

A randomised pilot study: does the addition of acupuncture to back fitness and education reduce disability in chronic low back pain?

Submission date 28/09/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 28/09/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 14/10/2014	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Aldermaston Road
Basingstoke
United Kingdom
RG24 9NA

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0360186487

Study information

Scientific Title

Study objectives

To determine if adding acupuncture to back education and fitness classes significantly reduces disability in those with low back pain compared to back education and fitness alone or back education and fitness plus sham acupuncture.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled pilot study

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Musculoskeletal Diseases: back pain

Interventions

Acupuncture in addition to back education and fitness classes

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Oswestry Low Back Pain disability Questionnaire

Secondary outcome measures

Not provided at time of registration

Overall study start date

26/06/2006

Completion date

01/04/2007

Eligibility

Key inclusion criteria

All individuals over the age of 18 with diagnosed non-specific chronic low back pain referred to the back fitness and education group at the North Hampshire Hospital

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

26/06/2006

Date of final enrolment

01/04/2007

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

North Hampshire Hospitals NHS Trust
Basingstoke
United Kingdom
RG24 9NA

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

North Hampshire Hospitals NHS Trust (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration