

Skin and connective tissue diseases: Viral wards

#### Interventions

Debridement vs homeopathic treatment

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome(s)

- 1. The cure or decrease in size of the verrucae (via photographs from a special grid film camera)
- 2. The quality of life of the patient do the patients feel better in themselves? (via SF36 life-style questionnaire)

# Key secondary outcome(s))

Not provided at time of registration

## Completion date

01/01/2003

# **Eligibility**

#### Key inclusion criteria

Not provided at time of registration

#### Participant type(s)

Patient

# Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/09/1999

#### Date of final enrolment

01/01/2003

# Locations

#### Countries of recruitment

United Kingdom

England

#### Study participating centre

# St. Leonard's Primary Health Centre

London United Kingdom NW5 2JU

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

### Funder type

Government

#### Funder Name

NHS Executive London (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration