# Does the filling state of the seminal vesicles influence sexual desire?

Submission date	Recruitment status	Prospectively registered
03/04/2014	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
09/05/2014	Completed	☐ Results
Last Edited	Condition category	Individual participant data
24/07/2020	Urological and Genital Diseases	Record updated in last year

### Plain English summary of protocol

Background and study aims

The seminal vesicles are part of the male inner genitals. It is not known if the seminal vesicles have an impact on sexual interest, i.e. if full seminal vesicles increase sexual interest. This would potentially make sense from a biological/behavioural point of view. The aim of this study is to find out if there is any specific brain area that changes its activity in relation to the filling status of the seminal vesicles. The detection of such a specific brain area would suggest that the filling status of the seminal vesicles changes the activity in the brain.

Who can participate?

Heterosexual men between the ages of 20 and 30

### What does the study involve?

On day 1 in the morning, participants provide a blood sample for analysis of sex hormone levels, a conventional MRI scan of the pelvis to assess the size of the seminal vesicles, and a functional MRI of the brain. After these examinations, they masturbate in order to empty their seminal vesicles. On day 2 in the morning, they undergo the same examinations.

What are the possible benefits and risks of participating?

The detection of specific brain areas would potentially have a clinical impact in men undergoing radical prostatectomy for prostate cancer, which nowadays is usually performed with removal of both seminal vesicles. If a relationship is found between seminal vesicle filling status, specific brain areas and sexual interest and confirmed by further clinical studies, the standard removal of the seminal vesicles during radical prostatectomy could be re-thought in order to potentially help to preserve sexual interest. There are no risks involved in this study.

Where is the study run from? University Hospital Bern (Switzerland)

When is the study starting and how long is it expected to run for? May 2014 to April 2015

Who is funding the study?
Max and Hedwig Niedermaier Foundation and University Hospital Bern (Switzerland)

Who is the main contact? Dr Frédéric Birkhäuser frederic.birkhaeuser@insel.ch

# Contact information

### Type(s)

Scientific

#### Contact name

Dr Frédéric Birkhäuser

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Does the filling state of the seminal vesicles influence sexual desire? A pilot study

# **Study objectives**

Filling state of seminal vesicles is an independent factor for the intensity of sexual desire, influencing sexual arousal in healthy men.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Kantonale Ethikkommission Bern (KEK), 05/09/2014, ref: 005/14

# Study design

### Interventional study

### Primary study design

Interventional

### Secondary study design

Non randomised study

### Study setting(s)

Hospital

### Study type(s)

Other

### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

### Health condition(s) or problem(s) studied

The physiological role of healthy seminal vesicles on sexual desire

#### **Interventions**

The five participants all undergo the same intervention. On day 1 in the morning, they first undergo a blood analysis (5 min), thereafter they undergo a conventional MRI of the pelvis and a functional MRI of the brain (40 min). After these examinations, they masturbate in order to empty their seminal vesicles. On day 2 in the morning, they undergo exactly the same examinations.

### Intervention Type

Other

#### Phase

Not Applicable

### Primary outcome measure

The effect of seminal vesicle filling state on cortical activation and sexual arousal investigated by fMRI, which would be reflected by a reduced activation of specific regions in fMRI of the brain on study after ejaculation.

### Secondary outcome measures

- 1. Changes in sexual arousal score with full/empty seminal vesicles
- 2. Changes of volume in seminal vesicles during first (before ejaculation) and second (after ejaculation) MRI examination

### Overall study start date

01/05/2014

### Completion date

30/04/2015

# Eligibility

### Key inclusion criteria

- 1. Men between the age of 20 and 30
- 2. Heterosexuality
- 3. Written informed consent
- 4. Ejaculation abstention of 3-5 days before first fMRI examination

### Participant type(s)

**Patient** 

### Age group

Adult

### Sex

Male

### Target number of participants

5

### Key exclusion criteria

- 1. Erectile dysfunction
- 2. Claustrophobia
- 3. Depression
- 4. Status post brain trauma
- 5. Severely reduced visibility
- 6. Medication intake with possible side effects on libido

### Date of first enrolment

01/05/2014

### Date of final enrolment

30/04/2015

# **Locations**

### Countries of recruitment

Switzerland

# Study participating centre University Hospital Bern

Bern Switzerland 3010

# Sponsor information

### Organisation

University Hospital Bern (Switzerland)

### Sponsor details

Freiburgstrasse 4 Bern Switzerland 3010

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urology@insel.ch

### Sponsor type

Hospital/treatment centre

### Website

http://www.insel.ch/en/

### **ROR**

https://ror.org/01q9sj412

# Funder(s)

### Funder type

Charity

### **Funder Name**

Max and Hedwig Niedermaier Foundation (Switzerland)

### **Funder Name**

University Hospital Bern (Switzerland)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration