

Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
Last Edited 19/09/2016	Condition category Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0051127202

Study information

Scientific Title

Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

Study objectives

To establish what type of exercise training best improves measures of functional capacity and quality of life in patients with Chronic Heart Failure (CHF).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Cardiovascular: congestive heart failure (CHF)

Interventions

Randomised controlled trial

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Development of a combined exercise programme should be established for CHF patients

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/03/2005

Eligibility

Key inclusion criteria

Thirty eligible patients with stable chronic heart failure

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/06/2003

Date of final enrolment

30/03/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Brighton & Sussex University Hospitals NHS Trust (RSCH)

Brighton

United Kingdom

BN2 5BE

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Brighton and Sussex University Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes