

The training of community nurses in problem solving treatment

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 15/12/2008	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Study objectives

In primary care many patients with emotional disorders repeatedly consult their GP and take time off work. Medication is often unsatisfactory for these patients, whilst specialised psychological help is usually unavailable or too costly. Research in Oxford has shown that emotional disorders in primary care can be effectively treated with a brief psychological treatment (problem-solving) given by psychiatrists or by GPs trained in the techniques. If this treatment is to be made widely available in primary care, it is desirable to train other health professionals as well as GPs. Community nurses seem well placed to receive such training.

The proposed study seeks to answer two questions:

1. Can community nurses be successfully trained in the techniques of problem-solving?
2. After training, how effectively can community nurses use problem-solving to treat patients with emotional disorders?

In Part One of the study, four community nurses will be trained in problem-solving and will then treat 10 patients each, under close supervision. The therapeutic techniques of the nurses will be evaluated by rating videotapes of their treatment sessions.

Part Two of the study will be a controlled clinical trial. The patients ($n = 100$) will have emotional disorders that have not resolved within one month of initial consultation with the GP. They will be randomly allocated to either problem-solving treatment from the trained nurses, or GPs' usual treatment. Interview and self-rated assessments of the patients psychiatric and social functioning will be made before treatment, after treatment, and at six months.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and behavioural disorders: Depression, anxiety, neuroses

Interventions

1. Problem solving treatment from trained nurses
2. Usual treatment from GP

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Measures of clinical status and self report measures assessed before treatment, at the end of treatment (8 weeks) and at 6 month follow-up.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/03/1993

Completion date

12/01/1995

Eligibility**Key inclusion criteria**

Patients with emotional disorders that have not been resolved within one-month of initial consultation with a GP.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

100

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/03/1993

Date of final enrolment

12/01/1995

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre**Department of Psychiatry**

Oxford

United Kingdom

OX3 7JX

Sponsor information**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)**Funder type**

Government

Funder Name

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/1997		Yes	No