

Is acupuncture effective in improving the course of recovery from depression?

Submission date 30/09/2004	Recruitment status Stopped	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 30/09/2004	Overall study status Stopped	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
Last Edited 08/09/2015	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0266125386

Study information

Scientific Title
Is acupuncture effective in improving the course of recovery from depression?

Study objectives

To determine whether the use of additionally applied acupuncture to known psychoactive points can improve the course of recovery from depression and to determine its acceptability as a treatment.

Updated 08/09/2015: the trial did not go ahead due to changes in staffing affecting the ability to deliver the intervention.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

Single-blind placebo-controlled randomised controlled trial

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Presentation at local level and publication

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/10/2004

Reason abandoned (if study stopped)

Lack of staff/facilities/resources

Eligibility

Key inclusion criteria

Patients between 18-60 attending clinic for first time

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

60 years

Sex

All

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/09/2003

Date of final enrolment

01/10/2004

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Calderdale Royal Hospital

Halifax

United Kingdom

HX3 0PW

Sponsor information**Organisation**

Department of Health

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

South West Yorkshire Mental Health NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes