

Evaluation of the effectiveness of mobile-based virtual reality experiential learning in oral health education among primary school students in Tianjin

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| Submission date 13/07/2025 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol |
| Registration date 17/07/2025 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results |
| Last Edited 29/10/2025 | Condition category Oral Health | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol

Background and study aims

This study is being run by the Tianjin Office for the Prevention and Control of Oral Diseases. It aims to find better ways to teach children about oral health using a virtual simulation learning platform. The goal is to see how well children learn when they go through the platform together with their parents.

Who can participate?

Children in grades 3 to 5 can take part, as long as they don't have vision or hearing problems that can't be helped with tools like glasses or hearing aids. A parent or guardian must also be involved in the learning process.

What does the study involve?

Parents will receive a QR code from their child's school. Scanning the code will take them to a virtual learning platform on their phone. Together with their child, they'll spend about 5 minutes learning about oral health. Later, the child will fill out a short questionnaire in class, which also takes about 5 minutes.

What are the possible benefits and risks of participating?

By taking part, families can learn more about how to take care of their teeth and gums, which may help children build good oral hygiene habits. The study also helps researchers improve oral health education. The only possible inconvenience is if there are technical issues with the phone or platform, but support will be available.

Where is the study run from?

The study is organized by the Tianjin Office for the Prevention and Control of Oral Diseases in China.

When is the study starting and how long is it expected to run for?
All learning and questionnaires are expected to be completed by December 2024. The learning can be done at any time that suits the family.

Who is funding the study?
The Medical Education Research Project of Medical Education Branch of Chinese Medical Association
Sichuan Science and Technology Program (China)

Who is the main contact?
Shuai Nie, nieshuai1988@126.com

Contact information

Type(s)

Public, Scientific, Principal investigator

Contact name

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Sichuan Science and Technology Program 2024YFHZ0079, Tianjin Science and Technology Planning Project 24KPHDRC00450, The Medical Education Research Project of Medical Education Branch of Chinese Medical Association 2023B175

Study information

Scientific Title

Evaluation of the effectiveness of mobile-based virtual reality experiential learning in oral health education among primary school students in Tianjin

Study objectives

The application of mobile VR improved students' oral knowledge acquisition.

Ethics approval required

Ethics approval required

Ethics approval(s)

approved 25/11/2024, Medical Ethics Committee of Tianjin Stomatological Hospital (No. 75, Dagu North Road, Heping District, Tianjin, Tianjin, 300000, China; +8602259080681; skqyykjk@tj.gov.cn), ref: PH2024-Q-017

Study design

Single-center non-randomized controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Oral Health Education among Primary School Students in Tianjin

Interventions

A convenience sampling approach was employed to recruit 1,416 children in grades 3–5 from 16 districts of Tianjin City who had previously received traditional oral health education. One week prior to the intervention, parents received a quick response code to access the VR experience and were instructed to guide their children through the smartphone-based learning module. Then, medical staff administered questionnaires to the students in the classroom. The students who experienced the dental VR technology were assigned to the experiential group, while those who did not were classified as the control group, through convenient sampling.

Intervention Type

Behavioural

Primary outcome(s)

Oral health knowledge, attitudes, and technology acceptance measured using a questionnaire survey from December 1, 2024 to December 31, 2024 .

Key secondary outcome(s)

Basic characteristics of the students measured using a questionnaire survey from December 1, 2024 to December 31, 2024 .

Completion date

31/12/2024

Eligibility

Key inclusion criteria

1. Students currently enrolled in grades 3-5 of primary school and remaining in these grades during the survey period.
2. Students who are willing to participate in the study, and whose guardians have signed the informed consent form.
3. Possessing basic reading comprehension and expression skills, and being able to cooperate in completing research procedures such as questionnaires.

Participant type(s)

Learner/student

Healthy volunteers allowed

No

Age group

Child

Lower age limit

8 years

Upper age limit

12 years

Sex

All

Total final enrolment

1472

Key exclusion criteria

1. Having severe cognitive impairments, mental illnesses, or other physical diseases that prevent normal participation in virtual learning or evaluations.
2. Sensory impairments (such as visual or hearing impairments) that cannot be improved with assistive tools, resulting in inability to effectively receive virtual simulation-based educational content.

Date of first enrolment

02/12/2024

Date of final enrolment

31/12/2024

Locations**Countries of recruitment**

China

Study participating centre

Tianjin Stomatological Hospital

No. 75, Dagu North Road, Heping District, Tianjin

Tianjin
China
300000

Sponsor information

Organisation

Tianjin Stomatological Hospital, School of Medicine, Nankai University

Funder(s)

Funder type

Government

Funder Name

Tianjin Science and Technology Planning Project, 24KPHDRC00450

Funder Name

Sichuan Science and Technology Program, 2024YFHZ0079

Funder Name

The Medical Education Research Project of Medical Education Branch of Chinese Medical Association, 2023B175

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from Shuai Nie, nieshuai1988@126.com

IPD sharing plan summary

Available on request

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| Results article | | 28/10/2025 | 29/10/2025 | Yes | No |