# Neuroimaging research of brain aging in the elderly in the community

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
20/02/2024	Recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
28/02/2024	Ongoing	Results
Last Edited	Condition category	Individual participant data
28/02/2024	Nervous System Diseases	Record updated in last year

### Plain English summary of protocol

Background and study aims

This project seeks to investigate how the aging process affects the brain and its impact on cognitive abilities and physical movement in adults who are middle-aged and elderly. Additionally, it aims to understand the mechanisms that connect changes in the aging brain to alterations in mental health and cognitive function. By doing so, it aims to enhance our ability to diagnose and predict conditions related to brain aging and to pinpoint potential treatments.

Who can participate? All subjects aged 40 - 70 years

What does the study involve?

The research includes evaluating how people think and move, testing blood for various substances, and taking images of the brain using a technique called quantitative susceptibility mapping (QSM).

What are the possible benefits and risks of participating? None

Where is the study run from?

Shandong Provincial Hospital Affiliated to Shandong First Medical University (China)

When is the study starting and how long is it expected to run for? November 2018 to December 2028

Who is funding the study?

Shandong Provincial Hospital Affiliated to Shandong First Medical University (China)

Who is the main contact? Lingfei Guo, glfsci@163.com

# Contact information

### Type(s)

Public, Scientific, Principal investigator

#### Contact name

Dr Lingfei Guo

#### **ORCID ID**

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# Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

Nil known

# Study information

### Scientific Title

Neuroimaging study on the correlation between brain aging and cognitive-motor function in the middle-aged and elderly population

# Study objectives

This project aims to explore the correlation between brain aging and cognitive-motor function in the middle-aged and elderly population and to elucidate pathways from age-related brain changes to neuropsychiatric changes, improving diagnosis and prognosis and identifying therapeutic targets.

# Ethics approval required

Ethics approval required

# Ethics approval(s)

approved 18/11/2019, Shandong Institute of Medical Imaging (324 Jing-wu Road, Jinan, Shandong, Jinan, 250021, China; +86 68776789; kewaichu@126.com), ref: 2019-002

# Study design

Observational cross sectional

### Primary study design

Observational

## Study type(s)

Diagnostic, Treatment

### Health condition(s) or problem(s) studied

Brain aging

#### **Interventions**

We intend to utilize the most current Quantitative susceptibility mapping (QSM) data available to examine and evaluate the correlation between iron accumulation and neuropsychiatric disorders. Extensive health data will be utilized to evaluate and compare vascular, inflammatory, metabolic, and genetic risk factors for brain ageing in the elderly and progression through techniques such as regression analyses, and mediation modelling.

# Intervention Type

Other

### Primary outcome(s)

Brain iron is measured using Quantitative susceptibility mapping (QSM) at baseline, 2 years and 5 years.

### Key secondary outcome(s))

Brain iron measured using QSM at 2 years.

# Completion date

01/12/2028

# **Eligibility**

# Key inclusion criteria

- 1. Age from 40 to 80 years old
- 2. Right-handedness

# Participant type(s)

Healthy volunteer, Patient

# Healthy volunteers allowed

No

## Age group

Adult

### Lower age limit

40 years

### Upper age limit

80 years

#### Sex

All

### Key exclusion criteria

- 1. History of brain trauma, surgery, or tumors
- 2. Acute complications of type 2 diabetes
- 3. Severe hypertension
- 4. History of severe cerebrovascular, neurological, or mental diseases
- 5. Alcohol or drug abuse
- 6. MRI contraindications

### Date of first enrolment

01/12/2018

### Date of final enrolment

01/11/2028

# Locations

# Countries of recruitment

China

### Study participating centre

Shandong Provincial Hospital Affiliated to Shandong First Medical University

324 Jing-wu Road

Jinan

China

250021

# Sponsor information

### Organisation

Shandong Provincial Hospital Affiliated to Shandong First Medical University

# Funder(s)

### Funder type

Hospital/treatment centre

#### Funder Name

Shandong Provincial Hospital Affiliated to Shandong First Medical University

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The datasets generated during and/or analysedduring the current study will be available upon request from Lingfei Guo, glfsci@163.com

# IPD sharing plan summary

Available on request