

# A randomised phase III trial of docetaxel plus prednisolone vs docetaxel with prednisolone plus either zoledronic acid, strontium-89 or both agents combined

<b>Submission date</b> 24/08/2005	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 08/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 24/03/2022	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<http://www.cancerhelp.org.uk/trials/a-trial-looking-at-docetaxel-zoledronic-acid-and-strontium-89-for-prostate-cancer-that-has-spread-to-the-bones>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

Clinical Trials Information System (CTIS)

2004-002295-41

**ClinicalTrials.gov (NCT)**

NCT00554918

**Protocol serial number**

HTA 06/303/205; PR2100

## Study information

### Scientific Title

A randomised phase III trial of docetaxel plus prednisolone vs docetaxel with prednisolone plus either zoledronic acid, strontium-89 or both agents combined (TRAPEZE)

### Acronym

TRAPEZE

### Study objectives

Study aim: To compare the efficacy and safety of the four clinical trial arms in the treatment of hormone refractory prostate cancer (HRPC0 patients).

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

South West Research Ethics Committee, 09/11/2004, ref: 04/MRE06/48

### Study design

Phase III randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Prostate cancer

### Interventions

Current interventions as of 15/01/2009:

1. Docetaxel (Taxotere®) 75 mg/m<sup>2</sup> as a one hour intravenous infusion every 3 weeks for a maximum of 6 cycles.
2. Docetaxel (Taxotere®) as a one hour intravenous infusion every 3 weeks for a maximum of 6 cycles with Zoledronic acid (Zometa®) every 3 weeks. Zoledronic acid will then continue alone every 4 weeks until you or your doctor wishes to discontinue it.
3. Docetaxel (Taxotere®) as a one hour intravenous infusion every 3 weeks for a maximum of 6 cycles and one treatment of Strontium-89 given 28 days after the last dose of Docetaxel (Taxotere) as a short intravenous injection.
4. Docetaxel (Taxotere®) as a one hour intravenous infusion every 3 weeks for a maximum of 6 cycles, followed by one treatment of Strontium-89 given 28 days later. Zoledronic acid

(Zometa®) will be given every 3 weeks throughout the treatment. Zoledronic acid will then continue alone every 4 weeks until you or your doctor wishes to discontinue it.

As part of the main treatment the participants will also be given steroid tablets (prednisolone) to take during the course of treatment with docetaxel. In addition they will receive extra steroid tablets (dexamethasone) for a few days around each infusion of chemotherapy to decrease the potential side effects of docetaxel (allergic reactions and fluid retention).

Previous interventions:

A randomised phase II feasibility study of Docetaxel (Taxotere) plus Prednisolone versus Docetaxel (Taxotere) plus Prednisolone plus Zoledronic acid (Zometa) versus Docetaxel (Taxotere) plus Prednisolone plus Strontium-89 versus Docetaxel (Taxotere) plus Prednisolone plus Zoledronic acid (Zometa) plus Strontium-89 in Hormone Refractory Prostate Cancer metastatic to bone

### **Intervention Type**

Drug

### **Phase**

Phase III

### **Drug/device/biological/vaccine name(s)**

Docetaxel (Taxotere®), prednisolone, zoledronic acid (Zometa®), strontium-89

### **Primary outcome(s)**

Current primary outcome measures as of 15/01/2009:

The following will be assessed every month for the first three months and then every three months until death:

1. Toxicity and tolerability of docetaxel + synchronous zoledronic acid (Zometa®)
2. Toxicity and tolerability of docetaxel + sr-89
3. Toxicity and tolerability of docetaxel + synchronous zoledronic acid (Zometa®) + Sr-89

Previous primary outcome measures:

1. Toxicity and Tolerability of Docetaxel + Synchronous Zoledronic acid (Zometa)
2. Toxicity and tolerability of Docetaxel + Sr-89
3. Toxicity and tolerability of Docetaxel + synchronous Zoledronic acid (Zometa) + Sr-89

### **Key secondary outcome(s)**

1. Health care economic analysis
2. Changes in bone mineral density
3. Biological profiling for prognostic and predictive indicators

### **Completion date**

01/03/2016

## **Eligibility**

### **Key inclusion criteria**

1. Age >18 years
2. Histologically/cytologically proven prostate cancer or multiple sclerotic bone metastases with prostate specific antigen (PSA) >100 ng/ml without histological confirmation

3. Radiological evidence of bone metastasis
4. Prior hormonal therapy for prostate cancer, resulting in serum testosterone <50 ng/dl: bilateral orchidectomy, and/or medical castration by LHRH agonist therapy
5. Documented disease progression, defined by one of the following: elevated PSA (progressive rise) and/or progression of any unidimensionally or bidimensionally measurable malignant lesion at least one new lesion identified on bone scan
7. Life expectancy >3 months
8. Eastern Cooperative Oncology Group (ECOG) performance status 0-2
9. Adequate haematological function
10. Adequate renal and hepatic function
11. Written Informed Consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Male

**Key exclusion criteria**

1. Prior cytotoxic chemotherapy for HRPc, other than estramustine monotherapy
2. Prior radiotherapy to more than 25% of the bone marrow or whole pelvic irradiation
3. Prior radionuclide therapy for HRPc
4. Prior treatment with a bisphosphonate for any reason within previous 2 months
5. Malignant disease within the previous 5 years, other than adequately treated basal cell carcinoma
6. Known brain or leptomeningeal metastases
7. Symptomatic peripheral neuropathy >grade 2 (NCI CTC)
8. Known hypersensitivity to bisphosphonates
9. Concurrent enrolment in any other investigational clinical trial
10. Treatment with any other investigational compound within previous 30 days
11. Any condition, which, in the opinion of the investigator, might interfere with the safety or evaluation of the study objectives

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

19/07/2013

**Locations**

**Countries of recruitment**

United Kingdom

England

Scotland

Wales

**Study participating centre**

**The Queen Elizabeth Hospital**

Edgbaston

Birmingham

United Kingdom

B15 2TH

**Study participating centre**

**Edinburgh Cancer Centre**

Western General Hospital

Crewe Road

Edinburgh

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EH4 2XU

**Study participating centre**

**Christie Hospital NHS Trust**

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**Study participating centre**

**The Royal Marsden Hospital**

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Sutton

United Kingdom

SM2 5PT

**Study participating centre**

**The Royal Marsden Hospital**

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**Study participating centre**  
**Beatson West of Scotland Cancer Centre**  
1053 Great Western Road  
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G12 0YN

**Study participating centre**  
**Aberdeen Royal Infirmary**  
Foresterhill  
Aberdeen  
United Kingdom  
AB25 2ZN

**Study participating centre**  
**Wishaw General Hospital**  
50 Netherton Street  
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United Kingdom  
ML2 0DP

**Study participating centre**  
**Cheltenham General Hospital**  
Sandford Road  
Cheltenham  
United Kingdom  
GL53 7AN

**Study participating centre**  
**Gloucester Royal Hospital**  
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Gloucester  
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GL1 3NN

**Study participating centre**  
**University Hospital Ayr**  
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KA6 6DX

**Study participating centre**  
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**Study participating centre**  
**Queen Alexandra Hospital**  
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**Study participating centre**  
**Velindre Hospital**  
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CF14 2TL

**Study participating centre**  
**Maidstone Hospital**  
Hermitage Lane  
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**Study participating centre**  
**St James' University Hospital**  
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LS9 7TF

**Study participating centre**  
**Royal Albert Edward Infirmary**  
Wigan Lane  
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United Kingdom  
WN1 2NN

**Study participating centre**  
**Southampton University Hospital**  
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SO16 6YD

**Study participating centre**  
**Weston General Hospital**  
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**Study participating centre**  
**Dorset County Hospital**  
Williams Avenue  
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**Study participating centre**  
**Forth Valley Royal Hospital**  
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FK5 4WR

**Study participating centre**

**Royal Bournemouth Hospital**

Castle Lane East  
Bournemouth  
United Kingdom  
BH7 7DW

**Study participating centre**

**Poole Hospital**

Longfleet Road  
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United Kingdom  
BH15 2JB

**Study participating centre**

**Royal Free Hospital**

Pond Street  
London  
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**Study participating centre**

**Huddersfield Royal Infirmary**

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Huddersfield  
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**Study participating centre**

**Bradford Royal Infirmary**

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**Study participating centre**

**Royal Derby Hospital**

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**Study participating centre****Royal Preston Hospital**

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**Study participating centre****Calderdale Royal Hospital**

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## Sponsor information

**Organisation**

University of Birmingham (UK)

**ROR**

<https://ror.org/03angcq70>

## Funder(s)

**Funder type**

Government

**Funder Name**

Health Technology Assessment Programme

**Alternative Name(s)**

NIHR Health Technology Assessment Programme, Health Technology Assessment (HTA), HTA

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be stored in a publically available repository. Repository: European Medicines Agency (EMA)'s European Clinical Trials Database, EudraCT V10.

URL : <https://eudract.ema.europa.eu/>

## IPD sharing plan summary

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2016		Yes	No
<a href="#">Results article</a>	results	01/07/2016		Yes	No
<a href="#">Results article</a>	results	01/04/2017		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Plain English results</a>			24/03/2022	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes