

# The Renin Angiotensin System in Essential Hypertension

<b>Submission date</b> 29/09/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 11/10/2017	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0236102657

# Study information

## Scientific Title

The Renin Angiotensin System in Essential Hypertension

## Study objectives

To determine and compare the effects of enalapril on sodium balance, atrial pressure and the renin angiotensin aldosterone system in humans.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised crossover trial

## Primary study design

Interventional

## Secondary study design

Randomised cross over trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Cardiovascular: Essential hypertension

## Interventions

Randomised crossover trial

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

This research is based on the increasing evidence that blockade of the renin-angiotensin-aldosterone system has benefits additional to a fall in blood pressure. There are two major ways of blocking the renin-angiotensin system (RAS), either by inhibiting the enzyme that generates

angiotensin II or by blocking the angiotensin receptor, that medicates most of the actions of angiotensin II on its target tissues.

The original and existing aim of this study is to compare the effects of enalapril, an angiotensin converting enzyme inhibitor, against candesartan, a potent and specific angiotensin II receptor blocker, in both normotensive and hypertensive subjects on a normal and moderate sodium restricted diet. Assessment of the contribution of the RAS to blood pressure control and of the mechanism whereby blood pressure falls, will provide important information about the maintenance of blood pressure.

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

03/12/2001

### **Completion date**

30/09/2005

## **Eligibility**

### **Key inclusion criteria**

11 subjects and 11 controls

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Sex**

Not Specified

### **Target number of participants**

22

### **Key exclusion criteria**

Does not meet inclusion criteria

### **Date of first enrolment**

03/12/2001

### **Date of final enrolment**

30/09/2005

## **Locations**

### **Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**St George's Hospital Medical School**  
London  
United Kingdom  
SW17 0RE

## **Sponsor information**

### **Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

### **Sponsor details**

The Department of Health, Richmond House, 79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

### **Sponsor type**

Government

### **Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

### **Funder type**

Hospital/treatment centre

### **Funder Name**

St George's Healthcare NHS Trust (UK)

### **Funder Name**

No External Funding

### **Funder Name**

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration