

Clinical study to evaluate the efficacy of probiotic product Bio-Kult Infantis as concomitant treatment of acute infectious diarrhoea in children

Submission date 13/07/2016	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 14/07/2016	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
Last Edited 12/01/2018	Condition category Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Background and study aims

Acute gastroenteritis (AGE) is a common condition which involves sudden inflammation (swelling) of the lining of the stomach due to a viral infection. It affects people of all ages, but is most common in young children. One of the main symptoms is diarrhoea, which if lasts for more than three days can be cause severe dehydration (loss of fluids). Probiotics are living microorganisms, which are thought to have a positive influence health. Among the most commonly used are lactic bacteria, as they are naturally present in the gut and help with digestion (so called "good bacteria"). Probiotics are mainly available as food additives, such as yogurts, or in supplements. Bio-Kult Infantis is an advanced, multi-strain formula for babies, toddlers and young children containing seven strains of live bacteria with addition of prebiotics, Omega-3 fatty acids and Vitamin D3. Previous studies have shown that it can be beneficial in the treatment of gastroenteritis symptoms and can help speed up diarrhoea recovery. This may be due to the probiotic replenishing the "good bacteria" lost as a result of the diarrhoea. The aim of the study is to investigate the effectiveness of Bio-Kult Infantis in the treatment of diarrhoea.

Who can participate?

Children aged between six months and six years that seek medical attention for AGE and receive rehydration therapy but do not have to stay in hospital.

What does the study involve?

Participants are randomly allocated to one of two groups. Participants in the first group eat the Bio-Kult Infantis product once a day for seven days. Participants in the second group eat a placebo (dummy) formula for seven days. For both groups, if there is no improvement within seven days, the researcher can extend the length of treatment to ten days. Parents of children in both groups are given a diary in which they are asked to record the number of diarrhoea episodes. Once week after the end of treatment, parents of children in both groups are telephoned in order to check when the diarrhoea stopped and to find out if there were any side effects from the formula.

What are the possible benefits and risks of participating?

Participants who receive the Bio-Kult Infantis may benefit from a faster recovery from their diarrhoea. Bio-Kult Infantis, has been on the market for some time and there have been no confirmed negative reactions reported in connection its use. Therefore, there are no predicted risks for children taking part.

Where is the study run from?

Three hospitals in Croatia and 20 hospitals in Slovenia.

When is the study starting and how long is it expected to run for?

September 2015 to March 2018

Who is funding the study?

Probiotics International Ltd. (Protexin) (UK)

Who is the main contact?

Mrs Mojca Fir

Contact information

Type(s)

Scientific

Contact name

Mrs Mojca Fir

Contact details

Vizera d.o.o.

Vojkova 4

Ljubljana

Slovenia

1000

Additional identifiers

Protocol serial number

BKI-01

Study information

Scientific Title

Randomized, 2 arm, parallel, double-blind, placebo-controlled clinical study to evaluate the efficacy of probiotic product Bio-Kult Infantis as adjuvant therapy in treatment of acute gastroenteritis in children

Acronym

Infantis

Study objectives

The aim of the study is to show the effectiveness of Bio-Kult Infantis as an adjuvant therapy in treating acute diarrhoea, compared to placebo.

Ethics approval required

Old ethics approval format

Ethics approval(s)

National Medical Ethics Committee of Republic of Slovenia

Study design

Paediatric multi-centre randomized double-blind 2 arm parallel placebo-controlled clinical study

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Acute gastroenteritis (AGE) with evidence of dehydration

Interventions

Participants are randomised to one of two study arms in a 1:1 ratio using envelope randomisation.

Treatment arm: Participants receive Bio-Kult Infantis (an advanced probiotic multi-strain formula for infants with addition of prebiotics, omega 3 and vitamin D3) once a day for seven days, with an option to prolong treatment to ten days if no improvement is observed. The prolongation of the treatment will be the decision of the Investigator.

Control arm: Participants receive a placebo (product without probiotic organisms, prebiotics, omega-3 or vitamin D3 containing 100% maltodextrin) once a day for seven days, with an option to prolong treatment to ten days if no improvement is observed. The prolongation of the treatment will be the decision of the Investigator.

A week after the last dose of study treatment (i.e. day 15), the follow-up phone call will be performed to check the overall status of the patient and check for eventual adverse events. The total duration of study per patient will be at least 15 days, and up to 18 days in case of the prolonged treatment.

Intervention Type

Supplement

Primary outcome(s)

Duration of diarrhoea – “time to last diarrheal stool” is measured as the time in hours since the first time the Study Product is given until the last liquid/loose stool in the last 24 hours with at least three liquid/loose defecations.

Key secondary outcome(s)

Number of diarrheal episodes per day (frequency of defecation) is measured from patient diaries completed daily by the patient's caregiver throughout the study period.

Completion date

31/03/2019

Eligibility

Key inclusion criteria

1. Patient Informed Consent (PIC) form signed by parent or legal guardian
2. Aged between 6 months and 6 years (up to the age of 5 years and 11 months) at the time of the signature of PIC
3. Confirmed acute diarrhoea according to WHO (at least 3 loose or watery stools within last 24h), which lasted less than 2 days (< 48 h) prior to signature of PIC
4. Diagnosed with acute gastroenteritis with evidence of dehydration (evaluated according to CDS) and in need of rehydration therapy (oral or IV)
5. Only patient treated in an out-patient setting (i.e. managed in an A+E department without subsequent hospitalization) is eligible; if it is decided that the patient needs to be hospitalized, he or she should not be included in the study

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

6 months

Upper age limit

5 years

Sex

All

Key exclusion criteria

1. Patient diagnosed with gastroenteritis, but it is determined that they don't need rehydration treatment (Score 0 according to CDS)
2. Patient who received antibiotic treatment within the last two months prior to onset of gastroenteritis
3. Patient who was taking probiotic supplements, dairy product with high bacterial count, such as Actimel or Yakult, or milk formula with probiotics, in the last month prior to onset of gastroenteritis (consumption of normal yoghurts is acceptable)
4. Patient who has to be hospitalized
5. Patient who is exclusively breastfed
6. Patient with diabetes
7. Immuno-compromised patient or patient with other severe chronic disorders that might influence the outcome of study therapy (as evaluated by Investigator)
8. Patient with oedema
9. Malnutrition (< 3% EBW; under the 3rd percentile of expected body weight)

- 10. Known lactose or gluten intolerance
- 11. Known allergy to cow's milk proteins, fish, or any of the substances of the probiotic product or placebo
- 12. Patient who already participated and completed this study, and has repeated gastroenteritis while the enrolment into the study is still open
- 13. Patient participating in any other interventional clinical study
- 14. Patient with confirmed bacterial AGE and/or patient who need antibiotic treatment, will be excluded from the study

Date of first enrolment

15/07/2016

Date of final enrolment

31/12/2018

Locations

Countries of recruitment

Croatia

Slovenia

Study participating centre

General Hospital Jesenice

Department of Paediatrics

Cesta maršala Tita 112

Jesenice

Slovenia

4270

Study participating centre

General Hospital Novo mesto

Department of Paediatrics

Šmihelska cesta 1

Novo mesto

Slovenia

8000

Study participating centre

University Medical Centre Ljubljana

Department of Paediatrics

Zaloška cesta 7

Ljubljana

Slovenia

1000

Study participating centre
University Hospital Centre Osijek
Department of Paediatrics
Joseph Huttlera 4
Osijek
Croatia
31000

Study participating centre
University Hospital Centre Rijeka
Department of Paediatrics
Krešimirova 42
Rijeka
Croatia
51000

Study participating centre
Hospital for Infectious Diseases "Dr Fran Mihaljevic"
Department of Paediatrics
Mirogojska 8
Zagreb
Croatia
10000

Study participating centre
Barsos-Mc, Zdravstvene Storitve d.o.o.
Gregorčičeva ulica 11
Ljubljana
Slovenia
1000

Study participating centre
Health Centre of dr. Julij Polc Kamnik
Novi trg 26
Kamnik
Slovenia
1241

Study participating centre
Health Centre Grosuplje
Pod gozdom c. I/14
Grosuplje
Slovenia
1290

Study participating centre
Health Centre Ivančna Gorica
Cesta 2. grupe odredov 16
Ivančna Gorica
Slovenia
1295

Study participating centre
Health Centre Trebnje
Goliev trg 3
Trebnje
Slovenia
8210

Study participating centre
Health Centre Novo mesto
Kandijska cesta 4
Novo mesto
Slovenia
8000

Study participating centre
Health Centre Krško
Cesta Krških žrtev 132 c
Krško
Slovenia
8270

Study participating centre
Health Centre Brežice
Černelčeva cesta 8
Brežice
Slovenia
8250

Study participating centre
Health Centre of dr. Franc Ambrožič
Prečna ulica 2
Postojna
Slovenia
6230

Study participating centre
Health Centre Koper
Dellavallejeva ulica 3
Koper
Slovenia
6000

Study participating centre
Dr. Daneu, d.o.o.
Cesta solinarjev 1
Portorož
Slovenia
6320

Study participating centre
Health Centre Nova Gorica
Rejčeva ulica 4
Nova Gorica
Slovenia
5000

Study participating centre
Health Centre Šentjur
Cesta Leona Dobrotniška 3b
Šentjur
Slovenia
3230

Study participating centre
Ambulanta za vse generacije d.o.o.
Potrčeva cesta 15

Ptuj
Slovenia
2250

Study participating centre
Zasebna pediatrična ambulanta dr. Zrilič
Potrčeva cesta 15
Ptuj
Slovenia
2250

Study participating centre
Pedijatrija d.o.o
Kalohova ulica 18
Maribo
Slovenia
2000

Study participating centre
Pedijatrija d.o.o.
Hrenova ulica 6
Maribor
Slovenia
2000

Study participating centre
Health Centre Murska Sobota
Grajska ulica 24
Murska Sobota
Slovenia
9000

Sponsor information

Organisation
Probiotics International Ltd. (Protexin)

ROR
<https://ror.org/00dv58j78>

Funder(s)

Funder type

Industry

Funder Name

Probiotics International Ltd. (Protexin)

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from the study contact.

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes