

# Is acupuncture effective in improving the course of recovery from depression?

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 08/09/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mr Mike Garnham

**Contact details**  
Oakdale Therapy Centre  
Calderdale Royal Hospital  
Halifax  
United Kingdom  
HX3 0PW

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0266125386

## Study information

**Scientific Title**

Is acupuncture effective in improving the course of recovery from depression?

**Study objectives**

To determine whether the use of additionally applied acupuncture to known psychoactive points can improve the course of recovery from depression and to determine its acceptability as a treatment.

Updated 08/09/2015: the trial did not go ahead due to changes in staffing affecting the ability to deliver the intervention.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Other

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Depression

**Interventions**

Single-blind placebo-controlled randomised controlled trial

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Presentation at local level and publication

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/09/2003

**Completion date**

01/10/2004

**Reason abandoned (if study stopped)**

Lack of staff/facilities/resources

## **Eligibility**

**Key inclusion criteria**

Patients between 18-60 attending clinic for first time

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Upper age limit**

60 Years

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/09/2003

**Date of final enrolment**

01/10/2004

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Calderdale Royal Hospital**  
Halifax  
United Kingdom  
HX3 0PW

## Sponsor information

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## Funder(s)

**Funder type**  
Hospital/treatment centre

**Funder Name**  
South West Yorkshire Mental Health NHS Trust (UK)

## Results and Publications

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration