

# Precision medicine and personalized care in patients with rotator cuff disease: future perspectives and new frontiers using machine learning models

<b>Submission date</b> 16/10/2023	<b>Recruitment status</b> Recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 24/11/2023	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 23/01/2026	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Rotator cuff (RC) tear is one of the most common shoulder injuries that causes pain and severe limitations in performing activities of daily living. Surgical procedures represent the best treatment option in patients with symptomatic RC tears and severe dysfunction of shoulder movement but the risk of re-tear remains a major postoperative drawback. The incidence of re-tear is influenced by biological, genetic and biomechanical factors. In the last years, machine learning has been a tool of strong interest in clinical medicine. In the orthopedics field, little discussion has revolved around how to apply these tools for the early prediction of surgical treatments and personalized care of RC patients.

The aim of the study is to create a pre- and post-operative database with clinical, structural, genetic, and kinematic data from RC patients. In addition, by developing a new machine learning model, pre-operative data will be able to predict clinical and structural outcomes, suggesting new insights for treatment of RC tears.

### Who can participate?

Patients aged 40-75 years at Fondazione Policlinico Universitario Campus Bio-Medico with rotator cuff tears

### What does the study involve?

An experienced orthopedic surgeon will perform surgical procedures on all patients. Patients will undergo pre- and post-surgical (12-month) follow-up visits which will include assessments, MRI scans, and blood and tissue samples taken during surgery for genetic analysis. The total duration of the study is 48 months.

### What are the possible benefits and risks of participating?

There are no risks for the patients recruited in the study.

Where is the study run from?

Fondazione Policlinico Universitario Campus Bio-Medico (Italy)

When is the study starting and how long is it expected to run for?

January 2023 to December 2031

Who is funding the study?

PNRR (National Recovery and Resilience Plan): M6/C2\_CALL 2022. This research was supported by EU funding within the NextGenerationEU - Italian Ministry of Health PNRR (Project no. PNRR-MAD-2022-12376080) - CUP: F83C22002450001

Who is the main contact?

Prof. Umile Giuseppe Longo, g.longo@policlinicocampus.it

## Contact information

### Type(s)

Public, Scientific, Principal investigator

### Contact name

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## Additional identifiers

## Study information

### Scientific Title

A multimodal machine learning approach for precision medicine and personalized care of patients with rotator cuff diseases

### Acronym

PREDICT-CUFF

### Study objectives

The main hypothesis is that preoperative data can predict clinical and structural outcomes by defining new reliable features, which in turn may suggest new insights for rotator cuff (RC) tear treatment.

### Ethics approval required

Ethics approval required

### **Ethics approval(s)**

1. approved 30/01/2023, Comitato Etico Fondazione Policlinico Universitario Campus Bio-Medico (Via Álvaro del Portillo, 21, Roma, 00128, Italy; +39 (0)6225418812; comitato. etico@policlinicocampus.it), ref: PAR 04.23

2. approved 30/05/2023, Comitato Etico Fondazione Policlinico Universitario Campus Bio-Medico (Via Álvaro del Portillo, 21, Roma, 00128, Italy; +39 (0)6225418812; comitato. etico@policlinicocampus.it), ref: 001.23(04.23)

### **Study design**

Interventional prospective monocentric study

### **Primary study design**

Interventional

### **Study type(s)**

Efficacy, Quality of life

### **Health condition(s) or problem(s) studied**

Rotator cuff tears

### **Interventions**

An experienced orthopedic surgeon will perform surgical procedures on all the enrolled patients after obtaining consent for the study participation. The arthroscopic RC repair will be performed by placing one row of double-loaded suture anchors. Enrolled patients will undergo pre- and post-surgical (12 months) follow-up visits during which the staff in charge will perform clinical-functional assessments, administration of clinical scores, MRI evaluation, and kinematic analysis using a stereophotogrammetric system. In addition, blood and tissue samples required for subsequent genetic analysis will be taken during surgery.

### **Intervention Type**

Mixed

### **Primary outcome(s)**

Structural tendon integrity, as evidenced by MRI evaluations at 12 months after surgery

### **Key secondary outcome(s)**

Measured before and after surgery:

1. Kinematic variables (such as range of motion, angular velocity) measured by kinematic analysis
2. Physical and subjective measures of the affected shoulder in terms of pain, activities of daily living (ADL), range of motion (ROM), and strength measured by the Constant-Murley score (CMS)
3. Patient self-reported and clinician scores about pain, ADL, ROM, signs, strength, and instability measured by the American Shoulder and Elbow Surgeons (ASES) score
4. Quality of life and mental health (such as physical and social functioning, general health perception limitations due to emotional aspects, vitality) measured by SF-36
5. The level of pain perceived by patients measured by visual analogue score (VAS)

### **Completion date**

31/12/2031

# Eligibility

## Key inclusion criteria

1. Age 40-75 years
2. Rotator cuff tears documented with MRI
3. No surgical treatment to the affected shoulder before
4. No episodes of shoulder instability
5. No radiographic signs of fracture of the glenoid fossa or the greater or lesser tuberosity

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Mixed

## Lower age limit

40 years

## Upper age limit

75 years

## Sex

All

## Total final enrolment

0

## Key exclusion criteria

1. Frozen shoulder
2. Radiological osteoarthritis of the glenohumeral joint
3. Neurological disease or language barriers
4. Impossibility to undergo an MRI scan for any reason

## Date of first enrolment

01/01/2024

## Date of final enrolment

31/12/2030

# Locations

## Countries of recruitment

Italy

**Study participating centre**  
**Fondazione Policlinico Universitario Campus Bio-Medico**  
Via Alvaro del Portillo, 200  
Roma  
Italy  
00128

## **Sponsor information**

**Organisation**  
Fondazione Policlinico Universitario Campus Bio-Medico

## **Funder(s)**

**Funder type**  
Government

**Funder Name**  
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## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not expected to be made available