

# The Danish Cardiovascular Screening Trial (DANCAVAS)

<b>Submission date</b> 11/03/2015	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 21/03/2015	<b>Overall study status</b> Ongoing	<input checked="" type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 14/05/2024	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

The significant increase in the average lifespan has resulted in an increase in medical and community resources needed to manage serious age-related diseases, such as cancer and cardiovascular disease (for example, heart disease and stroke). Routine medical checks by general practitioners are often not sufficient to identify a person developing cardiovascular disease. In this study, we aim to investigate whether advanced cardiovascular screenings will prevent cardiovascular events (such as a heart attack) , and whether the possible health benefits are cost effective.

### Who can participate?

Danish men aged between 65-74 years living in the Island of Fyn, and the communities of Vejle and Silkeborg in Denmark

### What does the study involve?

Participants are randomly allocated into one of two groups. Those in group 1 are invited to attend an advanced cardiovascular screening examination. The screening includes detecting coronary artery disease and aneurysms (via the use of CT scans), blood pressure tests, tests to check heart rhythm and tests to check for high cholesterol levels and diabetes. Biological samples will be performed for biomarker and translational research. Participants in group 2 (control) receive their usual medical care and are not offered an advanced cardiovascular screening examination.

### What are the possible benefits and risks of participating?

For participants in group 1 found to be developing cardiovascular disease, preventive actions, including medical treatment and possibly surgery, will be taken.

### Where is the study run from?

Four hospital sites in the Island of Fyn, Vejle and Silkeborg (Denmark)

### When is the study starting and how long is it expected to run for?

January 2014 to January 2026

Who is funding the study?  
Region of Southern Denmark Research Group

Who is the main contact?  
Professor Jes Lindholt

## Contact information

**Type(s)**  
Public

**Contact name**  
Dr Jes Lindholt

**Contact details**  
Department of Cardiothoracic and Vascular Surgery T  
Odense  
Denmark  
5000

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**  
NCT03946410

**Secondary identifying numbers**  
N/A

## Study information

**Scientific Title**  
The Danish Cardiovascular Screening Trial (DANCAVAS): a large population-based randomized clinical multicenter trial testing combo cardiovascular screening in men aged 65-74 years

**Acronym**  
DANCAVAS

**Study objectives**  
The primary hypothesis is that the offer of an extensive circulatory screening and intervention programme fulfills the WHO criteria for screening especially concerning the significance of the diseases, the treatment benefits, and the cost effectiveness.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**

Southern Denmark Region Committee on Biomedical Research Ethics (S-20140028) and the Data Protection Agency

**Study design**

Randomized, clinical controlled, interventional multicentre trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Screening

**Participant information sheet****Health condition(s) or problem(s) studied**

Cardiovascular disease

**Interventions**

Half of the study participants are randomised to the usual care without any screening (control group), while the other half of participants are invited to a screening and intervention programme that measures traditional risk factors, CAC, aneurysms, and PAD (screening group) and offer general cardiovascular prevention in case of positive finding.

**Intervention Type**

Mixed

**Primary outcome measure**

All cause mortality

**Secondary outcome measures**

1. Costs and cost effectiveness after 3, 5 and 10 years to assess possible health and/or societal benefits of the screening.
2. Nationwide registry based information on health care consumption including contacts to GP and use of drugs, as well as hospital submissions.

**Overall study start date**

01/01/2014

**Completion date**

01/01/2026

**Eligibility****Key inclusion criteria**

Danish men aged 65-74 years old living in the Island of Fyn, and the communities of Vejle and Silkeborg in Denmark.

**Participant type(s)**

All

**Age group**

Senior

**Lower age limit**

65 Years

**Upper age limit**

74 Years

**Sex**

Male

**Target number of participants**

45000

**Total final enrolment**

47322

**Key exclusion criteria**

1. Women
2. Men younger than 65 years

**Date of first enrolment**

01/10/2014

**Date of final enrolment**

01/05/2017

## **Locations**

**Countries of recruitment**

Denmark

**Study participating centre**

**Odense University Hospital**

Sdr. Boulevard 29

5000 Odense C

Denmark

5000

**Study participating centre**

**Vejle Sygehus**  
Kabbeltøft 25  
Vejle  
Denmark  
7100

**Study participating centre**  
**Regionshospitalet Silkeborg**  
Falkevej 3  
Silkeborg  
Denmark  
8600

## Sponsor information

**Organisation**  
The Region of Southern Denmark

**Sponsor details**  
Damhaven 12  
Vejle  
Denmark  
7100

**Sponsor type**  
Government

**ROR**  
<https://ror.org/0290a6k23>

## Funder(s)

**Funder type**  
Not defined

**Funder Name**  
Region of Southern Denmark Research Group (Region Syddanmarks Forskningspulje (Denmark))

## Results and Publications

## Publication and dissemination plan

The entire study population, the controls as well as the screening group, will be monitored for a period of 10 years. The primary efficiency variable is overall mortality, while hospitalisations and deaths from cardiovascular diseases (cerebrovascular, cardiac, aneurysm, or other vascular) are the secondary variables. These endpoints are compared for the two groups using a Cox proportional hazards-regression analysis. The cost-efficiency calculation will be adjusted for the quality of life.

An independent endpoint committee will review registry data on the causes of death and data from the Danish National Patient Register concerning hospital admissions; supplemental data will be requested from hospitals and the GP if needed. The health economics of the screening program will be evaluated with two types of analyses. A trial-based evaluation will be conducted after 5 and 10 years of follow-up, whereas the lifetime perspective on the health economics of the screening will be evaluated in a separate decision analytic model for the men and women. First major publication date is planned for 1st of July 2018

## Intention to publish date

01/07/2018

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	05/12/2015		Yes	No
<a href="#">Results article</a>	results	01/04/2020	06/11/2019	Yes	No
<a href="#">Results article</a>	results	23/01/2020	12/03/2020	Yes	No
<a href="#">Results article</a>	baseline results	27/03/2019	12/08/2021	Yes	No
<a href="#">Results article</a>	results	10/08/2021	12/08/2021	Yes	No
<a href="#">Statistical Analysis Plan</a>	version 6.0	03/01/2022	04/01/2022	No	No
<a href="#">Results article</a>	5-year follow-up	27/08/2022	30/08/2022	Yes	No
<a href="#">Results article</a>	5 year outcomes	13/10/2022	17/01/2023	Yes	No
<a href="#">Statistical Analysis Plan</a>	version 7	17/01/2023	17/01/2023	No	No
<a href="#">Other publications</a>	Post hoc analyses	13/05/2024	14/05/2024	Yes	No