

# Video-assisted thoracoscopic lobectomy (VATS) versus conventional Open Lobectomy for lung cancer

<b>Submission date</b>	<b>Recruitment status</b>	<input checked="" type="checkbox"/> Prospectively registered
27/11/2014	No longer recruiting	<input checked="" type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
28/11/2014	Completed	<input checked="" type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
26/01/2024	Cancer	

## Plain English summary of protocol

<https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-comparing-keyhole-surgery-with-open-surgery-for-people-with-lung-cancer-violet>

## Contact information

### Type(s)

Public

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Scientific

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## Additional identifiers

### ClinicalTrials.gov (NCT)

NCT03521375

### Protocol serial number

HTA 13/04/03

## Study information

### Scientific Title

Video-assisted thoracoscopic lobectomy versus conventional Open Lobectomy for lung cancer: a multi-centre randomised controlled trial with an internal pilot

### Acronym

VIOLET

### Study objectives

VIOLET is an interventional study to evaluate the effectiveness, cost effectiveness and acceptability of VATS vs open surgery for early stage lung cancer. The hypothesis is that VATS surgery is superior to open surgery with respect to self-reported physical function 5 weeks after randomisation (approx. 1 month after surgery).

More details can be found at <http://www.nets.nihr.ac.uk/projects/hta/130403>

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

NRES Committee London - Dulwich, 07/01/2015, ref: 14/LO/2129

### Study design

Pragmatic multi-centre parallel-group randomised controlled trial with an internal pilot phase (phase 1)

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Lung cancer (stage cT1a-2b N0-1 M0)

## Interventions

Trial participants will be randomised to lobectomy via VATS or open surgery in a 1:1 ratio.

**Video-assisted thoracoscopic surgery (VATS):**

VATS lobectomy is undertaken through one to four keyhole incisions without rib spreading. The use of 'rib spreading' is prohibited as this is the key intra-operative manoeuvre which disrupts tissues and causes pain (and is used in open surgery). The procedure is performed with videoscopic visualisation without direct vision. The hilar structures are dissected, stapled and divided. Endoscopic ligation of pulmonary arterial branches may be performed.

**Open surgery:**

Conventional open surgery is undertaken through a single incision +/- rib resection and with rib spreading. The operation is performed under direct vision with isolation of the hilar structures (vein, artery and bronchus) which are dissected, ligated and divided in sequence and the lobe of lung resected. The procedures may be undertaken using ligatures, over sewing or with staplers.

Lymph node management is undertaken in accordance with the International Association of the Study of Lung Cancer (IASLC) recommendations where a minimal of six nodes/stations are removed, of which three are from the mediastinum that includes the subcarinal station.

Added 02/04/2019:

VIOLET has an embedded sub-study which aims to determine if the presence of molecular residual disease detected in blood samples taken at pre-defined time points after surgery is associated with early cancer recurrence. Consenting participants will have blood drawn at baseline (pre-surgery) and at 5 weeks, 6 months, 12 months, 18 months, 24 months, 36 months, 48 months, and 60 months (post-surgery). The blood results of those patients whose cancer returns will be compared to the blood results of those patients who remain cancer-free. The sub-study will continue after recruitment to the main study has finished.

## Intervention Type

Procedure/Surgery

## Primary outcome(s)

The primary endpoint is self-reported physical function (QLQ-C30) at 5 weeks post randomisation. Physical function has been chosen because it is a patient-centred outcome that will reflect the anticipated earlier recovery with video-assisted surgery and has been used in other minimal access surgery trials. The primary endpoint has been chosen to be 5 weeks (1 month post-surgery) to capture the early benefits of minimal access surgery on recovery.

## Key secondary outcome(s)

Current secondary outcome measures as of 08/01/2019:

1. Time from surgery to hospital discharge
2. Adverse health events
3. Proportion and time to uptake of adjuvant treatment
4. Proportion of patients upstaged to pN2 disease after the procedure
5. Overall and disease-free survival to 1 year
6. Proportion of patients who undergo complete resection during the procedure
7. Proportion of patients who experience prolonged incision pain (defined as the need of analgesia > 5 weeks after surgery)

8. Generic and disease-specific HRQoL: EORTC QLQ-C30, QLQ-LC13 and EQ5D to 1 year (measured at 2 week, 5 weeks, 3 months, 6 months and 1-year post randomisation)
9. Resource use to 1 year (measured for the duration of post-operative hospital stay until discharge, and at 2 weeks, 5 weeks, 3 months, 6 months and 1-year post randomisation)

Previous secondary outcome measures:

1. Time from surgery to hospital discharge
2. Adverse health events
3. Proportion and time to uptake of adjuvant treatment
4. Proportion of patients upstaged to pN2 disease after the procedure
5. Overall and disease-free survival to 1 year
6. Proportion of patients who undergo complete resection during the procedure
7. Proportion of patients who experience prolonged incision pain (defined as the need of analgesia > 6 weeks after surgery)
8. Generic and disease-specific HRQoL: EORTC QLQ-C30, QLQ-LC13 and EQ5D to 1 year (measured at 2 week, 5 weeks, 3 months, 6 months and 1-year post randomisation)
9. Resource use to 1 year (measured for the duration of post-operative hospital stay until discharge, and at 2 weeks, 5 weeks, 3 months, 6 months and 1-year post randomisation)

#### **Completion date**

01/09/2020

## **Eligibility**

### **Key inclusion criteria**

Current participant inclusion criteria as of 08/01/2019:

1. Adults aged  $\geq 16$  years of age
2. Able to give written consent, undergoing either:
  - 2.1. Lobectomy or bilobectomy for treatment of known or suspected primary lung cancer beyond lobar orifice\* in TNM8 stage cT1-3 (by size criteria, equivalent to TNM7 stage cT1a-2b) or cT3 (by virtue of 2 nodules in the same lobe), N0-1 and M0 or
  - 2.2. Undergoing frozen section biopsy with the intention to proceed with lobectomy or bilobectomy if primary lung cancer with a peripheral tumour beyond a lobar orifice\* in TNM8 stage cT1-3 (by size criteria, equivalent to TNM7 stage cT1a-2b) or cT3 (by virtue of 2 nodules in the same lobe), N0-1 and M0 is confirmed
3. Disease suitable for both minimal access (VATS) and open surgery

Previous participant inclusion criteria:

1. Adults aged  $\geq 16$  years of age
2. Able to give written consent, undergoing either:
  - 2.1. Lobectomy for treatment of known or suspected primary lung cancer beyond lobular orifice in stage cT1a-2b N0-1 M0 or
  - 2.2. Undergoing frozen section biopsy with the intention to proceed with lobectomy if primary lung cancer with a peripheral tumour beyond a lobular orifice in stage cT1a-2b N0-1 M0 is confirmed
3. Disease suitable for both minimal access (VATS) and open surgery

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

503

**Key exclusion criteria**

1. Adults lacking capacity to consent
2. Previous malignancy that influences life expectancy
3. Patients in whom a pneumonectomy or non-anatomic resection (e.g. wedge dissection) is planned
4. Patients with a serious concomitant disorder that would compromise patient safety during surgery
5. Planned robotic surgery

**Date of first enrolment**

01/07/2015

**Date of final enrolment**

01/03/2019

## Locations

**Countries of recruitment**

United Kingdom

England

Scotland

**Study participating centre**

Royal Brompton Hospital

Sydney Street

London

United Kingdom

SW3 6NP

**Study participating centre**

Harefield Hospital

Hill End Road

Harefield  
United Kingdom  
UB9 6JH

**Study participating centre**

**Bristol Royal Infirmary**  
Upper Maudlin Street  
Bristol  
United Kingdom  
BS2 8HW

**Study participating centre**

**Liverpool Heart & Chest Hospital**  
Thomas Drive  
Liverpool  
United Kingdom  
L14 3PE

**Study participating centre**

**James Cook University Hospital (Middlesbrough)**  
Marton Road  
Middlesbrough  
United Kingdom  
TS4 3BW

**Study participating centre**

**Oxford University Hospitals - Churchill Hospital**  
Headley Way  
Oxford  
United Kingdom  
OX3 9DU

**Study participating centre**

**Hull and East Yorkshire Hospitals NHS Trust**  
Castle Road  
Cottingham  
United Kingdom  
HU16 5JQ

**Study participating centre**

**University Hospitals Birmingham NHS Foundation Trust**  
Bordesley Green East  
Birmingham  
United Kingdom  
B9 5SS

**Study participating centre**

**Royal Infirmary of Edinburgh**  
Little France Crescent  
Edinburgh  
United Kingdom  
EH16 4SU

## Sponsor information

**Organisation**

Royal Brompton & Harefield NHS Foundation Trust

**ROR**

<https://ror.org/02218z997>

## Funder(s)

**Funder type**

Not defined

**Funder Name**

National Institute for Health Research

**Alternative Name(s)**

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Eric Lim (violet-study@bristol.ac.uk). Data will not be made available for sharing until after publication of the main results of the study. Thereafter, anonymised individual patient data will be made available for secondary research, conditional on assurance from the secondary researcher that the proposed use of the data is compliant with the MRC Policy on Data Sharing regarding scientific quality, ethical requirements and value for money. A minimum requirement with respect to scientific quality will be a publicly available pre-specified protocol describing the purpose, methods and analysis of the secondary research, e.g. a protocol for a Cochrane systematic review. The second file containing patient identifiers would be made available for record linkage or a similar purpose, subject to confirmation that the secondary research protocol has been approved by a UK REC or other similar, approved ethics review body. These identifiers will not be shared with a third party.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	18/01/2022	27/01/2022	Yes	No
<a href="#">Results article</a>		01/12/2022	19/12/2022	Yes	No
<a href="#">Protocol article</a>	protocol	04/10/2019		Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes