Primary prevention of fractures in the elderly: randomised controlled trial (RCT) of an annual injection of vitamin D in the prevention of hip and other non-vertebral fractures

Submission date 23/01/2004	Recruitment status No longer recruiting	 Prospectively registered Protocol
Registration date 23/01/2004	Overall study status Completed	 [] Statistical analysis plan [X] Results
Last Edited 17/09/2010	Condition category Injury, Occupational Diseases, Poisoning	Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers SEO148

Study information

Scientific Title

Study objectives

Do annual intramuscular injections of 300,000 IU of vitamin D given in the autumn reduce the risk of hip and other non-vertebral fractures sustained by men and women aged 75 yrs & over in the general practice population

Ethics approval required

Old ethics approval format

Ethics approval(s) Approved by the South West Multi-centre Research Ethics Committee (MREC/98/6/51)

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) GP practice

Study type(s) Prevention

Participant information sheet

Health condition(s) or problem(s) studied Injury, occupational diseases, poisoning: Musculoskeletal injury

Interventions

Injection containing 300,000 IU Vitamin D or placebo injection given annually over three years

Intervention Type Supplement

Phase Not Specified Drug/device/biological/vaccine name(s)

Vitamin D

Primary outcome measure Incidence of hip fractures, non-vertebral fractures, falls

Secondary outcome measures Not provided at time of registration

Overall study start date 01/09/2000

Completion date 01/03/2003

Eligibility

Key inclusion criteria

10,000 men and women over 75 years from a general practice population living independently in own homes or sheltered accommodation

Participant type(s) Patient

Age group Senior

Sex Both

Target number of participants 10000

Key exclusion criteria

- 1. History of renal failure or stones
- 2. Hypercalcaemia
- 3. Active cancer
- 4. Medication history of oestrogen or biphosphonate within last 3 years
- 5. People taking daily oral vitamin supplements containing 400 IU or more of Vitamin D

Date of first enrolment

01/09/2000

Date of final enrolment 01/03/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Primary Medical Care Southampton United Kingdom SO16 5ST

Sponsor information

Organisation NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website http://www.doh.gov.uk

Funder(s)

Funder type Government

Funder Name NHS Executive South East (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	01/12/2007		Yes	No