# Conventional Versus Automated Measurement of Blood Pressure in the Office

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
11/05/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
19/06/2006	Completed	[X] Results
<b>Last Edited</b> 08/01/2021	Condition category Circulatory System	[] Individual participant data
00/01/2021	Circulatory bystern	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Martin Myers

#### Contact details

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# Additional identifiers

ClinicalTrials.gov (NCT)

NCT00325832

Protocol serial number

392-2005

# Study information

#### Scientific Title

Conventional Versus Automated Measurement of Blood Pressure in the Office

#### Acronym

The CAMBO Study

# **Study objectives**

Automated office systolic blood pressure (SBP) recordings in routine clinical practice using the BpTRU device will reflect more accurately the mean awake ambulatory systolic blood pressure (BP) than manual BP readings taken with conventional mercury sphygmomanometry. This should lead to improvements in the management of systolic hypertension with optimization of drug therapy in practices using the BpTRU device.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Approved by the Sunnybrook Research Ethics Board (REB) on 20/10/2005, reference number: 392-2005

# Study design

A cluster randomized, controlled, clinical trial

## Primary study design

Interventional

# Study type(s)

Diagnostic

# Health condition(s) or problem(s) studied

Systolic hypertension

#### **Interventions**

Measurement of blood pressure using automated office BP with a target of 135 mmHg versus office mercury sphygmomanometer with a target of 140 mmHg

## **Intervention Type**

Other

#### Phase

**Not Specified** 

# Primary outcome(s)

Differences in SBP between the mean awake ambulatory BP and the manual office BP versus the difference in SBP between the mean awake ambulatory BP and the automated office BP

# Key secondary outcome(s))

- 1. Differences in SBP between the mean awake 24-hour ambulatory BP and the manual office BP versus the automated BP
- 2. Differences in SBP between the mean nocturnal ambulatory BP and the manual office BP versus the automated BP
- 3. Differences in coefficients of correlation (r value) between the awake ambulatory BP and the manual versus automated office BP

- 4. Differences in the coefficients of correlation between the manual office SBP versus the automated BP versus the mean awake, 24-hour or nocturnal ambulatory SBP
- 5. Differences in the primary outcome between men and women
- 6. Adverse effects related to management of hypertension with manual versus automated BP
- 7. Differences in intensity of drug therapy for manual versus automated office BP patients
- 8. Frequency of medication changes for manual versus automated office BP patients
- 9. Cost of drug therapy at year two for manual versus automated office BP patients
- 10. Clinical events of serious adverse events reported for manual versus automated office BP patients

# Completion date

15/01/2008

# **Eligibility**

# Key inclusion criteria

Both treated and untreated patients with systolic hypertension under routine family physician (FP) care. For untreated patients, routine office SBP as measured by the patient's FP at the last routine office visit using a mercury device must have SBP  $\geq$ 160 mmHg and diastolic blood pressure (DBP)  $\leq$ 95 mmHg. For patients already receiving antihypertensive therapy, the last routine office BP as measured by the patient's FP using mercury sphygmomanometry must be SBP  $\geq$ 140 mmHg and DBP  $\leq$ 90 mmHg.

### Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

Adult

#### Sex

All

#### Total final enrolment

461

#### Key exclusion criteria

- 1. Presence of target organ damage such as myocardial infarction (MI), stroke, and serum creatinine twice the upper limit of normal
- 2.Diabetes mellitus treated with insulin or oral hypoglycemic therapy
- 3. Secondary hypertension
- 4. Participation in another research study involving measurement of BP
- 5. Patient's insistence on using self BP measurement outside of the study
- 6. Any conditions or circumstances which might preclude the successful completion of the study

#### Date of first enrolment

15/01/2006

# Date of final enrolment

15/01/2008

# Locations

## Countries of recruitment

Canada

Study participating centre 2075 Bayview Avenue

Toronto Canada M4N 3M5

# Sponsor information

# Organisation

Heart and Stroke Foundation of Ontario (Canada)

#### **ROR**

https://ror.org/00qbpyp73

# Funder(s)

# Funder type

Charity

#### **Funder Name**

Heart and Stroke Foundation of Ontario

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Results article results 01/08/2012 08/01/2021 Yes No