

Does imaging atherosclerotic plaque increase motivation to stop smoking? A pilot RCT study to assess potential effectiveness

Submission date 29/09/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/09/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 06/01/2010	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Therese Marteau

Contact details
Department of Academic Psychiatry
F05 Thomas Guy House
Guy's Hospital
St Thomas Street
London
United Kingdom
SE1 9RT
+44(0)20 7188 0192
therese.marteau@kcl.ac.uk

Additional identifiers

Protocol serial number
N0013146158

Study information

Scientific Title

Study objectives

The aim of this investigation is to establish whether showing patients images of their own atherosclerotic arteries will motivate change in the patient's thoughts regarding their smoking habits. Do patients feel more motivated to stop smoking when they are visually confronted with the concrete damage that their smoking has incurred?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Pilot randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Smoking cessation

Interventions

Vascular outpatients are randomly allocated to either be shown a picture of their own damaged arteries, an index of vascular disease and a picture of a healthy artery or a control group without this intervention. Questionnaires regarding the patients intention to stop smoking will be completed by both groups.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Patients' intention to stop smoking.

Key secondary outcome(s)

Not provided at time of registration

Completion date

15/06/2005

Eligibility

Key inclusion criteria

Adult smokers (at least 1 cigarette per day) attending an outpatient vascular clinic at Guy's Hospital.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

1. Inability to give informed consent
2. Understand the questionnaire or the nature of the ultrasound

Date of first enrolment

15/03/2004

Date of final enrolment

15/06/2005

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of Academic Psychiatry

London

United Kingdom

SE1 9RT

Sponsor information**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Guy's and St. Thomas' NHS Foundation Trust (UK), Own Account NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2007		Yes	No