# Study into the control of blood pressure and antihypertensive medication withdrawal in haemodialysis patients by programmed reduction in dry weight

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
30/09/2005	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
30/09/2005	Completed	Results
Last Edited	Condition category	Individual participant data
07/04/2014	Circulatory System	<ul><li>Record updated in last year</li></ul>

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

## Secondary identifying numbers

N0077114319

# Study information

#### Scientific Title

#### **Study objectives**

Whether or not blood pressure can be controlled safely and effectively with a protocol driven program of dry weight reduction.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Cardiovascular: Hypertension

#### **Interventions**

We propose to study 40 patients currently undergoing chronic haemodialysis in a randomised unblinded prospective fashion.

The first group will have their dry weight adjusted according to need as assessed at every dialysis session by nursing staff, and at monthly consultant review.

The second group will undergo a protocol driven program of dry weight reduction and antihypertensive withdrawal using the dialysis methods outlined above.

The two groups will be assessed for the effectiveness of BP reduction, ultimate reduction in dry weight, inter-dialytic weight gains, adequacy of delivered dialysis, antihypertensive use and frequency and severity of hypotensive (symptomatic or otherwise) events.

#### Intervention Type

#### Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Primary end points:

- 1. The number of patients attaining pre-dialysis BP < 140/90 with partial or total withdrawal of antihypertensive medication.
- 2. Incidence of hypotensive episodes

#### Secondary outcome measures

Secondary end points:

- 1. Correlation between satisfactory pre dialysis BP and 24 hour BP profile
- 2. Patient tolerability (symptoms)

#### Overall study start date

01/04/2005

#### Completion date

01/04/2006

# **Eligibility**

## Key inclusion criteria

Chronic haemodialysis patients

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

40

#### Key exclusion criteria

- 1. Clinical Evidence of fluid overload (peripheral or pulmonary oedema)
- 2. History of major cardiovascular event within the last year (myocardial infarction, CVA and major peripheral vascular disease episodes)
- 3. Patients having either acetate free biofiltration or haemodiafiltration
- 4. History of interdialytic weight gains of greater than 4 kg
- 5. Haemoglobin (Hb) less than 8 g/dl
- 6. Autonomic neuropathy

#### Date of first enrolment

01/04/2005

#### Date of final enrolment

01/04/2006

## Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Derby Hospitals NHS Foundation Trust
Derby
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DE22 3NE

# Sponsor information

## Organisation

Department of Health

## Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

#### Funder type

Government

#### **Funder Name**

# **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration