

# Effects of Hymovis® injections in patients with osteoarthritis of the knee

<b>Submission date</b> 21/01/2015	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 11/02/2015	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 20/06/2019	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

The treatment for osteoarthritis (a disorder in which the joints become painful and stiff) consists of drugs (e.g., for pain relief) and non-drug treatments. Injections of hyaluronans, which are not drugs, into the knee is one of the well accepted standards of care for treating symptomatic knee osteoarthritis. The aim in this preliminary study is to assess the beneficial effect of Hymovis®, an innovative hydrogel formulation obtained from a hyaluronic acid derivative (HYADD4®), on the cartilage (soft bone tissue) of patients with knee osteoarthritis.

### Who can participate?

Patients aged 40–75 years old with symptomatic knee osteoarthritis and

### What does the study involve?

Patients will receive two treatment cycles of Hymovis® at 6 month intervals; each treatment cycle will consist of two intra-articular injections at 1 week intervals. They will have objective measurements of biological and MRI-based imaging markers.

### What are the possible benefits and risks of participating?

A potential benefit for patients is relief of pain associated with knee osteoarthritis. The main risks are pain, swelling or infections due to the injection procedure.

### Where is the study run from?

Centre Hospitalier Universitaire Brugmann (Belgium), Centre Hospitalier Universitaire Liège (Belgium), Hôpital Lariboisière (France) and Centre Hospitalier Régional Metz (France).

### When is the study starting and how long it is expected to run for?

November 2014 to June 2017

### Who is funding the study?

Fidia farmaceutici SpA (Italy)

### Who is the main contact?

Professor Michel Malaise

# Contact information

## Type(s)

Public

## Contact name

Mr Michel Malaise

## ORCID ID

<http://orcid.org/0000-0003-3104-800X>

## Contact details

Centre Hospitalier Universitaire Liège  
Rheumatology  
Domaine Universitaire du Sart Tilman  
Bâtiment B 35  
Liege  
Belgium  
4000

# Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

EQC5.14.02

# Study information

## Scientific Title

Evaluation of the biological and imaging markers of bone and cartilage degradation in patients with knee osteoarthritis receiving intra-articular injections of a hyaluronan derivative Hymovis®: a pilot study

## Study objectives

Hymovis® acts on joints with osteoarthritis by inhibiting the key mechanisms leading to bone and cartilage degradation.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

1. Comité d'Ethique Hospitalier OM 26 (CHU Brugmann), 15/10/2014, Ref.: CE 2014/151
2. Comité d'Ethique Hospitalo-Facultaire Universitaire de Liège, 12/11/2014, 2- Nr. Belge: B707201422130; Ref. 2014/247

3. Comité de Protection des Personnes Ile de France IV, 10/04/2015, Ref. CPP 2015/011
4. Comité d’Ethique Médicale (CHU UCL Mont-Godinne), 22/06/2015, Ref. 43/2015
5. Comité d’Ethique 412 (CHR Citadelle), 17/06/2015, Ref. 1515
6. Agence Nationale de Sécurité du Médicament et des produits de santé, 06/05/2015, ID-RCB : 2015-A00370-49

**Study design**

Open-label multicentre pilot study

**Primary study design**

Interventional

**Secondary study design**

Non randomised study

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Knee osteoarthritis

**Interventions**

1. Each patient will be enrolled in the study for 13 months (nine visits)
2. Patients will receive two treatment cycles of Hymovis® at 6 month intervals; each treatment cycle corresponds to two intra-articular injections at 1 week intervals

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Hymovis

**Primary outcome measure**

Variation in type II collagen-specific biomarkers: levels will be measured at screening visit, follow-up visits after 1 month and 3 months, and last visit after 12 months

**Secondary outcome measures**

1. Variation in biomarkers related to cartilage homeostasis: levels of biomarkers will be measured at the screening visit, follow-up visits after 1 month and 3 months, and at the last visit after 12 months
2. Variation in magnetic resonance imaging (MRI) markers: measured at the screening visit and

after 12 months

3. Variation in pain and function: measured with the visual analogue scale at the screening visit, follow-up visits after 1 month and 3 months, and at the last visit after 12 months
4. Response to treatment: measured with the OMERACT–OARSI (Outcome Measures in Rheumatology–Osteoarthritis Research Society International) set of responder criteria at the screening visit, follow-up visits after 1 month and 3 months, and last visit after 12 months
5. Tolerance and satisfaction: measured with adverse events and drop-off rates at the screening visit, follow-up visits after 1 month and 3 months, and end visit after 12 months

**Overall study start date**

25/11/2014

**Completion date**

30/06/2017

## **Eligibility**

**Key inclusion criteria**

1. Age 40–75 years old
2. Monolateral (unless contralateral knee is grade I and asymptomatic) femorotibial knee osteoarthritis associated or not with femoropatellar knee osteoarthritis
3. Clinical and radiological criteria of the American College of Rheumatology
4. Symptomatic for more than 6 months in the most painful knee
5. Radiological Kellgren and Lawrence grade II or III in radiographs from less than 12 months ago
6. Mean knee pain score of the most painful knee at rest over the past 24 hours on the Visual Analogue Scale (0–100) of at least 40 with a washout period for Paracetamol and oral non-steroidal anti-inflammatory drugs depending on the half-life of the drug
7. Able to follow the instructions of the study
8. Signed an informed consent form

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

50

**Total final enrolment**

46

**Key exclusion criteria**

1. Bilateral (except asymptomatic and grade I) osteoarthritis of the knee
2. Radiological Kellgren and Lawrence grade I or IV
3. Chondromatosis or villonodular synovitis of the knee
4. Recent trauma (<1 month) of the symptomatic knee

5. Acute inflammatory osteoarthritis
6. Articular disease resulting from articular dysplasia, aseptic osteonecrosis, acromegaly, Paget's disease, haemophilia or haemochromatosis
7. Inflammatory disease
8. Pathologies interfering with the evaluation of osteoarthritis
9. Contraindications to Hymovis®: hypersensitivity to the product components and infections or skin diseases in the area of the injection site
10. Anticoagulants (coumarinic compounds) and heparin

**Date of first enrolment**

25/11/2014

**Date of final enrolment**

25/04/2016

## **Locations**

**Countries of recruitment**

Belgium

France

**Study participating centre**

**Centre Hospitalier Universitaire Brugmann**

4 Place A. Van Gehuchten

Brussels

Belgium

1020

**Study participating centre**

**Centre Hospitalier Universitaire Liège**

Domaine Universitaire du Sart Tilman

Batiment B35

Liège

Belgium

4000

**Study participating centre**

**Université Paris 7 Denis Diderot-Hopital Laboriboisiere**

Centre Viggo Petersen Inserm UMR 1132

2 rue Ambroise Paré

Paris

France

75010

**Study participating centre**

**Centre Hospitalier Régional Metz Thionville – Hopital Bel Air**

1 rue Friscaty

Thionville

France

BP 60327 57126

**Study participating centre**

**CHR Citadelle de Lège**

Boulevard du Douzième de Ligne, 1

Liège

Belgium

4000

**Study participating centre**

**CHU UCL Namur - Site Mont-Godinne**

Avenue Docteur Gaston Therasse, 1

Yvoir

Belgium

5530

**Study participating centre**

**Hôpital Edouard Herriot – Prévention des Maladies Osseuses**

5, Place d’Arsenal

Pavillon F

Lyon

France

69003

**Study participating centre**

**Hôpital Nord Franche-Comté - Site de Belfort**

Rue Mulhouse, 14

CS 20 499

Belfort Cedex

France

90016

**Sponsor information**

**Organisation**

Fidia Farmaceutici Spa

**Sponsor details**

Via Ponte della Fabbrica 3/A

Abano Terme

Italy

35031

**Sponsor type**

Research organisation

**ROR**

<https://ror.org/00dy5wm60>

**Funder(s)****Funder type**

Industry

**Funder Name**

Fidia Farmaceutici Spa (Italy)

**Results and Publications****Publication and dissemination plan**

To be published by 24 months from study conclusion

**Intention to publish date**

30/06/2018

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	18/06/2019	20/06/2019	Yes	No