# Randomised controlled trial on the use of multimodal strategies to accelerate recovery of patients undergoing colorectal resection

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
30/09/2005		Protocol		
Registration date	Overall study status	Statistical analysis plan		
30/09/2005	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
12/02/2010	Surgery			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

### Contact name

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### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

### Scientific Title

### **Study objectives**

Does the use of multimodal strategies accelerate recovery of patients undergoing bowel resection?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Surgery: Colorectal resection

### **Interventions**

- 1. Multimodal strategies for accelerated recovery (eg relates to fluids, analgesia, early mobilisation, etc).
- 2. Control: 'usual care'

### Intervention Type

Procedure/Surgery

### Phase

**Not Specified** 

### Primary outcome measure

- 1. EORTC QLQ-C30
- 2. Pain
- 3. Length of stay

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/04/2003

### Completion date

31/10/2004

# **Eligibility**

### Key inclusion criteria

90 patients undergoing colorectal resection

### Participant type(s)

**Patient** 

### Age group

**Not Specified** 

### Sex

**Not Specified** 

### Target number of participants

90

### Key exclusion criteria

- 1. Age under 16
- 2. Inability to walk 100m
- 3. Contraindication to epidural anaesthesia

### Date of first enrolment

01/04/2003

### Date of final enrolment

31/10/2004

# Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre c/o The Doctors' Residences Taunton United Kingdom TA1 5DA

# Sponsor information

### Organisation

Department of Health

### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

### Funder type

Government

### Funder Name

Taunton and Somerset Research and Development Consortium (UK) NHS R&D Support Funding

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2007		Yes	No