

# Quality of life in head and neck cancer follow-up clinics

<b>Submission date</b> 09/08/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 02/09/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 17/05/2017	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-study-looking-new-ways-supporting-people-after-treatment-cancers-mouth-throat-voice-box-quench>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N/A

## Study information

Scientific Title

# Quality of life driven consultations in head and neck cancer follow-up: a mixed methods feasibility study in nurse and doctor led clinics

## Acronym

QUENch

## Study objectives

The study seeks to determine the feasibility of a large-scale randomised controlled trial to assess the effectiveness of a quality of life driven follow-up clinic in term of improvement in patients' health-related quality of life.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Coventry Research Ethics Committee, 06/11/2009

## Study design

Randomised feasibility study

## Primary study design

Interventional

## Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Head and neck cancer

## Interventions

The intervention involves the use of a validated quality of life questionnaire - the FACT HN - on a tablet touch screen computer in both nurse-led and doctor-led clinics. The impact of the questionnaire will be assessed in terms of clinician-patient communication, patient self-report measures of the experience of the consultation and by qualitative interview. Patients will attend one baseline consultation and 4 - 6 weeks later one intervention consultation. All patients will be sent a quality of life questionnaire six weeks after the intervention consultation.

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome(s)

Percentage of patients showing improvement in the Consultation and Relational Skills Questionnaire (CARE), measured at baseline consultation and intervention consultation

## Key secondary outcome(s)

1. Patient Enablement Instrument (PEI), measured at baseline consultation and intervention consultation
2. Perceived Involvement in Care Scale (PICS) for patients, measured at baseline consultation

and intervention consultation

3. European Organisation for Research and Treatment of Cancer Quality of Life Core Questionnaire (EORTC QLQ-C30), measured at 4 - 6 weeks following the intervention

4. European Organisation for Research and Treatment of Cancer Quality of Life Head and Neck Specific Questionnaire (EORTC QLQ-HN35), measured at 4 - 6 weeks following the intervention

**Completion date**

11/04/2011

## **Eligibility**

**Key inclusion criteria**

1. Patients with early or advanced oral/oropharyngeal and laryngeal cancer who have completed curative treatment 1 - 12 months previously
2. Attend head and neck follow-up clinic
3. Male and female patients age 18 years or over
4. The ability to communicate in and read English
5. The ability to give informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Patients undergoing treatment for palliation
2. Patients with cancers that are not laryngeal or oral/oropharyngeal

**Date of first enrolment**

09/07/2010

**Date of final enrolment**

11/04/2011

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**  
**Institute of Head and Neck Studies and Education (InHANSE)**  
Coventry  
United Kingdom  
CV2 2DX

## Sponsor information

**Organisation**  
University Hospitals Coventry and Warwickshire NHS Trust (UK)

**ROR**  
<https://ror.org/025n38288>

## Funder(s)

**Funder type**  
Charity

**Funder Name**  
Macmillan Cancer Support (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes