

# Conventional Versus Automated Measurement of Blood Pressure in the Office

<b>Submission date</b> 11/05/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 19/06/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 08/01/2021	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**  
NCT00325832

**Secondary identifying numbers**  
392-2005



# Study information

## Scientific Title

Conventional Versus Automated Measurement of Blood Pressure in the Office

## Acronym

The CAMBO Study

## Study objectives

Automated office systolic blood pressure (SBP) recordings in routine clinical practice using the BpTRU device will reflect more accurately the mean awake ambulatory systolic blood pressure (BP) than manual BP readings taken with conventional mercury sphygmomanometry. This should lead to improvements in the management of systolic hypertension with optimization of drug therapy in practices using the BpTRU device.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved by the Sunnybrook Research Ethics Board (REB) on 20/10/2005, reference number: 392-2005

## Study design

A cluster randomized, controlled, clinical trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Diagnostic

## Participant information sheet

## Health condition(s) or problem(s) studied

Systolic hypertension

## Interventions

Measurement of blood pressure using automated office BP with a target of 135 mmHg versus office mercury sphygmomanometer with a target of 140 mmHg

## Intervention Type

Other

## Phase



Not Specified

### **Primary outcome measure**

Differences in SBP between the mean awake ambulatory BP and the manual office BP versus the difference in SBP between the mean awake ambulatory BP and the automated office BP

### **Secondary outcome measures**

1. Differences in SBP between the mean awake 24-hour ambulatory BP and the manual office BP versus the automated BP
2. Differences in SBP between the mean nocturnal ambulatory BP and the manual office BP versus the automated BP
3. Differences in coefficients of correlation (r value) between the awake ambulatory BP and the manual versus automated office BP
4. Differences in the coefficients of correlation between the manual office SBP versus the automated BP versus the mean awake, 24-hour or nocturnal ambulatory SBP
5. Differences in the primary outcome between men and women
6. Adverse effects related to management of hypertension with manual versus automated BP
7. Differences in intensity of drug therapy for manual versus automated office BP patients
8. Frequency of medication changes for manual versus automated office BP patients
9. Cost of drug therapy at year two for manual versus automated office BP patients
10. Clinical events of serious adverse events reported for manual versus automated office BP patients

### **Overall study start date**

15/01/2006

### **Completion date**

15/01/2008

## **Eligibility**

### **Key inclusion criteria**

Both treated and untreated patients with systolic hypertension under routine family physician (FP) care. For untreated patients, routine office SBP as measured by the patient's FP at the last routine office visit using a mercury device must have SBP  $\geq 160$  mmHg and diastolic blood pressure (DBP)  $\leq 95$  mmHg. For patients already receiving antihypertensive therapy, the last routine office BP as measured by the patient's FP using mercury sphygmomanometry must be SBP  $\geq 140$  mmHg and DBP  $\leq 90$  mmHg.

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Sex**

Both

### **Target number of participants**

500



**Total final enrolment**

461

**Key exclusion criteria**

1. Presence of target organ damage such as myocardial infarction (MI), stroke, and serum creatinine twice the upper limit of normal
2. Diabetes mellitus treated with insulin or oral hypoglycemic therapy
3. Secondary hypertension
4. Participation in another research study involving measurement of BP
5. Patient's insistence on using self BP measurement outside of the study
6. Any conditions or circumstances which might preclude the successful completion of the study

**Date of first enrolment**

15/01/2006

**Date of final enrolment**

15/01/2008

**Locations****Countries of recruitment**

Canada

**Study participating centre**

2075 Bayview Avenue

Toronto

Canada

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**Sponsor information****Organisation**

Heart and Stroke Foundation of Ontario (Canada)

**Sponsor details**

1920 Yonge Street

Fourth Floor

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**Sponsor type**

Charity



ROR

<https://ror.org/00qbpy73>

## Funder(s)

### Funder type

Charity

### Funder Name

Heart and Stroke Foundation of Ontario

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/2012	08/01/2021	Yes	No