The influence of body composition on liver cancer patients undergoing surgery

Submission date	Recruitment status No longer recruiting Overall study status Completed	Prospectively registered		
30/04/2024		☐ Protocol		
Registration date		Statistical analysis plan		
01/05/2024		[X] Results		
Last Edited	Condition category	Individual participant data		
09/06/2025	Cancer			

Plain English summary of protocol

Background and study aims

Stage I/II hepatocellular carcinoma (HCC) is early-stage liver cancer that is localized to the liver and has not spread to other parts of the body. The effect of body composition on stage I/II HCC after surgery is unknown. This study aimed to investigate the impact of low skeletal muscle bulk and disturbed body fat mass on cancer recurrence in stage I/II HCC patients undergoing liver surgery.

Who can participate?

- 1. From 2012 to 2021, all stage I and II HCC patients aged between 18 and 90 years old who received curative liver surgery by the same surgical team at Linkou Chang Gung Memorial Hospital
- 2. Healthy adults aged less than 55 years who had abdominal CT scans

What does the study involve?

Body composition including skeletal muscle mass and body fat volume was measured before surgery with computed tomography (CT scans) in patients with HCC. HCC recurrence outcome was recorded and analyzed. The body composition of healthy adults was also measured with CT scans.

What are the possible benefits and risks of participating? There are no side effects from participating in the study.

Where is the study run from? Linkou Chang Gung Memorial Hospital (UK)

When is the study starting and how long is it expected to run for? February 2021 to July 2023

Who is funding the study?
Linkou Chang Gung Memorial Hospital (UK)

Contact information

Type(s)

Public, Scientific, Principal investigator

Contact name

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Contact details

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

Do low skeletal muscle bulk and disturbed body fat mass impact tumor recurrence in stage I/II hepatocellular carcinoma undergoing surgery?

Study objectives

Body composition may influence stage I and II hepatocellular carcinoma (HCC) undergoing curative surgery.

Ethics approval required

Ethics approval required

Ethics approval(s)

approved 20/01/2021, Institutional review board of Chang Gung Memorial Hospital (No. 199, Dunhua North Road, Taipei, 105, Taiwan; +886 (03)3196200#3709; yjding@cgmh.org.tw), ref: 201901879B0

Study design

Observational cohort study

Primary study design

Observational

Study type(s)

Other

Health condition(s) or problem(s) studied

Hepatocellular carcinoma

Interventions

For preoperative tumor staging, all patients recruited will undergo computed tomography (CT) scans no more than 1 month before liver resection. Parameters of body composition will be acquired from non-contrast CT scans with a 5 mm slice thickness. Indices of body composition will be obtained and correlated with tumor recurrence.

Intervention Type

Other

Primary outcome(s)

Disease-free survival is calculated from the date of surgery to the date of the first documented clinical disease recurrence and is estimated by Kaplan-Meier survival analysis

Key secondary outcome(s))

- 1. Early tumor recurrence, defined as recurrence of the tumor within 2 years of surgery
- 2. Overall tumor recurrence, defined as the occurrence of the tumor after surgery, measured in years

Completion date

31/07/2023

Eligibility

Key inclusion criteria

- 1. Stage I and II HCC patients who received curative liver resection at Linkou Chang Gung Memorial Hospital (CGMH)
- 2. Patients without cancer who received abdominal CT at Linkou Chang Gung Memorial Hospital (CGMH)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

90 years

Sex

All

Total final enrolment

541

Key exclusion criteria

- 1. Patients who lacked critical clinical data or image
- 2. Received concomitant extra-hepatic surgery except for cholecystectomy
- 3. Underwent intra-operative vascular/biliary reconstruction
- 4. History of major operations or trauma within 3 months of liver surgery

Date of first enrolment

01/02/2012

Date of final enrolment

11/01/2021

Locations

Countries of recruitment

Taiwan

Study participating centre Linkou Chang Gung Memorial Hospital

No, 5, Fu Hsing St Taoyuan Taiwan 33305

Sponsor information

Organisation

Linkou Chang Gung Memorial Hospital

ROR

https://ror.org/02dnn6q67

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Chang Gung Memorial Hospital, Linkou

Alternative Name(s)

Linkou Chang Gung Memorial Hospital

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

Taiwan

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated or analyzed during the current study may be available upon request from Chao-Wei Lee (alanchaoweilee@hotmail.com), with the permission of the institution.

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/11/2024	09/06/2025	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes