

# Virtual reality training for hip surgery

<b>Submission date</b> 21/11/2018	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/11/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 10/09/2021	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Surgical procedures are becoming increasingly complex, but there are fewer training opportunities for junior doctors. This is due to restrictions in working hours, as well as an improved focus on patient safety. Novel methods of training surgeons to perform complex procedures are required to safely and effectively educate the next generation.

Total hip replacement (THR) was heralded as the operation of the 20th Century, but is a complex skill. Errors during this surgery are a result of technical mistakes and failures in decision-making, communication and behaviours (non-technical skills). Currently, training surgeons learn to perform hip replacement initially from lectures, textbooks and workshops on sawbone materials, before learning on real patients in surgery. Practicing on human donors may also contribute to education, but this is expensive and thus poorly accessible. For over twenty years, keyhole surgery has been practiced by surgeons on simulators – computers with controllers which can train for the technical and non-technical skills. However, simulators have been unable to simulate open procedures, such as total hip replacement.

Our group has developed a cognitive training tool and a novel virtual reality (VR) simulator to train for total hip replacement surgery with the latest commercially-available technology. We aim to see if surgical trainees are able to prepare for surgery using cognitive training tools, as compared to conventional videos and texts. We aim to then see if they can learn technical and non-technical skills for this performing hip replacement from VR as effectively as from current training methods from expert surgeons.

### Who can participate?

Junior surgeons with no independent experience of performing hip replacement

### What does the study involve?

Participants will be randomly selected to receive cognitive training and then VR or conventional training in a syllabus. They will be assessed in a written exam as well as during performing a real total hip replacement procedure on a human donor.

### What are the possible benefits and risks of participating?

The possible benefits of participating are threefold. Junior surgeons will receive structured training and practice regarding an important and common procedure (THR), half will be exposed to new forms of training (cognitive and virtual), and thirdly they will contribute towards research to improve the next generation of surgical education. There are no significant risks from

participating, and a full risk-analysis has been performed to mitigate all risks during performing hip replacement on the human donors.

Where is the study run from?

1. Imperial College London (UK)
2. Chelsea & Westminster Hospital NHS Trust (UK)

When is the study starting and how long is it expected to run for?

February 2018 to October 2019

Who is funding the study?

1. Royal College of Surgeons of England (UK)
2. The Michael Uren Foundation (UK)
3. Johnson & Johnson (USA)
4. CW+ Trust (UK)

Who is the main contact?

Kartik Logishetty

k.logishetty@ic.ac.uk

## Contact information

**Type(s)**

Scientific

**Contact name**

Dr Logishetty Logishetty

**ORCID ID**

<https://orcid.org/0000-0002-0469-9539>

**Contact details**

MSk Lab, Imperial College London

London

United Kingdom

W6 8RP

+447734218425

k.logishetty@ic.ac.uk

## Additional identifiers

**Protocol serial number**

237607

## Study information

**Scientific Title**

The THriVR study: a randomized controlled trial comparing Virtual Reality to conventional training for surgeons learning Total Hip Replacement

## **Acronym**

THRiVR

## **Study objectives**

The primary hypothesis is:

1. Surgical trainees learning with virtual reality (VR) can perform simulated total hip arthroplasty to the higher technical levels than those trained with conventional training

The secondary hypotheses are:

2. Compared to the control, VR-trained surgeons develop higher levels of non-technical skills

3. The skills developed in VR training for hip arthroplasty are gained over time on a learning curve

4. VR is an acceptable form of surgical training

5. Cognitive training enhances development of knowledge related to total hip replacement, prior to conventional and VR training

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Imperial College London and Imperial College Healthcare Health Research Authority, 10/04/2018, In18/HRA/2085

## **Study design**

Interventional single-blinded two-stage parallel design randomised controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Other

## **Health condition(s) or problem(s) studied**

Total hip replacement

## **Interventions**

Participants will be randomly allocated to either the intervention or the control group through stratified block randomisation, using blocks of equal size with stratification to balance surgical experience of total hip arthroplasty through any approach.

For stage 1, participants in the intervention group will undergo cognitive-task based training, and participants in the control group will undergo video and text-based training.

For stage 2, participants in the intervention group will receive a fully-immersive virtual reality total hip arthroplasty training program over 5 60 minute sessions administered by a technician. Participants in the control group will undergo conventional surgical training, involving 1-to-1 dry-bone and anatomical practicals with expert hip surgeons for 5 60 minute sessions.

## **Intervention Type**

Mixed

## **Primary outcome(s)**

Technical and non-technical skills in total hip replacement, assessed using the ISCP Total Hip Arthroplasty Procedure Based Assessment from cadaveric total hip arthroplasty at the end of the 6 week program.

### **Key secondary outcome(s)**

1. Behavioural related to safety and teamwork, assessed using the NOTECHS score at the cadaveric assessment (after the end of the 6 week program)
2. Knowledge of basic science and procedural steps related to THR, assessed using a postgraduate level exam in the 5 weekly VR sessions
3. Time-to-complete VR THR, measured in the 5 weekly VR sessions by the virtual reality platform from the point when the surgeon begins the first step of the procedure
4. Errors in task performance, measured in the 5 weekly VR sessions by the virtual reality platform by recording the number of errors in instrument selection
5. Accuracy in implant orientation in dry-bone, cadaver and VR sessions, measured in the 5 weekly VR sessions by the virtual reality platform by recording degrees of deviation from an assigned target, in cup inclination, cup anteversion, height of femoral neck osteotomy in millimetres from the less trochanter, and angle of femoral neck osteotomy in degrees
6. Feasibility and usability, assessed using Technology Acceptance Model-based and Realism surveys after the end of the 6 week program

### **Completion date**

01/10/2019

## **Eligibility**

### **Key inclusion criteria**

1. Surgeons in training
2. Aged 18 years or older
3. Able to read and speak English
4. Able to provide informed consent

### **Participant type(s)**

Health professional

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Total final enrolment**

24

## **Key exclusion criteria**

1. Unable to speak or read English at a sufficient level to give informed consent
2. Retired from surgical practice
3. Suffers from a psychiatric illness that limits informed consent
4. Unwilling or unable to receive or access emails for study questionnaires
5. Medical history of headaches or epilepsy
6. Registered as partial sighted
7. Injuries or deformity preventing full function of both upper limbs
8. Performed more than 25 THRs under supervision or independently

## **Date of first enrolment**

22/11/2018

## **Date of final enrolment**

01/01/2019

## **Locations**

### **Countries of recruitment**

United Kingdom

England

Canada

### **Study participating centre**

**MSk Lab, Imperial College London**

Fulham Palace Road

London

United Kingdom

W6 8RF

### **Study participating centre**

**University of Ottawa Orthopaedics**

The Ottawa Hospital - General Campus

501 Smyth Rd, Ottawa, ON

Ottawa

United Kingdom

K1H 8L6

## **Sponsor information**

### **Organisation**

Imperial College London

**ROR**

<https://ror.org/041kmwe10>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

Royal College of Surgeons of England

**Alternative Name(s)**

RCS England, RCS ENG, The Royal College of Surgeons of England, RCS

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Universities (academic only)

**Location**

United Kingdom

**Funder Name**

Chelsea and Westminster Health Charity

**Alternative Name(s)**

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Funder Name**

Johnson and Johnson

**Alternative Name(s)**

Johnson & Johnson, Johnson & Johnson Services, Inc., Johnson&Johnson, Johnson & Johnson Private Limited, , , J&J, JNJ

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

For-profit companies (industry)

### **Location**

United States of America

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study are not expected to be made available. The data will be stored on a secure lab server at Imperial College London, and we do not plan to share individual data sets, video-recordings or analyses unless directly contacted by another academic researcher or institution for their non-commercial use.

### **IPD sharing plan summary**

Not expected to be made available

### **Study outputs**

<b>Output type</b>	<b>Details</b>	<b>Date created</b>	<b>Date added</b>	<b>Peer reviewed?</b>	<b>Patient-facing?</b>
<a href="#">Results article</a>		01/12/2019	10/09/2021	Yes	No