

The study of NUGA MRT-II relief for low back muscular pain

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| Submission date 07/04/2011 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| | | <input type="checkbox"/> Protocol |
| Registration date 10/06/2011 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan |
| | | <input type="checkbox"/> Results |
| Last Edited 10/06/2011 | Condition category Musculoskeletal Diseases | <input type="checkbox"/> Individual participant data |
| | | <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Prof Yun-Yeop Cha

Contact details
283 Woo-San Dong
Wonju
Korea, South
220-717

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N2010-02

Study information

Scientific Title

The study of NUGA MRT-II relief for low back muscular pain: a randomised, patient-assessor, blind, two arm sham device controlled pilot trial

Study objectives

This study aims to explore the pain relieving efficacy of NUGA MRT-II (pulsed electromagnetic fields) for low back muscular pain as a pilot study

Ethics approval required

Old ethics approval format

Ethics approval(s)

Sang-ji University Oriental Medical Centre Ethics Committee approved on 2nd September 2010

Study design

Randomised patient-assessor blind two arm sham device controlled unicentre pilot trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Low back muscular pain

Interventions

Treatment group : Treated with real equipment for 3 times a week. It takes 10 minutes for each treatment. No other treatments will be applied during this trial.

Treating point : Choose lumbar acupoints (among BL23, BL24, BL25, GV3, GV4, GV5 etc.) mostly on the meridians of governor vessel and bladder meridian, where patients complain pain.

Control group : Treated with false equipment for 3 times a week. It takes 10 minutes for each treatment. No other treatments will be applied during this trial.

Treating point : Choose lumbar acupoints (among BL23, BL24, BL25, GV3, GV4, GV5 etc.) mostly on the meridians of governor vessel and bladder meridian, where patients complain pain.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Visual analogue scale (VAS) for bothersomeness : measured at baseline, every visit during 2 weeks and after 3 weeks

Secondary outcome measures

1. The Korean version of the Roland-Morris disability questionnaire
2. VAS for pain intensity
3. The Korean version of Oswestry Disability Index (ODI)
4. The Korean version of EuroQol 5-Dimension (EQ-5D)
5. The Korean version of SF-36 for quality of life
6. The Korean version of Beck's depression inventory (BDI)
7. Medication use

Measured at baseline, every visit during 2 weeks and after 3 weeks

Overall study start date

03/09/2010

Completion date

02/09/2011

Eligibility**Key inclusion criteria**

1. Genders Eligible for Study : Both
2. Patients who have been undergo chronic low back pain for chief complain over 3 months
3. Patient whose age is from 18 to 65
4. Patients whose neurology examination is normal
5. Patients whose bothersomeness for the last week before the participation of the treatment is over Visual Analogue Scale (VAS) 5
6. Patients who are diagnosed as nonspecific low back pain

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

38

Key exclusion criteria

1. Patients who have radicular pain
2. Patients who are diagnosed with specific disease which cause low back pain such as metastatic cancer, vertebral fracture, spinal infection, inflammatory spondylitis
3. Patients who are diagnosed with other chronic disease which could affect the result such as cardiovascular disease, diabetic neuropathy, active hepatitis, fibromyalgia, rheumatic arthritis, dementia, haemorrhagic disease, epilepsy
4. Patients who have had or would have spinal surgery
5. Patients who have other skeletomuscular pain as chief complain
6. Patients who have undergone acupuncture treatment for low back pain in last one month
7. Patients who are taking corticosteroids, narcotics, muscle relaxant, anticoagulant drug, herbal medicine for low back pain or other non-propal drugs

Date of first enrolment

03/09/2010

Date of final enrolment

02/09/2011

Locations

Countries of recruitment

Korea, South

Study participating centre

283 Woo-San Dong

Wonju

Korea, South

220-717

Sponsor information

Organisation

NUGA Medical Co. Ltd (South Korea)

Sponsor details

Nuga Best

c/o Lee, Jong Soo

Building 115-5 Samseong-dong

Gangnam-gu

Seoul

Korea, South

135-090

Sponsor type

Industry

Website

<http://www.nugamedical.com/>

ROR

<https://ror.org/02h420k27>

Funder(s)**Funder type**

Industry

Funder Name

NUGA Medical Co. Ltd (South Korea)

Results and Publications**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration