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# Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

| Submission date | Recruitment status | [ ] Prospectively registered |
|---|---|---|
| 30/09/2004 | No longer recruiting | [ ] Protocol |
| Registration date | Overall study status | [ ] Statistical analysis plan |
| 30/09/2004 | Completed | [ ] Results |
| Last Edited | Condition category | [ ] Individual participant data |
| 19/09/2016 | Circulatory System | [ ] Record updated in last year |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

### ClinicalTrials.gov number

### Secondary identifying numbers
N0051127202

# Study information

### Scientific Title
Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

### Study objectives
To establish what type of exercise training best improves measures of functional capacity and quality of life in patients with Chronic Heart Failure (CHF).

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Study design
Randomised controlled trial

### Primary study design
Interventional

### Secondary study design
Randomised controlled trial

### Study setting(s)
Hospital

### Study type(s)
Quality of life

### Participant information sheet
Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied
Cardiovascular: congestive heart failure (CHF)

### Interventions
Randomised controlled trial

### Intervention Type
Other

### Phase

Not Applicable

### Primary outcome measure
Development of a combined exercise programme should be established for CHF patients

### Secondary outcome measures
Not provided at time of registration

### Overall study start date
01/06/2003

### Completion date
30/03/2005

## Eligibility

### Key inclusion criteria
Thirty eligible patients with stable chronic heart failure

### Participant type(s)
Patient

### Age group
Adult

### Sex
Both

### Target number of participants
30

### Key exclusion criteria
Does not match inclusion criteria

### Date of first enrolment
01/06/2003

### Date of final enrolment
30/03/2005

## Locations

### Countries of recruitment
England

United Kingdom

### Study participating centre

**Brighton & Sussex University Hospitals NHS Trust (RSCH)**
Brighton
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BN2 5BE

# Sponsor information

**Organisation**
Department of Health

**Sponsor details**
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

**Sponsor type**
Government

**Website**
http://www.dh.gov.uk/Home/fs/en

# Funder(s)

**Funder type**
Hospital/treatment centre

**Funder Name**
Brighton and Sussex University Hospitals NHS Trust (UK)

# Results and Publications

**Publication and dissemination plan**
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration