ISRCTN12814243 https://doi.org/10.1186/ISRCTN12814243

Self-help parent-training for conduct problems in children

Submission date	Recruitment status	[ ] Prospectively registered
04/02/2005	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
26/06/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
18/03/2008	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Study website
http://www.apsoc.ox.ac.uk/EBIG.html

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

NCT00299442

Secondary identifying numbers
05/Q1606/57

Study information

Scientific Title

Study objectives
Children in the treatment group will show significantly fewer behavioural problems than children in the control group at post-treatment and six-month follow-up as measured by parent and teacher report.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by National Health Service (NHS) Oxfordshire Research Ethics Committee C, reference number 05/Q1606/57.

Study design
Randomised, controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Behavioural problems in children

Interventions
Please note that, as of 18/03/2008, the anticipated end date was updated from 01/10/2007 to 31 /08/2008.

This project will introduce a self-help parent-training programme for families on NHS waiting lists for child mental health services. It will examine whether access to treatment can be increased by providing an intervention that requires fewer resources and by releasing clinician time for more serious cases. This intervention will be tested in a randomised, controlled trial in

which 35 subjects will receive treatment and 35 will not. All families will also complete questionnaires before and after treatment in order to measure changes in child behaviour, parenting, and parental-mental health. Cost-effectiveness of this programme will also be analysed. Intention-to-treat analyses will be conducted.

The control group will receive the self-help intervention after the intervention group completes their post-treatment outcome assessments. The treatment intervention is a self-help version of the Triple P parenting programme and will consist of six parent-training videos and a workbook that will be divided into 10 weeks of treatment, to be completed at home by the families. This intervention is based on social learning theory and provides information about preschoolers' development, promoting acceptable behaviour and responding to unacceptable behaviour in effective ways, promoting children's self-esteem and coping with stress. The control group will receive no treatment during this period.

Both groups will remain on the waiting list for treatment in a clinic and will commence that treatment if they still wish to do so when they reach the end of the waiting list, regardless of their position in the trial.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Child behaviour problems as measured by parent's report and teacher's report post-treatment and at six-month follow-up

Secondary outcome measures
1. Utilisation of mental health services after treatment
2. Parental mental health
3. Parents' sense of competence in parenting
4. Parent's self-report of parenting practices
5. Families' satisfaction with treatment
6. Parent report of parental relationship quality

Overall study start date
01/04/2006

Completion date
31/08/2008

Eligibility

Key inclusion criteria
Families with children aged 2-5, on the waiting lists of child and adolescent mental health service clinics, and scores in the clinical range on the standardised measure of child behavioural problems. At least one parent in each family must be literate and a fluent English speaker to participate because the self-administered intervention will primarily consist of written instructions and information in English.

Participant type(s)
Patient

Age group
Child

Lower age limit
2 Years

Upper age limit
5 Years

Sex
Both

Target number of participants
70 (100 subjects will be recruited to allow for dropout)

Key exclusion criteria
1. Clients whose children score below a clinical cut-off score on a standardised measure of child behaviour problems. This is to ensure that participants are appropriate for an intervention aiming to reduce behaviour problems.
2. Non-English speakers or those who are unable to read cannot be included because reading English is required to complete the self-administered intervention
3. Children or parents with severe disabilities and children with a developmental disorder (e.g. autism) will be excluded because the version of the parent-training programme that will be implemented is not designed for families with these types of problems
4. Children who live with a temporary carer will be excluded because the intervention is designed for full-time parents and follow-up will be after one year
5. Children or parents who are currently receiving treatment for psychological problems will be excluded because outcomes may be influenced by interventions not affiliated with this project

Date of first enrolment
01/04/2006

Date of final enrolment
31/08/2008

Locations

Countries of recruitment
England

United Kingdom

Study participating centre

University of Oxford
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Sponsor information

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Sponsor type
University/education

ROR
https://ror.org/052gg0110

Funder(s)

Funder type
University/education

Funder Name
University of Oxford Research Development Fund and Oxfordshire Health Services Research Committee (OHSRC) Grant

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results:	25/01/2006		Yes	No