

# The impact of a specialist outreach team on the quality of residential and nursing home care: A randomised controlled trial

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 17/12/2009	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Alistair Burns

### Contact details

School of Psychiatry and Behavioural Sciences  
University of Manchester  
Withington Hospital  
Manchester  
United Kingdom  
M20 8LR  
+44 (0)161 291 3310  
A\_Burns@fs1.with.man.ac.uk

## Additional identifiers

### Protocol serial number

PSI11-14

## Study information

Scientific Title

**Study objectives**

To evaluate the impact of a psychogeriatric hospital outreach team on the quality of care in nursing and residential homes.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Mental and behavioural disorders: Depression, anxiety, neuroses

**Interventions**

The key care staff to the participating residents in the intervention homes received a series of seminars from the hospital outreach team and weekly visits from a psychiatric nurse to assist in developing care planning skills.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

The main outcome measures for residents were cognitive impairment and depression, behaviour disturbance, and active daily living skills. The General Health Questionnaire was used to assess levels of psychological distress amongst care staff and a modified version of the Quality of Interactions Schedule was used to code the quality of interaction between staff and residents. An economic evaluation of the intervention was performed.

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

31/08/1997

**Eligibility**

**Key inclusion criteria**

Nursing and residential homes in South Manchester. 12 matched nursing and residential homes were randomised to either the control or intervention group. Within each home, 10 residents were selected by staff to participate on the basis that they presented an active care management problem. The key workers to each of the participating residents took part in the training programme. There were 98 staff in total, 51 of whom worked in the homes receiving the intervention.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/1995

**Date of final enrolment**

31/08/1997

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

School of Psychiatry and Behavioural Sciences

Manchester

United Kingdom

M20 8LR

**Sponsor information****Organisation**

## Funder(s)

### Funder type

Government

### Funder Name

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	03/07/1999		Yes	No