

# Evaluation of the effectiveness of mobile-based virtual reality experiential learning in oral health education among primary school students in Tianjin

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<b>Registration date</b> 17/07/2025	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 29/10/2025	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

This study is being run by the Tianjin Office for the Prevention and Control of Oral Diseases. It aims to find better ways to teach children about oral health using a virtual simulation learning platform. The goal is to see how well children learn when they go through the platform together with their parents.

### Who can participate?

Children in grades 3 to 5 can take part, as long as they don't have vision or hearing problems that can't be helped with tools like glasses or hearing aids. A parent or guardian must also be involved in the learning process.

### What does the study involve?

Parents will receive a QR code from their child's school. Scanning the code will take them to a virtual learning platform on their phone. Together with their child, they'll spend about 5 minutes learning about oral health. Later, the child will fill out a short questionnaire in class, which also takes about 5 minutes.

### What are the possible benefits and risks of participating?

By taking part, families can learn more about how to take care of their teeth and gums, which may help children build good oral hygiene habits. The study also helps researchers improve oral health education. The only possible inconvenience is if there are technical issues with the phone or platform, but support will be available.

### Where is the study run from?

The study is organized by the Tianjin Office for the Prevention and Control of Oral Diseases in China.

When is the study starting and how long is it expected to run for?  
All learning and questionnaires are expected to be completed by December 2024. The learning can be done at any time that suits the family.

Who is funding the study?  
The Medical Education Research Project of Medical Education Branch of Chinese Medical Association  
Sichuan Science and Technology Program (China)

Who is the main contact?  
Shuai Nie, nieshuai1988@126.com

## Contact information

**Type(s)**  
Public, Scientific, Principal investigator

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## Additional identifiers

**Clinical Trials Information System (CTIS)**  
Nil known

**ClinicalTrials.gov (NCT)**  
Nil known

**Protocol serial number**  
Sichuan Science and Technology Program 2024YFHZ0079, Tianjin Science and Technology Planning Project 24KPHDRC00450, The Medical Education Research Project of Medical Education Branch of Chinese Medical Association 2023B175

## Study information

**Scientific Title**  
Evaluation of the effectiveness of mobile-based virtual reality experiential learning in oral health education among primary school students in Tianjin

## Study objectives

The application of mobile VR improved students' oral knowledge acquisition.

## Ethics approval required

Ethics approval required

## Ethics approval(s)

approved 25/11/2024, Medical Ethics Committee of Tianjin Stomatological Hospital (No. 75, Dagu North Road, Heping District, Tianjin, Tianjin, 300000, China; +8602259080681; skqyykjk@tj.gov.cn), ref: PH2024-Q-017

## Study design

Single-center non-randomized controlled trial

## Primary study design

Interventional

## Study type(s)

Prevention

## Health condition(s) or problem(s) studied

Oral Health Education among Primary School Students in Tianjin

## Interventions

A convenience sampling approach was employed to recruit 1,416 children in grades 3–5 from 16 districts of Tianjin City who had previously received traditional oral health education. One week prior to the intervention, parents received a quick response code to access the VR experience and were instructed to guide their children through the smartphone-based learning module. Then, medical staff administered questionnaires to the students in the classroom. The students who experienced the dental VR technology were assigned to the experiential group, while those who did not were classified as the control group, through convenient sampling.

## Intervention Type

Behavioural

## Primary outcome(s)

Oral health knowledge, attitudes, and technology acceptance measured using a questionnaire survey from December 1, 2024 to December 31, 2024 .

## Key secondary outcome(s)

Basic characteristics of the students measured using a questionnaire survey from December 1, 2024 to December 31, 2024 .

## Completion date

31/12/2024

## Eligibility

### Key inclusion criteria

1. Students currently enrolled in grades 3-5 of primary school and remaining in these grades during the survey period.
2. Students who are willing to participate in the study, and whose guardians have signed the informed consent form.
3. Possessing basic reading comprehension and expression skills, and being able to cooperate in completing research procedures such as questionnaires.

**Participant type(s)**

Learner/student

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

8 years

**Upper age limit**

12 years

**Sex**

All

**Total final enrolment**

1472

**Key exclusion criteria**

1. Having severe cognitive impairments, mental illnesses, or other physical diseases that prevent normal participation in virtual learning or evaluations.
2. Sensory impairments (such as visual or hearing impairments) that cannot be improved with assistive tools, resulting in inability to effectively receive virtual simulation-based educational content.

**Date of first enrolment**

02/12/2024

**Date of final enrolment**

31/12/2024

**Locations****Countries of recruitment**

China

**Study participating centre**

Tianjin Stomatological Hospital

No. 75, Dagu North Road, Heping District, Tianjin

Tianjin  
China  
300000

## Sponsor information

**Organisation**  
Tianjin Stomatological Hospital,School of Medicine, Nankai University

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Tianjin Science and Technology Planning Project,24KPHDRC00450

**Funder Name**  
Sichuan Science and Technology Program,2024YFHZ0079

**Funder Name**  
The Medical Education Research Project of Medical Education Branch of Chinese Medical Association, 2023B175

## Results and Publications

**Individual participant data (IPD) sharing plan**  
The datasets generated during and/or analysed during the current study will be available upon request from Shuai Nie, nieshuai1988@126.com

**IPD sharing plan summary**  
Available on request

Study outputs		Date created	Date added	Peer reviewed?	Patient-facing?
Output type	Details				
<a href="#">Results article</a>		28/10/2025	29/10/2025	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes

