ISRCTN12245727 https://doi.org/10.1186/ISRCTN12245727

Four year follow-up of a randomised controlled trial of joint protection for people with rheumatoid arthritis (RA)

Submission date
12/07/2002

Recruitment status
No longer recruiting

Registration date
12/07/2002

Overall study status
Completed

Last Edited
02/10/2007

Condition category
Musculoskeletal Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

H0592

Study information

Scientific Title

Study objectives
To evaluate the long-term effects of joint protection on health status of people with early rheumatoid arthritis (RA).

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Rheumatoid arthritis

Interventions
Participants randomly allocated to:
1. Standard Arthritis Education Programme (AEP): 4 x 2 hour weekly programme of education and practical advice delivered by rheumatology team. Education based on standard practice, e. g., information about RA, drugs, exercise, joint protection, relaxation, pain management, benefits, diet.
2. Joint protection educational-behavioural programme: 4 x 2 hour weekly meetings. Specific training on joint protection (approx 5 hour practical). Supported by information pack and patient workbook, goal setting, home programme.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Not provided at time of registration

Secondary outcome measures
Not provided at time of registration

Overall study start date
01/11/1999

Completion date
30/08/2000

Eligibility

Key inclusion criteria
1. Adult patients with diagnosis of rheumatoid arthritis
2. Wrist and or metacarpophalangeal joint disease currently or recently (within previous 6 months) affecting hand function
3. Currently experiencing hand pain on activity
4. Up to 5 years disease duration

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/11/1999

Date of final enrolment
30/08/2000

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Rheumatology
Derby
United Kingdom
DE1 2QY

Sponsor information

Organisation
Arthritis Research Campaign (ARC) (UK)

Sponsor details
Copeman House
St Mary's Court
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Derbyshire
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Sponsor type
Charity

Website
http://www.arc.org.uk

ROR
https://ror.org/02jkpm469

Funder(s)

Funder type
Charity

Funder Name
Arthritis Research Campaign (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/08/2004		Yes	No