

# Epidural and Nerve Root Corticosteroid and Local Anaesthetic Injections for Lumbar Nerve Root Compression

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 14/03/2014	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0199129906

# Study information

## Scientific Title

## Study objectives

To compare efficacy in pain relief

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Spinal stenosis

## Interventions

Randomised, double blind. 50 patients with proplapsed disc, 50 patients with spinal stenosis. Each group randomised into 2 treatment arms (25 in each):

1. Nerve root injection of local anaesthetic and corticosteroid
2. Epidural injection of local anaesthetic and corticosteroid

## Intervention Type

Drug

## Phase

Not Specified

## Drug/device/biological/vaccine name(s)

Epidural and Nerve Root Corticosteroid and Local Anaesthetic Injections

## Primary outcome measure

Pain relief on a visual analogue scale

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

15/01/2003

**Completion date**

31/12/2007

## Eligibility

**Key inclusion criteria**

100 patients with diagnosis of prolapsed disc or spinal stenosis of the lumbar-sacral vertebrae. Unilateral pain radiating from back to below knee lasting 6-28 weeks, with leg pain being greater than back pain.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

100

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

15/01/2003

**Date of final enrolment**

31/12/2007

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Orthopaedic Department**  
Reading  
United Kingdom  
RG1 5AN

## **Sponsor information**

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**  
Government

**Funder Name**  
Royal Berkshire and Battle Hospitals NHS Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration