# Antioxidants in the risk of cardiovascular disease

Submission date 23/10/2009	<b>Recruitment status</b> No longer recruiting	
Registration date	<b>Overall study status</b> Completed	[ [X
Last Edited 11/10/2011	<b>Condition category</b> Circulatory System	

] Prospectively registered

- ] Protocol
- ] Statistical analysis plan
- K] Results
- ] Individual participant data

#### Plain English summary of protocol

Not provided at time of registration

### **Contact information**

**Type(s)** Scientific

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#### **Contact details**

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### Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 1

## Study information

Scientific Title

An observational cross-sectional cohort study of the protective role of antioxidants against oxidative stress and inflammation in patients with a risk of cardiovascular disease

#### Acronym

AOCARD

#### **Study objectives**

There is a link between plasma concentrations of beta-carotene and alpha-tocopherol, the level of systemic inflammation and oxidative stress in patients with advanced coronary artery disease. Our presumption is that beta-carotene and alpha-tocopherol both hold protective roles against oxidative stress and inflammation.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Hospital Ethical Committee on Human Research of Regional Hospital of Pardubice, Czech Republic approved on the 12th May 2006

#### **Study design** Observational cross-sectional cohort study

**Primary study design** Observational

### Secondary study design

Cross-section survey

Study setting(s) Hospital

Study type(s) Prevention

#### Participant information sheet

#### Health condition(s) or problem(s) studied Coronary artery disease

### Interventions

Patients diagnosed with non-acute coronary angiography for chest pain will be entered into the study in one of two groups: Group 1: significant stenosis of coronary arteries

Group 2: patients without any stenosis

Venous blood was obtained under standard conditions, from 7 to 8 am after fasting for at least 12 hours. For the determination of beta-carotene, alpha-tocopherol and malondialdehyde concentrations, blood was collected in tubes with ethylenediaminetetraacetic acid (EDTA)

covered with aluminium foil to avoid carotenoid oxidation and polymerisation by oxygen and light. Plasma was obtained by centrifugation of the blood samples at 1500 g for 20 minutes and immediately stored at -80°C in 1.5 ml amber polypropylene tubes.

A questionnaire was also provided for the evaluation of pharmacotherapy, intake of nutrition or vitamin supplements, smoking or other diseases such as hypertension or diabetes.

#### Intervention Type

Other

**Phase** Not Applicable

#### Primary outcome measure

Measured from standard venous blood collection (see interventions section):

- 1. Beta-carotene
- 2. Alpha-tocopherol
- 3. Malondialdehyde
- 4. Free radicals
- 5. High sensitivity c-reactive protein (hsCRP)
- 6. Interleukin-6 (IL-6)

#### Secondary outcome measures

Measured from standard venous blood collection (see interventions section):

- 1. High density lipoprotein (HDL)-cholesterol
- 2. Low density lipoprotein (LDL)-cholesterol
- 3. Triglycerides
- 4. Total cholesterol
- 5. Glucose
- 6. Fibrinogen
- 7. Ceruloplasmin
- 8. Albumin
- 9. Transferrin
- 10. Haemoglobin

Overall study start date 01/09/2008

Completion date 30/06/2009

# Eligibility

#### Key inclusion criteria

Participants were recruited from the Department of Cardiology, Regional Hospital of Pardubice.

#### Group 1:

- 1.1. Both males and females, aged 45 69 years
- 1.2. Patients with non-acute chest pain
- 1.3. Significant stenosis (coronary angiography)

#### Group 2:

2.1. Both males and females, aged 45 - 69 years

2.2. Patients with non-acute chest pain

2.3. No stenosis (coronary angiography)

#### Participant type(s)

Patient

#### Age group

Adult

**Sex** Both

**Target number of participants** 140

#### Key exclusion criteria

Renal, hepatic or oncologic disease
 Intake of vitamin and nutrition supplements

# Date of first enrolment 01/09/2008

Date of final enrolment 30/06/2009

### Locations

**Countries of recruitment** Czech Republic

**Study participating centre University of Pardubice** Pardubice Czech Republic 532 10

### Sponsor information

**Organisation** Regional Hospital of Pardubice (Czech Republic)

Sponsor details

Kyjevska 44 Pardubice Czech Republic 530 02

**Sponsor type** Hospital/treatment centre

Website http://www.nemocnice-pardubice.cz/

**ROR** https://ror.org/01a5ke137

### Funder(s)

**Funder type** Government

**Funder Name** Ministry of Education, Youth and Sports (Czech Republic) (ref: CR grant COST 926 OC 124; 0021627502)

**Alternative Name(s)** The Ministry of Education, Youth and Sports, MŠMT, MŠMT, MEYS

**Funding Body Type** Government organisation

Funding Body Subtype National government

**Location** Czech Republic

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2010		Yes	No