

# A multicentre, double blind, placebo controlled, randomised trial to evaluate the effectiveness of a one-day versus seven-day regimen of nitrofurantoin for the treatment of asymptomatic bacteriuria in pregnancy

**Submission date**

14/12/2007

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

14/12/2007

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

30/12/2020

**Condition category**

Infections and Infestations

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Mrs Mariana Widmer

**Contact details**

World Health Organization

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## Additional identifiers

EudraCT/CTIS number

IRAS number

**ClinicalTrials.gov number**

**Secondary identifying numbers**

A35024

## **Study information**

### **Scientific Title**

A multicentre, double blind, placebo controlled, randomised trial to evaluate the effectiveness of a 1-day versus 7-day regimen of nitrofurantoin for the treatment of asymptomatic bacteriuria in pregnancy

### **Study objectives**

Asymptomatic Bacteriuria (ASB) is defined as the presence of at least 100,000 colony forming units of a urinary pathogen per millilitre in a culture of a midstream urine specimen obtained from an asymptomatic woman on a routine scheduled visit. If this occurs in pregnant women, 20% to 30% of the untreated women may develop pyelonephritis. Of additional concern is the association of low birth weight and preterm delivery with untreated bacteriuria.

### **Hypothesis:**

A one-day regimen of nitrofurantoin (100 mg twice a day) for asymptomatic bacteriuria in pregnant women is as effective as a seven-day regimen for the cure of the condition 14 days later than the first day of treatment.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Ethics approval received from:

1. World Health Organization (WHO) Ethics Review Committee (ERC) on the 24th November 2003
2. Ethics Committee of the Khon Kaen University on the 17th July 2003 (ref: HE460606)
3. Ethical Committee Ministry of Health Vietnam on the 24th April 2003
4. Ethics Review Board of the College of Medicine - University of the Philippines, Manila on the 28th October 2003

### **Study design**

Randomised double blind placebo controlled clinical trial.

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Hospital

### **Study type(s)**

Treatment

## **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Asymptomatic Bacteriuria (ASB)

### **Interventions**

Intervention: one-day regimen of nitrofurantoin (100 mg twice a day)

Control: seven-day regimen of nitrofurantoin (100 mg twice a day)

Contact details for Principal Investigator:

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### **Intervention Type**

Drug

### **Phase**

Not Specified

### **Drug/device/biological/vaccine name(s)**

Nitrofurantoin

### **Primary outcome measure**

Bacteriological cure after the antibiotic treatment based on the result of midstream urine culture 14 days after the initiation of the treatment.

### **Secondary outcome measures**

Incidences of:

1. Pyelonephritis
2. Preterm delivery
3. Low birth weight
4. Side effects

### **Overall study start date**

01/03/2004

### **Completion date**

01/03/2007

## **Eligibility**

### **Key inclusion criteria**

1. Pregnant women with gestational age 12 - 32 weeks
2. Willing and able to give consent

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

900

**Total final enrolment**

778

**Key exclusion criteria**

1. Have any underlying disease, which require continuous steroid and/or antibiotic treatment, e. g. systemic lupus erythematosus, valvular heart disease, etc.
2. Use of any antibiotics during the past one-week
3. Received any treatment for urinary tract infection at any time during the current pregnancy
4. History of nitrofurantoin hypersensitivity
5. Plan not to deliver at the study hospital
6. Any symptoms such as flank pain, dysuria that suggests symptomatic Urinary Tract Infections (UTI)
7. Have any haematological disease including Glucose-6-Phosphate Dehydrogenase deficiency (G6PD)
8. Negative urine dipslide
9. Negative urine culture
10. Positive urine culture but the organism is resistant to Nitrofurantoin

**Date of first enrolment**

01/03/2004

**Date of final enrolment**

01/03/2007

**Locations****Countries of recruitment**

Argentina

Philippines

Switzerland

Thailand

Viet Nam

**Study participating centre**  
**World Health Organization**  
Geneva-27  
Switzerland  
CH-1211

## Sponsor information

**Organisation**  
World Health Organization (WHO) (Switzerland)

**Sponsor details**  
Avenue Appia 20  
Geneva-27  
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+41 (0)22 791 4323  
widmERM@who.int

**Sponsor type**  
Research organisation

**Website**  
<http://www.who.int/reproductive-health/>

**ROR**  
<https://ror.org/01f80g185>

## Funder(s)

**Funder type**  
Research organisation

**Funder Name**  
World Health Organization (WHO) (Switzerland) (ref: A35024)

**Alternative Name(s)**  
, , Всемирная организация здравоохранения, Organisation mondiale de la Santé,  
Organización Mundial de la Salud, WHO, , ВОЗ, OMS

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

International organizations

**Location**

Switzerland

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2009	30/12/2020	Yes	No