

# Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 19/09/2016	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N0051127202

## **Study information**

### **Scientific Title**

Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

### **Study objectives**

To establish what type of exercise training best improves measures of functional capacity and quality of life in patients with Chronic Heart Failure (CHF).

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Hospital

### **Study type(s)**

Quality of life

### **Participant information sheet**

Not available in web format, please use contact details to request a participant information sheet

### **Health condition(s) or problem(s) studied**

Cardiovascular: congestive heart failure (CHF)

### **Interventions**

Randomised controlled trial

### **Intervention Type**

Other

### **Phase**

Not Applicable

**Primary outcome measure**

Development of a combined exercise programme should be established for CHF patients

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/06/2003

**Completion date**

30/03/2005

## **Eligibility**

**Key inclusion criteria**

Thirty eligible patients with stable chronic heart failure

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

30

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/06/2003

**Date of final enrolment**

30/03/2005

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Brighton & Sussex University Hospitals NHS Trust (RSCH)**

Brighton

United Kingdom

BN2 5BE

## **Sponsor information**

### **Organisation**

Department of Health

### **Sponsor details**

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

### **Funder type**

Hospital/treatment centre

### **Funder Name**

Brighton and Sussex University Hospitals NHS Trust (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration