# A study to assess the effects of enobosarm on early breast cancer

Submission date 23/01/2017	<b>Recruitment status</b> No longer recruiting	[X] Prospectively registered		
		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
26/01/2017  Last Edited	Completed  Condition category	Results		
		Individual participant data		
09/01/2023	Cancer	<ul><li>Record updated in last year</li></ul>		

#### Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-of-enobosarm-forwomen-with-early-breast-cancer-emerald

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Carlo Palmeiri

#### Contact details

Department of Molecular and Clinical Cancer Medicine
Institute of Translational Medicine
Faculty of Health and Life Sciences
University of Liverpool
Sherrington Building
Ashton Street
Liverpool
United Kingdom
L69 3GE
+44 151 706 3616
c.palmieri@liv.ac.uk

# Type(s)

**Public** 

#### Contact name

Ms Ediri O'Brien

#### Contact details

Cancer Research UK: Liverpool Cancer Trials Unit Block C Waterhouse Building 1-3 Brownlow Street University of Liverpool Liverpool United Kingdom L69 3GL +44 151 794 8209 emeraldtrial@liverpool.ac.uk

# Additional identifiers

EudraCT/CTIS number

2016-000543-13

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers 31856

# Study information

#### Scientific Title

A window of opportunity study to assess the biological effects of enobosarm in oestrogen receptor positive, androgen receptor positive early breast cancer

#### Acronym

**EMERALD** 

## **Study objectives**

The aim of this study is to determine the effect of enobosarm, a selective androgen receptor modulator, using a "window of opportunity study" in women with early breast cancer.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

North West – Haydock Research Ethics Committee, 28/12/2016, ref: 16/NW/0807

# Study design

Randomised; Interventional; Design type: Treatment, Drug

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Specialty: Cancer, Primary sub-specialty: Breast Cancer; UKCRC code/ Disease: Cancer/ Malignant neoplasm of breast

#### **Interventions**

Current interventions as of 24/09/2018:

Patients are screened, consented and then randomised onto the trial using the LCTUs TARDIS (Treatment Allocation RanDomIsation System) which for EMERALD uses randomly permuted blocks based on stratified lists to a ratio of 3:1 (treatment: standard of care).

Treatment arm: Patients will take 9 mg of enobosarm capsules orally every day for 14 (+4) days, before pre-scheduled surgery/research core biopsy (within 24 hours of last dose). Patients will be followed up for 14 days after surgery/research core biopsy for adverse events. Blood (20 ml or about 4 teaspoons) will be taken at the Baseline Visit (Day 1) and the Tissue Collection Visit (Day 14). The sample from the core biopsy (FFPE block) will be requested to measure Ki67 at baseline and a sample (FFPE block) will be taken from the surgical specimen/research core biopsy specimen.

Standard care arm: Patients will have their pre-scheduled surgery/research core biopsy as planned after 14 (+4) days. Blood (20 ml or about 4 teaspoons) will be taken at the Baseline Visit (Day 1) and the Tissue Collection Visit (Day 14). The sample from the core biopsy (FFPE block) will be requested to measure Ki67 at baseline and a sample (FFPE block) will be taken from the surgical specimen/research core biopsy specimen.

#### Previous interventions:

Patients are screened, consented and then randomised onto the trial using the LCTUs TARDIS (Treatment Allocation RanDomIsation System) which for EMERALD uses randomly permuted blocks based on stratified lists to a ratio of 3:1 (treatment: standard of care).

Treatment arm: Patients will take 9mg of enobosarm capsules orally every day for 14(+4) days, before pre-scheduled surgery (within 24 hours of last dose). Patients will be followed up for 14 days after surgery for adverse events. Blood (20ml or about 4 teaspoons) will be taken at the baseline visit (Day 1), the mid-treatment visit (Day 7) and the surgery visit (Day 14). The sample from the core biopsy (FFPE block) will be requested to measure Ki67 at baseline and a sample (FFPE block) will be taken from the surgical specimen.

Standard care arm: Patients will have their pre-scheduled surgery as planned after 14 (+4) days. Blood (20ml or about 4 teaspoons) will be taken at the baseline visit (Day 1), the mid-treatment visit (Day 7) and the surgery visit (Day 14). The sample from the core biopsy (FFPE block) will be requested to measure Ki67 at baseline and a sample (FFPE block) will be taken from the surgical specimen.

#### Intervention Type

Other

#### **Phase**

Phase II

#### Primary outcome measure

Current primary outcome measure as of 24/09/2018:

Change in the proliferation marker Ki67 (% positive tumour cells) determined by tissue immunohistochemistry at baseline and 2 weeks.

Previous primary outcome measure:

Reduction in the proliferation marker Ki67 (% positive tumour cells) determined by tissue immunohistochemistry at baseline and 2 weeks.

#### Secondary outcome measures

Current secondary outcome measures as of 24/09/2018:

- 1. Amount of cleaved caspase 3 determined by tissue immunohistochemistry at baseline and two weeks
- 2. Expression of PSA, Gross Cystic Disease Fluid Proteins (GCDFP)-24 &-15; PgR, GREB1 by tissue immunohistochemistry at baseline and two weeks
- 3. Amount in serum levels of circulating steroidogenic hormones oestradiol, oestrone, oestrone sulfate, androstenedione, follicle stimulating hormone, luteinizing hormone, DHT, progesterone, sex hormone binding globulin (SHBG) and total testosterone in blood determined by blood assay at baseline and two weeks; free testosterone to be derived from SHBG and total testosterone
- 4. Amount in serum levels of PSA and steroidogenic hormones determined by blood assay at baseline and two weeks

Previous secondary outcome measures:

- 1. Amount of cleaved caspase 3 determined by tissue immunohistochemistry at baseline and two weeks
- 2. Expression of PSA, Gross Cystic Disease Fluid Proteins (GCDFP)-24 &-15; PgR, GREB1 by tissue immunohistochemistry at baseline and two weeks
- 3. Amount in plasma levels of circulating steroidogenic hormones oestradiol, oestrone, oestrone sulfate, androstenedione, follicle stimulating hormone, luteinizing hormone, DHT, progesterone, sex hormone binding globulin (SHBG) and total testosterone in blood determined by blood assay at baseline and two weeks; free testosterone to be derived from SHBG and total testosterone
- 4. Amount in plasma levels of PSA and steroidogenic hormones determined by blood assay at baseline and two weeks

# Overall study start date

11/12/2015

Completion date

31/05/2019

# **Eligibility**

Key inclusion criteria

Current inclusion criteria as of 24/09/2018:

- 1. Females 16 years of age or older
- 2. Histologically confirmed ER positive breast cancer (Allred ≥3)
- 3. AnR positive breast cancer (defined as ≥10% nuclear AnR staining by immunohistochemistry)
- 4. Any HER2 status
- 5. Tumour measuring ≥14 mm in longest diameter by ultrasound (US) examination, MRI or mammogram
- 6. Postmenopausal as defined by one of the following criteria:
- 6.1. Women ≥55 years of age with an intact uterus and amenorrhoea ≥12 months at the time of diagnosis (or documented or current FSH and oestradiol levels within the postmenopausal range (as per local institutional/laboratory standard))
- 6.2. Prior bilateral oophorectomy
- 6.3. Documented or current FSH and oestradiol levels within the postmenopausal range (as per local institutional/laboratory standard) in women aged <55 years or in women who have had a hysterectomy with intact ovaries
- 7. Eastern Cooperative Oncology Group (ECOG) performance status 0, 1 or 2
- 8. Adequate renal function defined by a serum creatinine  $\leq$ 1.5 x ULN. Adequate liver function defined by total bilirubin  $\leq$ 1.5 ULN (patients with Gilbert's Syndrome exempted), either ALT or AST  $\leq$ 2.5 ULN and ALP  $\leq$ 2.5 ULN
- 9. Acceptable risk of bleeding (e.g. bleeding diathesis, warfarin) as assessed by the PI (if the PI is unsure the CI will make the final decision)
- 10. Written informed consent
- 11. Able to comply with treatment and follow up

#### Previous inclusion criteria:

- 1. Females 16 years of age or older
- 2. Histologically confirmed ER positive breast cancer (Allred  $\geq$ 3)
- 3. AnR positive breast cancer (defined as ≥10% nuclear AnR staining by immunohistochemistry)
- 4. Any HER2 status
- 5. Tumour measuring ≥14mm in longest diameter by ultrasound (US) examination, MRI or mammogram
- 6. Postmenopausal as defined by one of the following criteria:
- 6.1. Amenorrhoea >12 months at the time of diagnosis and an intact uterus, with FSH and oestradiol in the postmenopausal ranges
- 6.2. Prior bilateral oophorectomy
- 6.3. FSH and oestradiol levels within the postmenopausal range (as per local practice) in women aged <55 years who have undergone hysterectomy
- 7. Eastern Cooperative Oncology Group (ECOG) performance status 0, 1 or 2
- 8. Adequate renal function defined by a serum creatinine  $\leq$ 1.5 x ULN. Adequate liver function defined by total bilirubin  $\leq$  1.5 ULN (patients with Gilbert's Syndrome exempted), either ALT or AST  $\leq$ 2.5 ULN and ALP  $\leq$ 2.5 ULN
- 9. Acceptable risk of bleeding (e.g. bleeding diathesis, warfarin) as assessed by the PI (and where the PI is unsure the CI)
- 10. Written informed consent
- 11. Able to comply with treatment and follow up

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

**Female** 

#### Target number of participants

Planned Sample Size: 147; UK Sample Size: 147

#### Key exclusion criteria

Current exclusion criteria as of 24/09/2018:

- 1. Inoperable breast cancer
- 2. Males
- 3. Inflammatory tumours
- 4. Evidence of metastatic disease
- 5. Any history of invasive malignancy within 5 years of starting study treatment (other than adequately treated basal cell carcinoma or squamous cell carcinoma of the skin and cervical carcinoma in situ)
- 6. Prior endocrine therapy of chemotherapy for breast cancer
- 7. Concomitant use (defined as use within 12 weeks prior to entry) of HRT or any other oestrogen-containing medication or supplement (including vaginal oestrogens and phytoestrogens)
- 8. Previous use of oestrogen implants within the last 12 weeks
- 9. Uncontrolled abnormalities of serum potassium, sodium, calcium or magnesium levels
- 10. Evidence of uncontrolled active infection
- 11. Evidence of significant medical condition or laboratory finding which, in the opinion of the investigator, makes it undesirable for the patient to participate in the trial
- 12. Participation in a clinical trial of an IMP in the last 30 days

#### Previous inclusion criteria:

- 1. Inoperable breast cancer
- 2. Inflammatory tumours
- 3. Evidence of metastatic disease
- 4. Any history of invasive malignancy within 5 years of starting study treatment (other than adequately treated basal cell carcinoma or squamous cell carcinoma of the skin and cervical carcinoma in situ)
- 5. Evidence of bleeding diathesis
- 6. Prior endocrine therapy of chemotherapy for breast cancer
- 7. Concomitant use (defined as use within 12 weeks prior to entry) of HRT or any other oestrogen-containing medication or supplement (including vaginal oestrogens and phytoestrogens)
- 8. Previous use of oestrogen implants at ANY time
- 9. Uncontrolled abnormalities of serum potassium, sodium, calcium or magnesium levels
- 10. Evidence of uncontrolled active infection
- 11. Evidence of significant medical condition or laboratory finding which, in the opinion of the investigator, makes it undesirable for the patient to participate in the trial
- 12. Participation in a clinical trial of an IMP in the last 30 days

#### Date of first enrolment

01/03/2017

#### Date of final enrolment

28/02/2019

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Cancer Research UK Liverpool Cancer Trials Unit

Block C, Waterhouse Building 1-3 Brownlow Street Liverpool United Kingdom L69 3GL

# Study participating centre Royal Liverpool University Hospital

Prescot Street Liverpool United Kingdom L7 8XP

# Study participating centre University Hospital of South Manchester

Wythenshawe Hospital Southmoor Road Wythenshawe Manchester United Kingdom M23 9LT

# Study participating centre Macclesfield District General Hospital

Victoria Road Macclesfield United Kingdom SK10 3BL

# Study participating centre North Manchester General Hospital

Delaunays Road Manchester United Kingdom M8 5RB

# Study participating centre Clatterbridge Hospital

Wirral University Teaching Hospitals NHS Foundation Trust Clatterbridge Road Bebington Wirral United Kingdom CH63 4JY

# Study participating centre Countess of Chester Hospital NHS Foundation Trust

Bache Hall Chester Health Park Chester United Kingdom CH2 1UL

# Sponsor information

### Organisation

University of Liverpool

# Sponsor details

1-3 Brownlow Street Liverpool England United Kingdom L69 3BX

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/04xs57h96

# Funder(s)

#### Funder type

Charity

#### Funder Name

Cancer Research UK

#### Alternative Name(s)

CR UK, Cancer Research UK - London, CRUK

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Other non-profit organizations

#### Location

United Kingdom

# **Results and Publications**

#### Publication and dissemination plan

Planned publication in a high-impact peer reviewed journal.

#### Intention to publish date

30/11/2019

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request following the process laid out on the LCTU website here or LCTU.org.uk > About the LCTU > Data Sharing.

# IPD sharing plan summary

Available on request

# **Study outputs**

Output type	<b>Details</b> version 6.0	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol file		17/05/2021	09/01/2023	No	No
HRA research summary			28/06/2023	No	No