

# Comparison of standard JJ stents to magnetic JJ stents with regard to stent placement and removal discomfort and cost analysis

<b>Submission date</b> 15/01/2021	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 22/01/2021	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 16/10/2024	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

For over 40 years ureteric stents have been used in urology and the placement of a ureteral stent is the most frequent urological intervention performed. Modern ureteric stents are thin, flexible plastic tubes which are curled at both ends to avoid damaging the kidney and urinary bladder and to prevent it from dislocating.

There are certain reasons for stent placement, for example after kidney stone removal. Unfortunately up to 80% of patients complain about irritative voiding (urinating) symptoms after stent implantation. Usually, the stent is removed after 7-14 days. The standard procedure to remove a stent is by cystoscopy.

The cystoscopic removal of stents can be unpleasant and needs specific preparation for up to 30 minutes. The idea to remove a stent by using two magnets has been tried to be implemented for over 10 years and only recently have magnetic stents been available. Despite the wide adoption of magnetic stents worldwide, there is a relative lack of data to support their use compared to non-magnetic stents.

The aim of this study is to assess the effectiveness of a magnetic stent that allows for removal without cystoscopy. The impact on patient's quality of life in terms of stent and stent removal related symptoms, as well as the stent removal, will especially be addressed.

### Who can participate?

All patients who had a short term (<6 weeks) stent placed, either magnetic or conventional

### What does the study involve?

When it is time to place a stent at the end of a ureteroscopy procedure, participants are randomly allocated to have either a magnetic stent or a conventional ureteric stent placed. When the patients return to have their stent removed, they will undergo a quality of life assessment with a symptom questionnaire. After the stent is removed, the discomfort caused by the removal is recorded. Patients will be followed up for a minimum of 6 months.

### What are the possible benefits and risks of participating?

There is no direct benefit to participants. However, there is a benefit to society, as participating

in this study will increase knowledge about which type of stent is more comfortable for patients and which removal method is least painful. Participants may require a stent regardless of being in the study. Both types of stents are commonly used already and participating in this study has no risk.

Where is the study run from?

Mercy University Hospital (Ireland)

When is the study starting and how long is it expected to run for?

July 2020 to February 2024

Who is funding the study?

Investigator initiated and funded

Who is the main contact?

Derek Hennessey

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## Contact information

**Type(s)**

Public

**Contact name**

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## Additional identifiers

**Clinical Trials Information System (CTIS)**

Nil known

**ClinicalTrials.gov (NCT)**

Nil known

**Protocol serial number**

ECM 4 (c) 07/07/2020

## Study information

**Scientific Title**

A prospective single-centre randomised control trial of magnetic DJ stents versus conventional DJ stents

### **Study objectives**

That magnetic DJ stents are superior to conventional DJ stents with regard to removal discomfort and cost.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 22/09/2020, Clinical Research Ethics Committee Of the Cork Teaching Hospitals (Lancaster Hall, 6 Little Hanover Street, Cork, Ireland; +353 (0)21 4901901; crec@ucc.ie), ref: ECM 4 (c) 07/07/2020, ECM 3 (z) 20/10/2020

### **Study design**

Prospective randomized control trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Post ureteroscopy renal drainage with a DJ stent

### **Interventions**

When it is time to place a ureteric stent at the end of a ureteroscopy procedure, a random number generator will be used to generate a number. When an even number is generated, a magnetic ureteric stent will be placed, and an odd number meaning a conventional ureteric stent will be placed. When the patients return to have their stent removed, they will undergo a quality of life assessment with a ureteral symptom questionnaire (USSQ). After the stent is removed, a visual analogue scale (VAS) will be used to document the discomfort caused by the D J removal. Patients will be followed up for a minimum of 6 months.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome(s)**

1. Quality of life assessed using ureteral symptom questionnaire (USSQ) immediately prior to JJ stent removal
2. Stent removal pain assessed using a visual analogue scale (VAS) after JJ stent removal

### **Key secondary outcome(s)**

Cost of each type of stent, including removal, measured using Total Resource Use Index after data collection is complete

### **Completion date**

02/02/2024

**Reason abandoned (if study stopped)**

Participant recruitment issue

## Eligibility

**Key inclusion criteria**

All patients who had a short term (<6 weeks) JJ stent placed, either magnetic or conventional

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Patients aged under 18 years
2. Pregnant women
3. Sheltered patients
4. Patients taking alpha-blockers or anticholinergics

**Date of first enrolment**

01/10/2020

**Date of final enrolment**

02/02/2024

## Locations

**Countries of recruitment**

Ireland

**Study participating centre**

Mercy University Hospital

Grenville Place

Cork

Ireland

T12 WE28

## Sponsor information

**Organisation**

Mercy University Hospital

**ROR**

<https://ror.org/017q2rt66>

## Funder(s)

**Funder type**

Other

**Funder Name**

Investigator initiated and funded

## Results and Publications

**Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study are not expected to be made available.

**IPD sharing plan summary**

Not expected to be made available

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>			04/02/2021	No	Yes
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Protocol file</a>			04/02/2021	No	No