

A pilot project to evaluate a nurse-implemented 'Group Protocol' for the management of patients requiring treatment with anti-hypertensive medication

Submission date 12/09/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 12/09/2003	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
Last Edited 21/12/2020	Condition category Circulatory System	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0077117128

Study information

Scientific Title

A pilot project to evaluate a nurse-implemented 'Group Protocol' for the management of patients requiring treatment with anti-hypertensive medication

Study objectives

1. That the implementation of the Southern Derbyshire Acute Hospitals NHS Trust Group Protocol for the treatment of hypertension improves the proportion of patients achieving target levels of blood pressure compared to standard care
2. That the group protocol provides a safe and effective method of managing this group of patients

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Cardiovascular: Hypertension

Interventions

Patients will be randomised to 'usual' care (treatment by their general practitioner) who will be sent a treatment plan or 'Group Directions'.

Patients randomised to the Group Direction will be seen at 2-4 week intervals according to the protocol contained in the Southern Derbyshire Acute Hospitals NHS Trust Group Protocol for the management of anti-hypertensive therapy by specialist nurses. After 6 months the groups will be compared.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Hypertensive medication

Primary outcome(s)

1. The proportion of patients achieving adequate and optimal blood pressure control
2. Treatment satisfaction
3. Safety

Key secondary outcome(s)

Not provided at time of registration

Completion date

02/10/2004

Eligibility

Key inclusion criteria

Patients with hypertension requiring treatment and those on treatment whose blood pressure is not well controlled.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

03/10/2002

Date of final enrolment

02/10/2004

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Southern Derbyshire Acute Hospitals NHS Trust
Derby

United Kingdom
DE1 2QY

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

Southern Derbyshire Acute Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration