# Venlafaxine and gabapentin for the management of hot flashes in breast cancer survivors: a randomized crossover trial

Submission date Recruitment status [X] Prospectively registered 10/05/2006 No longer recruiting [ ] Protocol Statistical analysis plan Overall study status Registration date 05/06/2006 Completed [X] Results [ ] Individual participant data Last Edited Condition category 27/01/2011 Cancer

Plain English summary of protocol

Not provided at time of registration

## Contact information

Type(s)

Scientific

#### Contact name

Dr Louise Bordeleau

#### Contact details

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## Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

## **Acronym**

Vibrant Study

## Study objectives

We hypothesize that breast cancer survivors will prefer gabapentin over venlafaxine based on perceived lower side effects and equivalent efficacy.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Mount Sinai Hospital Research Ethics Board intial approval on 6th July 2006 (last continued approval is 8th July 2008) (ref: MSH REB # 06-0145-A)

#### Study design

Randomized crossover open-label trial

### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Breast cancer

#### Interventions

Venlafaxine versus gabapentin

#### Intervention Type

Drug

#### **Phase**

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Gabapentin, venlafaxine

## Primary outcome measure

To compare patient preference for venlafaxine versus gabapentin in a randomized crossover single blind trial

## Secondary outcome measures

- 1. To compare hot flash frequency, severity, and composite scores
- 2. To compare quality of life measured using the medical outcomes study-short form 36 (MOS-SF36) and mood measured using the profile of mood states (POMS)
- 3. To compare toxicities
- 4. To correlate patient preferences with standard outcome measurements

## Overall study start date

01/07/2006

## Completion date

01/07/2009

# Eligibility

## Key inclusion criteria

- 1. Women with a history of breast cancer, ductal carcinoma in situ (DCIS), or lobular carcinoma in situ (LCIS) (currently without evidence of malignant disease and who have completed chemotherapy or radiation therapy for 8 weeks)
- 2. Age 18 or above
- 3. Bothersome hot flashes (at least 14 hot flashes per week and of sufficient severity for the patients to desire pharmacologic intervention)
- 4. Presence of hot flashes for at least one month prior to study entry
- 5. Life expectancy of at least six months
- 6. Eastern Cooperative Oncology Group (ECOG) performance status of 0 to 1
- 7. Normal creatinine clearance

## Participant type(s)

Patient

## Age group

Adult

## Lower age limit

18 Years

#### Sex

**Female** 

## Target number of participants

120

#### Key exclusion criteria

- 1. Previous use of venlafaxine or the use of any other antidepressants (including St. John's Wort) within a year prior to study entry
- 2. Current (less than or equal to 2 weeks) or planned use of other agents for the treatment of

#### hot flashes

- 3. Calcium channel antagonist or gabapentin within two weeks of study entry
- 4. Tamoxifen, aromatase inhibitors and gonadotropin-releasing hormone (GnRH) analogues are allowed unless started less than or equal to 4 weeks and or if the plan is to stop these agents during the study period (i.e. 12 weeks)

# Date of first enrolment

01/07/2006

Date of final enrolment 01/07/2009

## Locations

### Countries of recruitment

Canada

Study participating centre 600 University Avenue

Toronto Canada M5G 1X5

# Sponsor information

## Organisation

Canadian Breast Cancer Foundation

## Sponsor details

600 University Avenue Room 1286 Toronto Canada M5C 2N8

## Sponsor type

Charity

#### Website

http://www.cbcf.org/ontario

# Funder(s)

## Funder type

Charity

#### Funder Name

Canadian Breast Cancer Foundation (Canada)

## Alternative Name(s)

Société canadienne du cancer, cancersociety, Canadian Cancer Society (Canada), CCS, SCC

#### **Funding Body Type**

Government organisation

## **Funding Body Subtype**

Associations and societies (private and public)

#### Location

Canada

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	10/12/2010		Yes	No