# Effectiveness of patient support programme for the treatment of hepatitis C

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
03/05/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
02/06/2006	Completed	Results
Last Edited	Condition category	Individual participant data
25/09/2009	Infections and Infestations	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Shin-Hai Tsai

#### Contact details

Number 250 Wu-Xing Street TAIPEI Taiwan 110

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

Scientific Title

# Study objectives

Since there is no hepatitis C vaccine available for primary prevention, health education is the most important control strategy in containing the impact of hepatitis C. The hypothesis of this study is that effective patient support programs could improve the compliance to treatment and outcome of hepatitis C patients.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

The institutional review board approved the protocol and all patients provided a written informed consent. The date and reference number of ethical approval for our trial is 10/10/2004 and F-950208.

# Study design

Interventional randomised controlled study

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

## Study type(s)

Treatment

#### Participant information sheet

# Health condition(s) or problem(s) studied

Chronic hepatitis C

#### **Interventions**

All patients who met these criteria randomly chose to be serviced in either of the following two groups:

Group 1 with public health nurse consultation in the outpatient clinic.

Group 2 was offered phone consultation via a health communication center whenever patients needed. Trained healthcare professionals including four nurses and one physician backup at the communication center made a series of structured, scheduled supportive phone calls to patients throughout their treatment period. Additional support was offered to patients to call the healthcare professionals at any time if they have questions. Treating physicians were notified periodically by the health communication center through built-in standardized reminder forms.

All patients were treated with standard therapy. Patients were followed up for 72 weeks. Demographic, laboratory, adverse events, dropout rate and cost data were collected and analyzed.

# Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Sustained virologic response (absence of detectable HCV RNA at the end of follow-up with PCR assay)

#### Secondary outcome measures

- 1. Serum alanine aminotransferase
- 2. Aspartate aminotransferase
- 3. Dropout rate (the number of patients who discontinued treatment prematurely or were lost to follow-up)

# Overall study start date

01/01/2004

## Completion date

30/06/2005

# **Eligibility**

# Key inclusion criteria

Adult patients who have never received interferon and who had at least 2000 copies of HCV ribonucleic acid per ml (RNA/ml) of serum with polymerase chain reaction (PCR) assay, serum aspartate aminotransferase (AST) above the upper limit of normal within six months before entry into study and a liver biopsy result consistent with the diagnosis of chronic hepatitis C.

# Participant type(s)

Patient

# Age group

Adult

#### Sex

Both

# Target number of participants

500

# Key exclusion criteria

Patients with:

- 1. Neutropenia (<1500/ml of neutrophils)
- 2. Anemia (Hb <12g/dl of hemoglobin)
- 3. Thrombocytopenia (platelet <90000/ml)
- 4. Human immunodeficiency virus (HIV) infection
- 5. Decompensated liver disease
- 6. Serum creatinine >1.5 times the upper limit of normal

- 7. Poorly-controlled psychiatric disease
- 8. Unwilling to receive contraception

# Date of first enrolment

01/01/2004

## Date of final enrolment

30/06/2005

# Locations

#### Countries of recruitment

Taiwan

# Study participating centre Number 250 Wu-Xing Street

TAIPEI Taiwan 110

# Sponsor information

# Organisation

Department of Health (Taiwan)

# Sponsor details

Number 100 Aiguo E. Road Jhongjheng District Taipei Taiwan 10092

## Sponsor type

Government

#### Website

http://www.doh.gov.tw

#### ROR

https://ror.org/0225asj53

# Funder(s)

# Funder type

Government

## Funder Name

Department of Health (Taiwan) (ref: DOH94-TD-B-111-002)

#### Funder Name

National Health Research Institute (Taiwan) (ref: NHRI-EX95-9106PN)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration