# Antioxidants in the risk of cardiovascular disease

Submission date Recruitment status Prospectively registered 23/10/2009 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 19/11/2009 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 11/10/2011 Circulatory System

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Vladimira Muzakova

#### Contact details

University of Pardubice Studentska 573 Pardubice Czech Republic 532 10

# Additional identifiers

Protocol serial number

1

# Study information

#### Scientific Title

An observational cross-sectional cohort study of the protective role of antioxidants against oxidative stress and inflammation in patients with a risk of cardiovascular disease

#### **Acronym**

**AOCARD** 

## **Study objectives**

There is a link between plasma concentrations of beta-carotene and alpha-tocopherol, the level of systemic inflammation and oxidative stress in patients with advanced coronary artery disease. Our presumption is that beta-carotene and alpha-tocopherol both hold protective roles against oxidative stress and inflammation.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Hospital Ethical Committee on Human Research of Regional Hospital of Pardubice, Czech Republic approved on the 12th May 2006

## Study design

Observational cross-sectional cohort study

## Primary study design

Observational

## Study type(s)

Prevention

## Health condition(s) or problem(s) studied

Coronary artery disease

#### Interventions

Patients diagnosed with non-acute coronary angiography for chest pain will be entered into the study in one of two groups:

Group 1: significant stenosis of coronary arteries

Group 2: patients without any stenosis

Venous blood was obtained under standard conditions, from 7 to 8 am after fasting for at least 12 hours. For the determination of beta-carotene, alpha-tocopherol and malondialdehyde concentrations, blood was collected in tubes with ethylenediaminetetraacetic acid (EDTA) covered with aluminium foil to avoid carotenoid oxidation and polymerisation by oxygen and light. Plasma was obtained by centrifugation of the blood samples at 1500 g for 20 minutes and immediately stored at -80°C in 1.5 ml amber polypropylene tubes.

A questionnaire was also provided for the evaluation of pharmacotherapy, intake of nutrition or vitamin supplements, smoking or other diseases such as hypertension or diabetes.

## Intervention Type

Other

#### Phase

Not Applicable

## Primary outcome(s)

Measured from standard venous blood collection (see interventions section):

- 1. Beta-carotene
- 2. Alpha-tocopherol
- 3. Malondialdehyde

- 4. Free radicals
- 5. High sensitivity c-reactive protein (hsCRP)
- 6. Interleukin-6 (IL-6)

## Key secondary outcome(s))

Measured from standard venous blood collection (see interventions section):

- 1. High density lipoprotein (HDL)-cholesterol
- 2. Low density lipoprotein (LDL)-cholesterol
- 3. Triglycerides
- 4. Total cholesterol
- 5. Glucose
- 6. Fibrinogen
- 7. Ceruloplasmin
- 8. Albumin
- 9. Transferrin
- 10. Haemoglobin

## Completion date

30/06/2009

# Eligibility

#### Key inclusion criteria

Participants were recruited from the Department of Cardiology, Regional Hospital of Pardubice.

## Group 1:

- 1.1. Both males and females, aged 45 69 years
- 1.2. Patients with non-acute chest pain
- 1.3. Significant stenosis (coronary angiography)

#### Group 2:

- 2.1. Both males and females, aged 45 69 years
- 2.2. Patients with non-acute chest pain
- 2.3. No stenosis (coronary angiography)

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

Adult

#### Sex

All

## Key exclusion criteria

- 1. Renal, hepatic or oncologic disease
- 2. Intake of vitamin and nutrition supplements

## Date of first enrolment

01/09/2008

### Date of final enrolment

30/06/2009

## Locations

#### Countries of recruitment

Czech Republic

# Study participating centre University of Pardubice

Pardubice Czech Republic 532 10

# Sponsor information

## Organisation

Regional Hospital of Pardubice (Czech Republic)

### **ROR**

https://ror.org/01a5ke137

# Funder(s)

## Funder type

Government

#### **Funder Name**

Ministry of Education, Youth and Sports (Czech Republic) (ref: CR grant COST 926 OC 124; 0021627502)

#### Alternative Name(s)

The Ministry of Education, Youth and Sports, MŠMT, MŠMT, MEYS

### **Funding Body Type**

Government organisation

## **Funding Body Subtype**

National government

## Location

Czech Republic

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/12/2010   |            | Yes            | No              |