

# To compare the sodium and potassium values on a simple, faster handheld device with that of a central lab machine -which is time-consuming, to identify any abnormal values and decide on quick treatment on patients coming to the emergency department

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
03/06/2018	No longer recruiting	<input type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
06/06/2018	Completed	<input type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
02/04/2019	Other	<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The area of the study is an emergency department, with patients presenting to emergency with acute/severe illnesses for example: chest pain (heart attacks), breathing difficulty (lung infections), stoppage of heart (cardiac arrest), brain strokes, poisoning are a few examples. This study aims to determine whether a handheld arterial blood gas analyser (ABG), which produces results more quickly and is therefore beneficial to an emergency department, is as accurate as the central lab autoanalyzer at measuring sodium ( $\text{Na}^+$ ) and Potassium ( $\text{K}^+$ ) electrolytes.

### Who can participate?

Adults aged above 18 years presenting to the emergency department

### What does the study involve?

Eligible participants are treated as per the normal protocols of treatment, this study does not alter their treatment, routine care, hospital stay or outcome in terms of life or death of the participant, as it is just an observational study. Participants have blood samples taken and measured using a handheld arterial blood gas analyser and the central lab autoanalyzer.

### What are the possible benefits and risks of participating?

There are no direct benefits or risks for participants in the study.

### Where is the study run from?

NH Multispecialty Hospital (India)

When is the study starting and how long is it expected to run for?

April 2016 to November 2017

Who is funding the study?

Narayana Hrudayalaya Limited (India)

Who is the main contact?

Dr Talha Hussain (public)

## Contact information

**Type(s)**

Public

**Contact name**

Dr Talha Hussain

**ORCID ID**

<https://orcid.org/0000-0002-5469-316X>

**Contact details**

Narayana Hrudulayala Pvt Ltd

NH Health city

Bommasandra

Anekal Taluk

Bangalore

India

560100

## Additional identifiers

**Protocol serial number**

1

## Study information

**Scientific Title**

Comparison of the point-of-care blood gas analyzer (ABG) versus the laboratory auto-analyzer (AA) for the measurement of electrolytes (Na<sup>+</sup> and K<sup>+</sup>) in emergency department

**Study objectives**

The null hypothesis states that there is no significant difference between electrolytes measured (sodium and potassium) using a handheld arterial blood gas analyzer (ABG) compared to the central lab autoanalyzer.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

## **Study design**

A prospective observational cross-sectional cohort study

## **Primary study design**

Observational

## **Study type(s)**

Diagnostic

## **Health condition(s) or problem(s) studied**

Emergency medicine

## **Interventions**

This prospective observational study with a sample size of 200 study is conducted in NH-Multispecialty Hospital, Bangalore, India, in the emergency department. 200 consecutive patients with paired (2) samples of Arterial (1) and Venous (1) blood are included.

The study period is 1 year. The values of sodium (Na+) and potassium (K+) are measured using both a handheld arterial blood gas analyzer (ABG) and the central lab autoanalyzer, and compared using the paired t-test using R software. All results are expressed in mean +/- standard deviation.

## **Intervention Type**

Device

## **Primary outcome(s)**

Sodium (Na+) and Potassium (K+) levels are measured from blood samples using a handheld arterial blood gas analyzer (ABG) and the central lab autoanalyzer at the time of sample, to compare the accuracy of results.

## **Key secondary outcome(s)**

None

## **Completion date**

30/11/2017

## **Eligibility**

### **Key inclusion criteria**

1. Age above 18 years of either sex.
2. Patients presenting to ED with:
  - 2.1. Unresponsiveness, with cardiac arrest without brain death
  - 2.2. Hypovolemia
  - 2.3. Patient in any form of shock: Hypovolemic , Cardiogenic , Distributive , Septic
  - 2.4. Anticipated sepsis and septic shock
  - 2.5. Acute altered mental status
  - 2.6. Acute respiratory distress
  - 2.7. ACS
  - 2.8. Cardiac rhythm disturbances

- 2.9. Seizures
- 2.10. CVA
- 2.11. Symptomatic patient with drug overdose
- 2.12. Poisoning – unknown compound/known
- 2.13. Abnormal blood sugar levels RBS < 40 mg% or >250 mg% or high unrecordable/low unrecordable blood sugars, by digital glucometers using capillary finger prick RBS.
- 2.14. Encephalopathies
- 2.15. Cardiac failure
- 2.16. AKI/CKD with acute symptoms

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

- 1. Less than 18 years of age
- 2. Burns patients

**Date of first enrolment**

30/06/2016

**Date of final enrolment**

31/05/2017

## Locations

**Countries of recruitment**

India

**Study participating centre****NH Multispecialty Hospital**

No 1, Basanth Healthcare Center  
Opposite HSR Club  
HSR Layout  
Sector 2  
Bangalore  
India  
560102

# Sponsor information

## Organisation

Narayana Hrudayalaya Limited

## ROR

<https://ror.org/05kx1ke03>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

Narayana Hrudayalaya Limited

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Dr. Talha Hussain (principal investigator), talh0910@gmail.com

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	version v1	06/06/2018	02/04/2019	No	Yes
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes